

# **Friends of Buburi**

#### Supporting Community Healthcare in Western Kenya

#### Introduction

Friends of Buburi is taking part in the Global Giving UK challenge from June 13<sup>th</sup> to July 18<sup>th</sup>. We want to raise the money to employ another midwife so that we can provide 24 hour care as most babies are born at night. We also to train want our existing Community Health Workers as **Traditional Birth Attendants. They** will work in association with the midwife to supply education and



support to pregnant women in their communities and most importantly to encourage them to give birth with a midwife at the clinic.

## Background

Friends of Buburi are a group of 4 UK nurses who have set up and financially support а Primary Health Care Centre in Rural Western Kenva. The clinic provides subsidised health care to the impoverished community. The clinic employs a Clinical Officer and 2 registered nurse/midwives, lab technician and HIV counsellor, among other ancillary staff. In 2015 the staff saw 17,534 patients. We get no funding from UK or Kenyan





Governments. All money raised goes to support the charity. We are all self-funding and the trustees all volunteer their time. The clinic has been set up with the express purpose of supporting this impoverished community. The ultimate aim is for it to become self-sustaining. To this end a Community Based Organisation was set up in 2015 to manage the facility on a daily basis. All members of the CBO are local and apart from the clinic administrator are volunteers.

The Kenyan government is encouraging as many women as possible to give birth in a facility with trained staff as they want to reverse the shocking rates of maternal and infant deaths that are still occurring. We encourage women to attend ante-natal clinics by giving them a Baby bag on their 4<sup>th</sup> visit. This contains donated baby clothes and blanket, washable maternity pads and nappies, plastic pants, hand soap and surgical gloves and in case the delivery takes place at home a small pack containing sterile surgical blade to cut the cord, sterile cord clamp and a plastic sheet to give birth on.

For a number of years patients have been requesting maternity services. In 2015 we raised the money to build a maternity unit with HIV testing facility. The work is now complete, however funding for extra staff is an issue and therefore we have been unable to open the unit fully.

We are passionate about the work we undertake and feel that what has been achieved is so rewarding, the assistant chief of a local village said "you ladies are amazing every year you come back it is another year our children won't die of malaria". We are so fortunate not to live where health care is viewed as a luxury, where dying in childbirth is a regular occurrence.

One mother said that she wanted to have her next baby at the clinic because her last child didn't live and the staff at Buburi clinic treat everyone with respect and she trusts them.





#### Aim

Our aim is to reduce the inequality in care that still exists in rural areas by give the mothers of Buburi and surrounding villages the opportunity to bring their babies into the world as safely as possible.



## **Objectives**

Having completed the building of the maternity unit we wish to fully staff it thereby providing the opportunity for mothers to give birth at night safely.

## **Monitoring and Evaluation**

Monitoring will be an on-going process undertaken by the CBO who are on site. Evaluation will be undertaken ½ way through the year and again at the end by trustees. 2 trustees will be visiting for 2 weeks during the challenge.

We are aiming to raise £6,000

Annual salary for Registered Midwife (Including 12% for NHIF NSSF)	£2,613.64
Night shift payment	£260
Training for TBA's, including trainer, venue and materials	£500
Stipend for TBA's for 1 year	£1,680
Contingency of 10%	£553
Total	£5,606.64