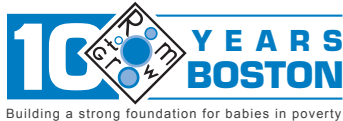


Room to Grow National, Inc.



Founded in 1998 by Julie Burns, CSW, Room to Grow enriches the lives of babies born into poverty throughout their critical **first three years of development**.

We currently serve low-income families in Boston and New York through our parenting support program, providing **one-on-one sessions with a clinical social worker, essential baby items, and connections to vital community resources**. Our unique, therapeutic approach tailors each session to the specific needs of the individual family and helps parents guide their children to reach **developmental milestones on time**.

Funding: Room to Grow is privately funded, primarily by individual donors, and is seeking to expand institutional partnerships and public funding in order to serve more families.



700
babies served
through our
family centers
each year



"If there's one overarching lesson...about how to break the cycles of poverty... it's the power of parenting – and of intervening early"

- Nicholas Kristof

"The Way to Beat Poverty"
New York Times, September 2014

Family Spotlight

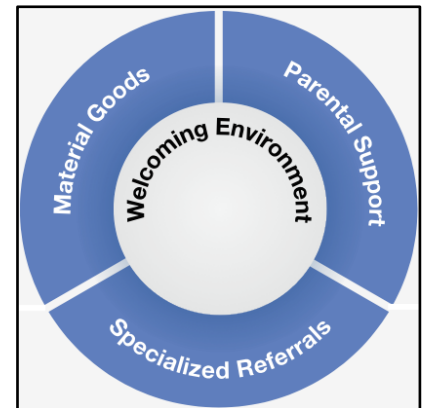
Jennifer joined Room to Grow in 2012 during her high-risk pregnancy. Her son Nate was diagnosed prenatally with a severe congenital heart disorder. Fueled by the resources, information, and support that Room to Grow offered her, Jennifer has worked tirelessly to help her son reach his milestones.

Today, Nate is thriving and Jennifer is enrolled at a local university. Her goal is a career in the hospitality industry. Jennifer also works to support other pediatric heart patients and their families.



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Program Model



Areas of Impact, 2014

Babies born into poverty are more likely to arrive to kindergarten already developmentally behind their middle income peers.

- 85% of Room to Grow babies met appropriate cognitive, social and physical milestones.
- 100% of babies exhibiting concerning development were referred to an appropriate external support system such as early intervention.

Parents in poverty are often isolated from social networks, with few or no family members available to help, and have multiple stressors affecting them which can be detrimental to the development of a child.

- Room to Grow families reported experiencing less stress by the end of the program with approximately 43% reduction in the number of family risk factors present.
- 100% of parents reported feeling more confident in their parenting ability and more connected to their child.
- 100% of parents reported having a greater understanding of the importance of routines such as reading, telling stories or singing.

Parents in poverty are often distracted by their economic circumstances, with constant worries about how to feed, clothe, and shelter their children.

- 100% of Room to Grow families received necessary baby goods free of charge at each visit.