

Targeted Outreach Program (TOP) 10th Anniversary

*Supporting the health needs of
HIV key populations in Myanmar since 2004.*



TOP is Myanmar's largest provider of HIV prevention and other clinical services to female sex workers (FSWs) and men who have sex with men (MSM). TOP's national network of drop-in centers provide free HIV/AIDS and sexually transmitted infection (STI) clinical services, peer counseling, and a safe space for FSWs and MSM.



For the community
By the community

HIV in Myanmar

While the overall HIV prevalence rate in Myanmar is low (less than 1%), HIV in Myanmar disproportionately affects at-risk populations such as FSWs and MSM.

- 8.1% HIV prevalence among FSWs
- 10.4% HIV prevalence among MSM

These communities face a range of obstacles including access to prevention, testing, and treatment services, and overcoming social stigma and discrimination.



TOP is Born

In 2004, the Myanmar government sought external assistance for HIV prevention. Population Services International (PSI) was brought on, aware that HIV

interventions needed to target vulnerable populations like FSWs and MSM. In response, PSI launched TOP and its network of drop-in centers. TOP's aim is to reach and support the



TOP Center in Yangon (2004)

health needs of Myanmar's FSWs and MSM for HIV prevention.

TOP has quickly grown into one of the most pioneering and impactful projects for FSWs and MSM in Myanmar.

TOP is made possible through funding from USAID, the Global Fund, UNFPA, and Soa Aids.

TOP is...

① **Drop-in centers** that provide a safe space for FSWs and MSM



② **Peer outreach** which reaches FSWs and MSM with education, counseling, and health products such as condoms and lubricant

③ **Clinical services** that are on-site and free-of-charge, including rapid HIV testing, STI testing and treatment, family planning, reproductive health consultations and product provision, and tuberculosis testing and treatment



The Future of TOP

- Registering as an NGO under Myanmar's new civil society legislation
- Providing HIV treatment for FSWs and MSM in all 17 TOP drop-in centers as part of Myanmar's antiretroviral therapy (ART) decentralization initiative
- Piloting Treatment as Prevention (TasP) programs among vulnerable populations
- Launching new TOP systems to strengthen the treatment cascade, maximize adherence, and reduce loss to follow up
- Conducting HIV prevention outreach via social media to expand TOP's reach and improve efficiency
- Operating TOP using a franchise model to ensure quality is maintained as scale expands
- Funding TOP services increasingly from government sources, including Myanmar's universal health coverage initiative
- Expanding TOP with the opening of 5 new TOP drop-in centers by 2016

We envision a nationwide, community-led organization that contributes to building a society in which marginalized populations claim their rights and dignity and live healthier lives.



TOP by the Numbers

- **17 Drop-in centers**
- **200-person, community-led staff** comprised almost exclusively of FSWs and MSM. In 2014, for the first time, a Myanmar national took the position of TOP Executive Director.

In a decade, over...

- **14 million quality condoms** distributed.
- **92,000 HIV** tests conducted.
- **8,000** cases of HIV identified through testing.
- **104,000** cases of STIs treated.

Promoting Healthy Behavior

An FSW who visits TOP is **4 times more likely to get tested for HIV** than an FSW who has not visited TOP.¹



¹ T. Aung, S.T. Thein, N.E. Paw, T.R. Aung, G. Mundy, *Can community based HIV prevention have a positive effect on HIV testing behavior?*, Population Services International Myanmar, Population Services International Thailand, July 2014.

TOP's 17 Drop-in Centers

