

# HOPE FOR HUMANS

**Global Giving Report**

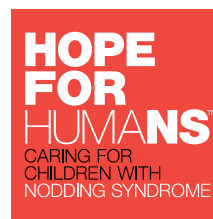
March 2016



**HOPE  
FOR  
HUMANS**  
CARING FOR  
CHILDREN WITH  
NODDING SYNDROME

# Global Giving Report

March 2016



## INTRODUCTION

This month Hope for Humans continued using drawing, painting, coloring, dancing, singing, and drumming to teach health lessons, responsibility and team building, writing, and stimulating motor and cognitive skills. The ultimate goal of these lessons was to facilitate effective, engaging ways to educate and increase development of children with Nodding Syndrome.

## ACCOMPLISHMENTS

### Art Therapy

#### Refreshed children on what they learned before the Christmas Break

The children were reminded on the songs and dances they learned last year. They all recalled the dances and songs very well.

#### Used art as a way to teach sanitation and hygiene

The children learned basic sanitation and hygiene lessons through drawing. The children walked around the care center with the instructor, who explained the need for different stations around the center including the trashcans and the water faucet. To solidify their learning the children then drew themselves using all of these stations.



## ACCOMPLISHMENTS

### Art Therapy

#### Swing set painting

The children painted the playground's swing set as an exercise in cooperation and an esteem building exercise where their artistic talent is utilized to produce something they can be proud of. The end result was a brightly colored swing set that the children love and has led to an increase in their use after school.



#### Painted tires as a way to promote teamwork

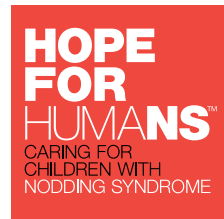
Before painting a tire the children were divided into teams and appointed a leader. Each leader was chosen for their leadership, mental, and physical skills shown over previous weeks. Each group discussed what colors they would use to paint their tire with each member being able to paint one color. The children loved this exercise, it was great to see their excitement when they finished their colorful tires!





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## ACCOMPLISHMENTS

### Art Therapy

#### Taught numbers and counting lesson while observing color psychology

During their lesson on numbers and counting the children were allowed to choose their three favorite colors to paint numbers on the wall. The instructor was not only using this as an engaging way to teach counting but also perform a test of color.

In art and color psychology the varying color selection implies that they all have different interpretations, tempers, reactions, past experiences, and concentration levels. They all chose primary colors which is a sign of visual literacy.

The majority of children could identify the numbers 0-9 but some had difficulty identifying figures when asked in English which is to be expected.

#### Develop literacy through painting the alphabet

Painted the alphabet on the wall as a lesson in learning the English alphabet.

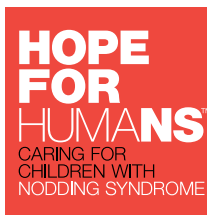
#### Child assessment form created to be used by art therapy staff

Form will be used to assess performance of each child during different art and music lessons. This will allow for a child's progress to be examined over time by the art therapy staff not just for sMAP analysis.



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## ACCOMPLISHMENTS

### Music Therapy

Our music therapy program continued this month with the goal of treating emotional, mental, and psychological damage and developing motor control and memory of children with Nodding Syndrome.

Music therapy methods include: peaceful environments, mediation, repetitive singing for vocal motor control, choreographed dances, and plays to help them act out normal day to day interactions.

#### Meditative music therapy

Music and meditative therapy was performed with the children to place them in a soothing and peaceful environment. It was meant to teach them how to create this environment of peace for themselves in order to help them heal from emotional damage experienced in the past and to help them deal with issues in the future.

#### Learned and performed play, "The Power of the People"

The children learned lines and acted out a play that taught them how to express themselves in day to day activities, specifically how to interact with different people at the market.

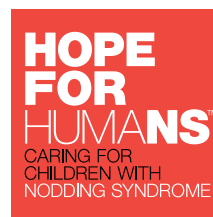
#### Taught the children dancing and singing

The children learned a new choreographed dance and sang along to a new song, both tested their ability to remember complicated tasks and their motor skills.



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## ACCOMPLISHMENTS

### sMAP Data Collection and Analysis

While in place since November 2015, our sMAP based data collection and analysis only collected enough data by February 2016 in order to create meaningful reports on our children with NS.

Training of Hope for Humans staff on the sMAP system and writing reports from the data was carried out by Sarah Richards from Global Nurse Initiative.

### Variables Tested

Seizure Frequency - Tracked the number of seizures each child had each month while participating in different care center programs.

Growth - Recorded change in each child's weight over time.

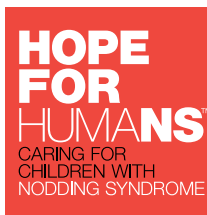
Attendance - Recorded number of times each child attended class and received medication at the care center.

Rosenberg Self-Esteem Scale - Recorded answers from the RSE Scale to assess each child's self respect and self worth in an effort to assess our children's emotional health.



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## ACCOMPLISHMENTS

### Child Protection Training

Child protection training was conducted where 13 child protection committee members were trained. The following following objectives were accomplished:

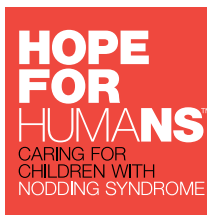
- Participants acquired knowledge and skills to enhance child care and protection services at household and community levels
- Enabled awareness of the child protection committee members on child care and protection
- Developed advocates for child care and protection issues at household and community levels
- Strengthened child care and protection services delivery mechanisms for expanded service delivery to OVC





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## IMPACT

**Increased happiness** - A few children who were showing signs of depression have become happier and enjoy class much more, specifically Aloyo Natasha and Laruba Gladys.

**Improved motor control** - Many children improved their footwork during dances, finding it easier to stay on beat.

**Building teamwork amongst students** - Dancing, singing, and making art together has increased friendship and brought the children closer together, creating a happier, friendlier environment at the care center.

**Increased creativity** - the students are creating their own dance moves and asking their music therapy instructor to teach them different dance styles outside of class.

