



September 2024

Dear Global Giving Community,

Menstrual health care has often been overlooked, with the needs of women, girls, and people with periods frequently neglected, especially among refugees in emergency situations. We want to



express our deepest gratitude for empowering us to change this reality. Your support enables refugee communities in Lebanon to access the tools they need to overcome barriers and challenges. Thanks to your generosity, we are not only addressing basic menstrual health needs but also helping communities thrive through our Social Enterprise program and fostering positive attitudes towards menstruation through our educational sessions. This quarter has been particularly challenging for our team in Lebanon, and your continued support is more crucial than ever.

Historically, Lebanon has experienced a deepening crisis on many levels. From social to economic to political, the protracted conflict has intensified, resulting in hundreds of casualties and more than 100,000 people displaced in the past year alone. Hostilities have surged across borders, with daily escalation of violence impacting communities particularly located in the south of Lebanon. Additionally, Lebanon is facing a severe economic crisis, with 200% inflation and frequent electricity shortages, posing significant challenges that impact nearly every aspect of daily life.



Due to these circumstances, the safety of our Social Enterprise team and the communities we work with has been our top priority. The escalating conflict and unrest have made it unsafe for travel, limiting our ability to host educational sessions and distribute menstrual health kits in the region.

However, despite these setbacks, our commitment remains strong. Behind the scenes, the Days for Girls Social Enterprise in Lebanon, comprised primarily of refugee women, continues its life-changing work. Our team has been busy producing 350 washable menstrual health kits that we aim to distribute in the final months of the year—October through December—provided that it is safe to do so. We are also

Email: development@daysforgirls.org | **Web:** www.daysforgirls.org | **Instagram:** [@daysforgirls](https://www.instagram.com/daysforgirls)

DAYS FOR GIRLS

in constant communication with refugee communities to coordinate future distribution sessions and ensure that, when the time comes, we are fully prepared to meet their menstrual health needs.



While the instability in Lebanon has delayed our in-person efforts, we remain determined to adapt and persevere. Our work not only addresses immediate menstrual health needs but also strengthens livelihoods, provides critical education, and fosters dignity and self-sufficiency among refugee women.

Looking ahead, we will continue to monitor the evolving situation closely. Our team is hopeful that the conditions will allow us to resume our activities in the near future. In the meantime, we are using this period to ensure that our upcoming distributions and

education sessions are as impactful as possible, gathering input to refine and improve our approach.

On behalf of the Days for Girls team in Lebanon, we extend our heartfelt gratitude for your continued support. Especially in these uncertain times, your generosity fuels hope and resilience.

With deep appreciation,
The Days for Girls Team