

## NIGEE PROJECT REPORT

SUBMITTED NOVEMBER, 2022

## SEXUAL REPRODUCTIVE HEALTH....also an important for wellbeing

Lack of comprehensive sexuality education is one of the key challenges adolescents face that eventually contribute to their poor health outcomes such as high rates of teen pregnancies, spontaneous abortions, early marriage, unplanned parenthood, increase in sexually transmitted infections including HIV/AIDS among others.

In continuation of the last report we did on education, this period we educated our beneficiaries, more so those who are out of school, on key aspects of their sexual reproductive health, covering topics such as sexual gender based violence, contraceptives, importance of pre-natal and post-natal care and menstrual health management. The education sessions were for both boys and girls, this based on the premise that boys too need to be helped to demystify the myths and misconceptions around girls' sexuality to be able to understand how to support their mothers, wives, sisters and other community members. The sessions created safe and interactive areas where adolescent girls and boys talked freely on issues affecting them.

We also had one-on-one sessions where the adolescents asked the program officer their personal questions, issues for advice and counselling.

We continue to be grateful for the global giving donations – the girls are happy and by extension, NIGEE is happy.



An education session in progress



A group discussion in progress