



## **The Progress Report Of Project Operation Unchain (POU)**

### **Case vignette**

A 35 years-old man is put in an open shed under palm-leaf roof behind the house separated from others for eight years. His left ankle has been chained with a tree next to the shed.

He is the 3rd child of 5 children in his family. He was described as more clever and kind than other siblings. He grew up without any obstacle. He got married when he was 22, and has 2 sons. Now his wife is abandoned him and lets him living with his poor mother.

In 2006, he was hitting on his head by the thief until unconsciously and he appeared psychotic, aggressive for five months before he was brought to seek help at a Referral Hospital in DAM DEK, Siem Reap province. Two months later, he refused taking any pills due to its side effects, rigidity and acute dystonia. The aggressiveness became more frequent and severe, threatening the whole family and others in the community. This reason, he was chained the first time for five years. He once broke the chain, burned family properties and run away for 10 days. When found, he was very weak and pale due to lack of food. After physically restored, he turned toward aggressive again for inappropriate reasons. His mother decides to chain him back for life.

In August 2015, the TPO staff, psychiatrist and psychologist under the Unchain Project, reached his house and treated his "chronic schizophrenia" at the place. The same time, the staff educated family members about the illness, its course and the treatment procedure. With engagement and continuous support from the staff, the family members learnt to better respond to the patient's need and to better take care him.

Result: He stops insulting others; he is not aggressive anymore; he recognizes his family members and communicates with them more often. He now accepts oral medicines, no need mixing with the food.

His mother remains not confident yet in taking off the chain this time.



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His mother explained TPO's team about his improvement after  
receive treatment from TPO

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