**Keep on Skiing**

Sasha is a fourth grade student at Moscow school #1528, who has been disabled since childhood and walks with a prosthetic foot. That hasn’t kept her from being an avid swimmer who has even competed in swim meets. In fact, her favorite subject at school is physical education (PE). But Sasha’s dream was to learn cross-country skiing.

Since the start of the school year in September 2016, Sasha has been taking after-school sports classes organized as part of the *Perspektiva* project “Children in Motion. Together is Better”.

The kids play football and table tennis and do gymnastics along with Paralympic sports - boccia, goalball and sitting volleyball. Sasha used these lessons to develop her physical stamina, muscle strength and coordination, but she still had not learned to ski.  All winter she was in the classroom while her classmates were out in the snow.

But this past winter everything changed. The after-school sports classes and her school PE teacher helped her get over her fear of skiing — and learn how to ski really well! It was a snowy winter in Moscow, so she had lots of time to practice her new skill. And now that she has conquered that fear and mastered one new sport — she has the confidence to move forward to her next challenge. Who says sports don’t matter?!