



LEARNING TO TAKE CARE OF MYSELF

Children sexual abuse prevention

GENERAL OBJECTIVE

Open training spaces that allow the delivery of elements and tools to help the educational community to develop preventive and protective factors against child sexual abuse and the improvement of the quality of a population's life and mental health.

Modules:

Children

- Children as subjects of rights.
- The care of my body in daily life.
- Child sexual abuse.
- ▶ We will share experiences.
- Protecting my-self.
- Building care pathways.

WORKSHOPS

Children receive 6 sessions with an intensity of 2 hour each in a timeframe of 6 months.

Workshop material:

Primer "Learning to take care of myself"

ACHIEVEMENTS

- Knowledge about self-care and respect for their body.
- Identify protective and risk factors.
- Identify assistance routes in child sexual abuse cases.
- Differentiate healthy affective manifestations from those that indicate abusive behavior.

METHODOLOGY

Playful and reflexive workshops

Parents and significant adults

Module:

▶ Children sexual abuse prevention

WORKSHOP
Parents and significant adults
have 1 session of 2 hours.
Material: Guide for parents

ACHIEVEMENTS

- Recognition of children as subjects of law.
- Identifying shortcomings in addressing component of sexuality and self-care of children.
- Awareness of the importance to be informed and create strategies for early prevention from homes.

Teachers

Children sexual abuse prevention

-WORKSHOP
Teachers have 1 session
of 2 hours.

Material: Support manual for teachers

ACHIEVEMENTS

- Importance of an integral work between children, parents and teachers.
- Empowerment of Law 1146 of 2007 and law 1098 of 2006.
- The educational community remain with elements to identify and prevent psychosocial risk situations.



INDEX

1. GENERAL INFORMATION	4
2. PRESENTATION	5
3. JUSTIFICATION	5
4. OBJECTIVES	6
5. METHODOLOGY	6
6. SCHEDULE	7
7. BUDGET	8



1. GENERAL INFORMATION

Name

Corporación de Amor al Niño Cariño

Legal Representative

Ejecutive Director JUAN CARLOS ÁLVAREZ VÁSQUEZ Social Communicator from Jorge Tadeo Lozano University- Bogotá, Colombia Especialist in Program Management from EAFIT University – Medellín, Colombia E-mail: director@corporacioncarino.org

Mission

Corporación de Amor al Niño CARIÑO is a nonprofit organization that works for children's wellbeing. Our main goal is to promote a dynamic program that will give children the tools they need to learn about their rights and responsibilities in order to create the foundations of a more dignified and respectful society.

Vision

In 2018, **Corporación de Amor al Niño CARIÑO** will be an organization that promotes an inclusive and harmonic social environment, allowing a healthy childhood development in an ever changing and competitive atmosphere.

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Legal Status:

23217 de 1978

NIT:

890983866-8



2. PRESENTATION

Title:

Let's prevent together children sexual abuse

Beneficiaries:

- 210 children
- 35 parents
- 20 teachers

Duración del programa

The Project is design to develop in 6 months.

3. JUSTIFICATION

Currently it is necessary that adults acquire a holistic view on its way of perceiving the child, so should reflect on their role as mediators in interactions between the child and its context and taking into account as stated and based on the reports of the UN and the ICBF, among others, as well as the social sciences and health professionals It is important to build projects of prevention of sexual abuse in boys and girls, in order to contribute to the personal, family and social well-being of all communities.

According to the National Institute of legal medicine and forensic sciences, in 2014 received 10.442 cases of alleged sex crimes, of whom 9.104 were children under 14 years old.

Viewing the problems that children have to face in Colombia, Corporación CARIÑO designed a strategy oriented to provide preventive actions such gives population tools for the management of the problem, to make themselves the protectors leaders in the community.

For this reason the organization has been implementing prevention programs since was created in 1.978 reaching 15 communes and 5 townships, with an approximate total of beneficiaries of 250,000 people; likewise with their promotional projects reaching 17 regional channels of television, 15 radio stations and other media nationwide.



4. OBJECTIVES

GENERAL OBJECTIVE

Open training spaces that allow the delivery of elements and tools to help the educational community to develop preventive and protective factors against child sexual abuse and the improvement of the quality of a population's life and mental health.

SPECIFIC OBJECTIVES

- Recognize the family and the school as a fundamental space for the formation of skills of boys and girls in the perspective of their rights and commitments.
- Encourage the children to express their feelings and emotions with regard to the people who surround them, by identifying when they are being sexually abused and have the ability to ask for help.
- Provide tools to children about your self-care and respect for your body, avoiding as well that they are victims of mistreatment and sexual abuse.

5. METHODOLOGY

The project is as follows:

Students receive six sessions with an intensity of 2 hours per workshop. Each parent receives a 2 hour session.

Teachers have one session of two hours each, using a methodology that favors the collective construction of knowledge, allowing participants to learn, build and reflect.

MODULE FOR CHILDREN:

The themes in the sessions are:



- Children as subjects of rights.
- The care of my body in daily life.
- Child sexual abuse.
- We will share experiences.
- Protecting my-self.
- Building care pathways.

TEACHERS, FAMILIES AND SIGNIFICANT ADULTS:

• Child sexual abuse detection, construction of protective environments and care pathways in cases of child sexual abuse.

6. SCHEDULE

			MONTHS								
			1	2	3	4	5	6			
STAGE 1	Training to the educational community in sex education and prevention of children sexual abuse	Contact with director of educational institution	x								
		Visit the educational institution to organize schedule	х								
		Workshop with children	x	x	x	x	x	х			
		Workshop with teachers		x							
		Workshop with parents			Х						
STAGE 2	Sistematization	Information collection	Х	Х	Х	Х	Х				
		Lecture of the experience	х	x	х	х	x				
		Impact measure				Х	Х				



The development of the activities scheduled are to run in six months. However, these will be distributed taking into account the school schedules and the call for adults. The implementation of the project in itself allows you to collect some relevant data to be taken into account in the final report, taking for the sole purpose, to help carry out actions aimed at the protection of children and girls against sexual abuse of children.

7. BUDGET

ITEM	QUANTITY	# WORKSHOPS	UNIT COST		TOTAL COST					
PROGRAM EXPENSES										
workshop with children	210	6	\$	5	\$	6.300				
workshop with teachers	20	1	\$	5	\$	100				
workshop with parents	35	1	\$	5	\$	175				
workshop material	265		\$	3	\$	795				
			Т	OTAL	\$	7.370				