

## How you can help

We are continually improving and developing our programs and really appreciate your support! Whether it is a large or small contribution, one-off or ongoing sponsorship –we need your financial backing to create a better tomorrow for a young Kenyan child.

**Help a child realize their dream of a better future.**  
**US tax deductible donations can be made directly through PayPal to MacheoUS at Macheo.org**

**Visit the Kenyan website [www.macheo.org](http://www.macheo.org) to obtain a complete overview of how you can help Macheo.**



## About

**Macheo Children's Centre** was founded in January 2006 by Marnix Huis in 't Veld and Maureen Kromowirjo from The Netherlands, in response to the millions of orphans suffering from AIDS. Since its establishment, the objective of Macheo has been to give children in Kenya a better future, through education, nutrition, counseling, or medical care. **Macheo means sunrise in Kiswahili.** Therefore it symbolizes the new beginning that we provide Kenyan children.

**Visit our website**  
**[www.MacheoUS.org](http://www.MacheoUS.org)**



## Macheo Children's Centre

[www.macheous.org](http://www.macheous.org)  
[president@macheous.org](mailto:president@macheous.org)

USA 501(c)(3) registered charity

# Macheo

## Children's Centre



## We are Macheo!

Macheo Children's Centre is  
located in  
**Thika, Kenya**

Macheo supports  
**education and nutrition**

Macheo offers  
**vulnerable children a home**

Macheo assists  
**better parenting**

Macheo facilitates  
**medical care and counseling**

## What we do

### Primary School Program

In our Primary School Program we provide lunches in rural and slum primary schools for thousands of children from the poorest families. A daily nutritious meal relieves short-term hunger and encourages school attendance.

### The Children's Home

At our Children's Home, 56 orphaned and vulnerable children live in a new permanent home. In seven houses we raise children in a caring and stimulating family environment.

### Family Empowerment Program

The Family Empowerment Program helps parents become more effective. They attend classes and some have the opportunity to start small business', to provide for their children's needs.

### Health Program

The Health Program offers mothers and their young children pre- and post-natal care. We transfer knowledge through seminars and facilitate access to medical care.

### Secondary School Program

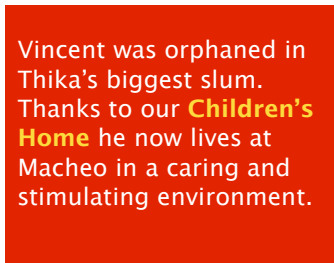
In our Secondary School Program we offer scholarships to girls from poor families. We give vulnerable girls a chance to complete school.

### Malnourished Program

Supporting 30 children a day with nourishing meals to enhance their nutritional status, while improving health and brain development.



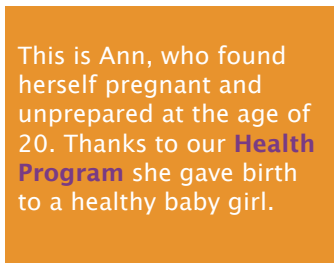
This is Joseph, who only averaged 3 meals a week at his home. Thanks to our **Primary School Program** he now receives a daily lunch in school.



Vincent was orphaned in Thika's biggest slum. Thanks to our **Children's Home** he now lives at Macheo in a caring and stimulating environment.



Meet mama Njambi, who struggled to maintain her family of four children. Thanks to our **Family Empowerment Program** she now runs a successful tailoring business.



This is Ann, who found herself pregnant and unprepared at the age of 20. Thanks to our **Health Program** she gave birth to a healthy baby girl.



This is Mary, who was to be married off at the age of 13. Thanks to our **Secondary School Program** she can now complete her secondary education.

## Why we do this

Many Kenyan families lack the financial stability to provide their children with a daily meal. Consequently children drop out of school in search of food. To give children a nutritious meal and encourage attendance in primary school, we started the **Primary School Program**.

Due to AIDs and poverty in Kenya, many children are orphaned or abandoned by their parents. These children run a high risk of becoming involved in drugs, crime and prostitution. To offer them a safe place to grow, we started our **Children's Home**.

Raising children is a big challenge for parents in Kenyan slums. Children who grow up in poverty face a grim future. In our **Family Empowerment Program** we help parents to improve their family economic situation and therefore the welfare of their children.

Many expectant mothers in Kenya lack medical knowledge and access to healthcare. This causes a high rate of infant and maternal mortality. Our **Health Program** strives to provide a better situation for women and their infants.

For many poor girls in Kenya, education stops after completing primary school. The **Secondary School Program** gives girls a brighter future.

