

2017 IN REVIEW:

Our Impact in the Lives of Girls

ZanaAfrica's philosophy is grounded in the belief that all girls are inherently powerful, and with the right support, can step boldly into the promise of their future. That's why we're committed to supporting girls in Kenya with the products they need to manage menstruation, along with the information needed to understand their bodies, access their voice, and safely transition through adolescence.

As we mark ZanaAfrica's **10-year anniversary**, and forge ahead into 2018, we celebrate the tremendous impact we've made on a local and global scale. This year alone:

We served nearly

 **16,300**
Girls

with an annual supply of sanitary pads and related health education through **our programs.**

Thanks to **The PaperSeed Foundation**, we distributed:

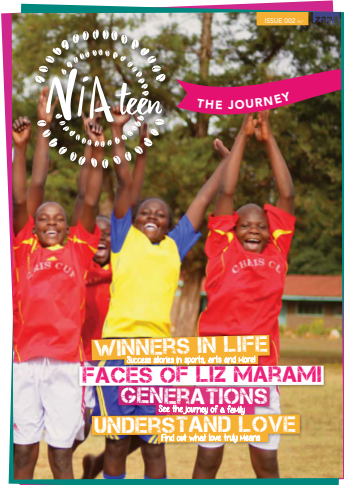
159,450 pads to serve
12,912 girls through
14 local organizations

so girls can stay in school and feel confident in the classroom.



When asked how it feels to receive pads and health education, one girl replied:

"It makes me proud to be a girl, and I know I'll go as far as boys can go!"



We created

3 issues
of Nia Teen

a transformative rights-based reproductive health magazine, designed through a **feminist lens**, specifically for adolescent girls.

This year we've shared **Nia Teen** with nearly

4,000 Girls
across Kenya and the U.S.

and developed Nia Yetu, a corresponding health curriculum, that equips teachers and mentors with the information they need to support girls through puberty.

*"[Through Nia Teen] I learned the truth about periods, that if a girl is menstruating she can still go on with her activities. I also learned about self-respect. **That if I respect myself others will also respect me too.**"*

We went one step further



In June, we launched **The Nia Project**, a seminal two year research study involving more than **5,000 girls in 140 schools**, to evaluate

the degree to which our health education resources and sanitary pads improve girls' education, health, and safety. The results will be published in 2019.

We assessed the need

In a baseline survey of nearly 3,500 girls ages 9-17 in The Nia Project, conducted by The Population Council, our research found that:

69%

do not think girls should be considered as important as boys

75%

believe there are justifiable reasons for a man to beat his wife

83%

feel that they should keep their period a secret

93%

of girls report their first sexual encounter was unwanted or coerced

Using menstrual health as an entry point, our work is changing these sobering statistics and catalyzing measurable impact.



We raised our voices



We saw widespread publicity of our work

across **16 global news outlets**, highlighting our interventions and critical role in the global menstrual equity movement.



We spoke at **11 global conferences** around the world, from

New Delhi to New York to Atlanta, amplifying our global thought leadership on behalf of the girls and communities we serve.

Our Supporters

We could not do this work without our dedicated Board of Directors and generous partners:

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And so many more!

Whether you have made a donation or contributed your time, talent, or voice in support of our work, each action you take makes a difference. Thank you!

For the latest on ZanaAfrica as and to make a contribution, visit: www.zanaafrica.org

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