

Project Location: Bolivia
No. of Beneficiaries: 150 children & parents
Project Duration: 3 years
Total Budget: \$ 254,870

Background and Need

Bolivia is a country of high poverty with severe health, economic and social issues. One third of Bolivia's children go to bed hungry every night and Bolivia has the highest childhood and maternal mortality rates in Latin America. MAP International has worked within the community of Chilimarca, Bolivia for 10 years to provide hope and health. During this time, MAP staff has supported "Healthy Food for Healthy Children" a program that helps families act as the guardians of their own health.

Chilimarca is an extremely poor "squatter" community of mostly Quechua Indians, the indigenous people of Bolivia, who are at the bottom rung of the social ladder. As in many rural communities in Bolivia, unemployment in Chilimarca is high and families find it very difficult to provide basic, healthy food for their children.

Project Description

MAP is helping to address the food and nutrition problems of children and their families with training and support for "Healthy Food and Nutrition Practices for Healthy Children." Providing adequate nutrition for children, facilitating nutrition education training for parents, and providing gardens and small animals will provide nutritious food and income for families.

MAP works with mothers and children to help them understand their nutritional needs and how they can take care of their own health. Families participate in the program at home and at school, learning about good nutrition, gardens, animal husbandry and responsibility for nature.

MAP helps families design a program to fit their nutrition and health needs. Local groups meet weekly to discuss issues and identify solutions to problems such as nutrition, healthy food for families and home food production. The project "Healthy Food for Healthy Children" is designed and implemented by the community to meet their own nutritional needs.

Expected Results

Project Impact:

Contribute to the Government Multi-sectorial Zero Malnutrition Program (PMDC) pursuing that high-risk children from the communities of Chilimarca are reached with access to safe food of high nutritional value.

Project Outcome:

100% of children attending the dining room show proper nutrition and normal development in their



growth curve monitoring chart.		
Output 1: 150 children at high-risk in the community of Chilimarca have daily access to a safe lunch of high nutritional value.	Output 2: 150 children and their parents gain knowledge and skills in nutrition, gardening and preparation of high nutrition food.	Output 3: 150 children and their parents gain knowledge and skills on raising small animals

Key Activities

- Providing daily healthy lunches to children
- Regularly monitoring weight and height of children to track nutritional status
- Implement training activities for children and their parents on food preparation and consumption, nutrition, and hygiene
- Maintain community gardens as a key source of nutritious products and as a demonstration center
- Implement training activities for children and their parents on how to keep small animals to improve their nutritional intake at their homes.
- Promoting family gardens to provide nutrition for children

Project Budget

Project Funding Needs		2016	2017	2018	Total
Project Staff	Salaries & benefits – Program Officer & Nurse Educator	\$21,866	\$26,053	\$30,658	\$78,576
Products & preparation costs	Products purchasing, cooking materials, dining room operations	\$20,000	20,000	20,000	\$60,000
Education activities	Health education training, parent workshops, conflict resolution workshops, spiritual development, etc.	\$24,512	\$26,963	\$29,660	\$81,135
Project Administration	Indirect costs/overhead (Rent, utilities, project audit, etc.)	\$10,620	\$11,682	\$12,850	\$35,152
Estimated Total Costs		\$77,000	\$84,700	\$93,170	\$254,870