



## **Activities Implementation Report**

August 2015,

*Equal Africa, the former Kenya Society for the Mentally Handicapped, continues its work of helping orphans and vulnerable children. The children are rejected and later abandoned by their families for having mental and/or severe disabilities. Equal Africa also continues giving help to some of the most disadvantaged women and girls, the elderly, and those with terminal illnesses. These are very needy people lacking sustenance due to extreme poverty. Our target beneficiaries are those who are among the most needy and predisposed to conditions that make them highly dependent on the assistance of others. The organisation receives multiple requests to help vulnerable people constantly, who are referred to us by government offices, hospitals, human rights organisations, media houses, and local charitable groups/institutions.*

In order to provide direct help to these needy people, the organisation is working in collaboration with 2,200 charitable groups and institutions of vulnerable people in the country. However, we have narrowed down the immediate assistance to 6 out of the 48 most desperate charitable groups and institutions. This is due to lack of sufficient resources to help all the 2,200 charitable institutions and groups that care for very needy children and adults. As a result the officials of our organisation continue to visit prospective donors for food donations and other essentials that are needed in the remaining charitable homes and institutions.

*Using the funds received from a local foundation and Kenyan donors, the organisation has in the month of August 2015, worked with 6 charitable homes to give assistance to the very needy orphans and bedridden people in the following ways:*

- i) Purchase of very basic food items for their daily meals.
- ii) Payment to carers who give the bedridden children and adults personalized care to avoid getting bedsores.
- iii) Purchase of vital materials that assist them to easily manage their toiletries and personal hygiene.
- iv) Money that helps the housemothers and volunteers to provide daily support, which enables them to live with dignity.
- v) Provision of transport and cash for emergency medical treatment in government clinics for the sick; and purchase of prescribed medication.
- vi) Assistance to some of the families that look after their own bedridden people in the purchase of essential food and materials that they require for daily use.
- vii) Purchase of prescribed life saving medication for 3 terminally ill persons who are extremely poor and unable to afford their medication.

*In this report, we have included the income and expenditure report together with pictures of activities implemented by Equal Africa in the month of August 2015. In the last section, we have given details of the food items and vital materials that are desperately required by very needy children and adults in these charitable institutions and groups in Kenya.*

### **Income and Expenditure Report – August 2015**

<b>Date</b>	<b>Particulars</b>	<b>Inward</b>	<b>Outward</b>	<b>Balance</b>
27/7/15	Kenyan Donor 1	30,000		30,000
29/7/15	Local Foundation	200,000		230,000
3/8/15	Kenyan Donor 2	110,000		340,000
5/8/15	Purchase of food, pampers, disinfectants and other essential supplies given to Good Samaritan Home in Mathare and Brooklyn Home in Zimmerman		108,978	231,022
6/8/15	Purchase of prescribed monthly kidney medication for Gladys whose right kidney is damaged and dependent on daily medication in Embakasi		7,500	223,522
6/8/15	Purchase of prescribed monthly cancer medication for Alice who cannot afford to pay for her breast cancer treatment in Kigongo		8,000	215,522

6/8/15	Payment to a carer of Thomas who is 41 years old and bedridden in Kandisi, Rongai		5,000	210,522
7/8/15	Payment to a carer of James who is bedridden in Githurai		5,000	205,522
7/8/15	Payment to a carer of Scott who is bedridden in Embakazi		5,000	200,522
12/8/15	Purchase of life saving prescribed medication for Gilbert a 14 years old boy suffering from a self injurious condition in Mukuru Slums		3,800	196,722
12/8/15	Payment of Carers of 19 bedridden persons at Total Rehab Home in Kasarani		40,000	156,722
13/8/15	Purchase of diapers and milk for 30 abandoned babies in Angles Home in Waithaka		45,750	110,972
14/8/15	Purchase of food and vital materials for 45 bedridden children in Kayole Slums		46,876	64,096
14/8/15	Payment of House Mothers caring for 7 bedridden persons at Star Home in Githurai		20,000	44,096
18/8/15	Purchase of Monthly food supply given to Esther a mother unable to work due to full time care of her son with severe disability in Mukuru slums		4,368	39,728
18/8/15	Purchase of Monthly food supply given to John an elderly man who is severely disabled in Kigongo		4,217	35,511
20/8/15	Purchase of Monthly food supply given to Timothy a sickly and starving elderly man in Zimmerman		4,542	30,969
20/8/15	Purchase of monthly food supply given to Jane a very needy elderly woman caring for 3 orphans in Githurai Route Number 44		4,542	26,427
20/8/15	Purchase of Monthly food supply given to Fidelis a very sick woman caring for 9 children one of them with severe mental disabilities in Gatwikira		5,000	21,427
31/8/15	Emergency cash donation for purchase of porridge flour and milk due to complete lack of food for 24 bedridden children at compassionate home in Ruai		5,000	16,427
31/8/15	Emergency cash donation for purchase of porridge flour and milk due to complete lack of food for 7 bedridden children at Star home in Githurai		5,000	11,427
31/8/15	Emergency cash donation for purchase of porridge flour and milk due to complete lack of food for 19 bedridden children at Total Rehab in Kasarani		5,000	6,427
<b>Balance as at 1<sup>st</sup> September 2015</b>				<b>6,427</b>
<b>Total Donations</b>		<b>340,000</b>		
<b>Total Expenditure</b>			<b>333,573</b>	

**PHOTOS**

**Equal Africa Charitable Activities in August 2015**



*Cheque donation to Total Rehab*



*Bedridden Children*



*Bedridden Person Assisted to Sit*



*Volunteer Attending to a Bedridden Child*



*Person with Severe Disability*



*A Girl who is Bedridden*



*Bedridden Children at the Home*



*Orphaned Boy Playing with Volunteers*



*Gilbert a Beneficiary of Equal Africa Showing Great Improvement from a Personal Injurious Condition*



*Children who are Bedridden Assisted to Sit*



*An Adult with Severe Disability*



*Due to Lack of Diapers Many Wet blankets Spread out to Dry*



*A volunteer presenting cheque donation*



*A Volunteer holding an abandoned child*



*Children enjoy the company of volunteers*



*Volunteer attending to Bedridden Children*



*An abandoned child enjoys playing with a toy*



*An Adult welcomes Volunteer to the Home.*



*Happy to see Equal Africa team*



*Orphans in a happy mood*



*Volunteer interacts with disabled children*



*Volunteers helping care for disabled children*



*Disabled Children at the Home assisted by Equal Africa*



*Bedridden Children*



*Cheque donation to Vision children's Home*



*A happy moment for these children*



*Volunteers at work in the Home*



*Volunteers at the Home*



*Beneficiaries of Equal Africa*



*Bedridden Children Assisted by Volunteers*



*Good Samaritan Home receiving donation.*



*Volunteers off-load food donation.*



*Food delivery by volunteers*



*Food donation to brooklyn*



*Receiving food and diapers*



*Receiving warm clothing*



*Food donation*



Receipt of donations at the Brooklyn Children's home

*Food and diaper donations*



Equalight giving diapers at the Brooklyn Children's home

*Diaper donation to bedridden children*



Equalights carrying food donations to a Beneficiary

*Volunteers during fieldwork*



Beneficiary receiving donations

*Monthly food donation to elderly woman who cares for 3 orphans*



Unpacking of the food donations

*Receiving monthly food donation*



Equalights giving food donations

*Volunteers presenting donations to Timothy an elderly person*



Unpacking of the Food Donations

*Unpacking food donation*



Equalight helping with registration on to the DataBank System

*Timothy, giving details of his needs*



Equalight helping a beneficiary to cook food

*A volunteer helping Timothy Cook Ugali*



*Timothy being entertained as he eats*



Equalight Registering Beneficiary on to the DataBank System

*Timothy details captured in online databank*



*Volunteers recruiting other volunteers*



*Students of Strathmore University listening*



*Volunteers sharing about their experiences*



*Graffins University students listening*



*Volunteers listen keenly during a recruitment session.*



*Volunteers travelling with Strathmore Students to help in Waithaka Children's Home*



Equalights assisting Good Samaritan children in the finger painting activity

*Palm-painting at Mathare Orphanage*



Good samaritan kids finger painting on the Equal Africa donations bag

*Children having fun with palm-painting*



*Volunteers launch Equal Africa's Light-a-candle challenge*



*Volunteers singing with abandoned children in Mathare*



*A volunteer playing with an orphan*



*Orphans and abandoned children being given snacks*



*Equal Africa's Managing Director holding an abandoned baby at Angels Home*



*Volunteer washing a baby at Angels Home*



*Volunteers helping with laundry work*



*A volunteer helping with one of the abandoned babies*



*Volunteers helping in care of abandoned babies*



*A volunteer having fun with orphans at Angels Home*



*Alice Nyokabi signing for her monthly purchase of cancer medication*



*Gilbert being taken to hospital by Equal Africa*



*An elderly man showing the medication he requires*



*Equalight helping with registration on to the DataBank System*

*Timothy giving details of his needs*



*Cheque donation to Total Rehab to pay carers of bedridden children*



*Cheque donation to Good Samaritan*



Equalight helping to feed an autistic child at Brooklyn Children's home

*Volunteer helps with the bedridden baby*



*A carer feeding a bed-ridden child*



*Volunteers plan field activities*



Orphans and abandoned children interacting with volunteers



*Volunteers busy helping with the abandoned babies*



Equal Africa staff at the Good Samaritan Children's home

*Equal Africa team after a successful charity workday at Good Samaritan Home.*



*Cheque donation to a Home*



*A Beneficiary who is Bedridden*



*Children with Disabilities at the Home*



*Beneficiaries at the Home*



*Bedridden orphans*



*A Volunteer attending to a bedridden person*



*A volunteer taking details at the Home*



*Volunteers interacting with children with disabilities*



*Volunteers working at the Home*



*Volunteers Assisting Children with Disabilities*



*Interacting with Children at the Home*



*Disabled Children listening to volunteers*



*A Beneficiary at the Home*



*Beneficiary Bedridden Children*



*Equal Africa Beneficiaries*



*Bedridden Children*



*Children Listening to Volunteers*



*Interacting with a Child with Disabilities*



*An Orphaned Boy Playing Football with Volunteers*



*Volunteers Help with Bulk Washing due to Lack of Diapers*



*Gladys happy to receive her Kidney Medication with Donation from Equal Africa*



*More Medication for Gladys*



*More Medication for Gladys*



*More Medication for Gladys*



*Equal Africa volunteers at Nakumatt Supermarket*



*Volunteers Preparing to do Shopping for the Homes*



*Volunteers shopping for Homes*



*Volunteers with food and other essential items*



*Light a Candle Challenge at an Orphanage in Mathare*



*Signifying Lighting a Child's World*



*Lighting the World*



*Equal Africa Volunteers*



*Equal Africa Volunteers*



*Volunteers Giving Snacks to Children*



*Volunteers Entertain Timothy after Helping him Cook*



*More Entertainment for Timothy*



*Volunteers Entertaining Children in an Orphanage*



*Volunteers Washing Clothes at the Home*



*More Clothes Washing*



*Volunteers at the Home*



*Children in the Orphanage Having Fun*



*Equal Africa Delivering Essential Materials to Orphanage*



*Equal Africa Bag with Essential Materials for the Home*



*Unpacking Equal Africa's Bag*



*Equal Africa Lighting the World*



*In Mathare Orphanage*



*Equal Africa's Team*



*Equal Africa's Light a Candle Challenge*

We invite Well Wishers to Help the Above Vulnerable People by Donating Food Items and Vital Materials as Follows:

<b>A Month's Usage of Food and Vital Items, Calculated Based on Care for 25 Needy Children/Adults in a Charitable Home or Institution</b>				
	<b>Item</b>	<b>Quantity per Month</b>	<b>Unit Cost/Details (Kshs)</b>	<b>Total in Shillings</b>
<b>1.</b>	<b>Food</b>			
	Rice	68 kgs	82	5,576
	Green grams	25 kgs	117	2,925
	Beans	25 kgs	67	1,675
	Porridge flour	30 kgs	40	1,200
	Maize flour	50 kgs	58	2,900
	Weetabix (for bedridden)	10 kgs	780	7,800
	Milk	60 ltrs	70	4,200
	Cooking Oil	10 kgs	150	1,500
	Sugar	15 kgs	120	1,800
	Salt	1 kgs	55	55
<b>2.</b>	<b>Carers</b>			
	Cook – does the cooking	1	15,000	15,000
	House Mothers – helps feed	4	11,500	46,000
	Washers – help wash clothes	2	11,500	23,000
	Cleaner – does the cleaning	1	11,500	11,500
<b>3.</b>	<b>Diapers</b>			
	Mini – abandoned babies	1,500	14	21,000
	Mid – mentally disabled children	1,500	14	21,000
	Maxi – bedridden children	1,500	14	21,000
	Adult diapers – bedridden adults	1,500	50	75,000
<b>4.</b>	<b>Toiletries</b>			
	Multipurpose soap	1 Carton	1100	1100
	Washing soap (clothes)	1 Carton	890	890
	Toilet papers	1 Bail	1,388	1,388
	Disinfectants	5 Ltrs	114	570
	Hygienic (disposable) gloves	400 pcs	2.5	1,000
	Manual gloves	2 packets	600	1,200
	Sanitary towels	1 Carton	120	1,440
	Tooth paste	5 tubes	195	390
<b>5.</b>	<b>Medical Interventions/treatment</b>			
	Transport - to government health clinics	25	300	7,500
	Purchase of prescribed medication	25	500	12,500
	Monthly purchase of long-term prescriptions	10	2,000	20,000
<b>6</b>	<b>Accommodation</b>			
	Rent	Monthly	30,000	30,000
	Electricity	Monthly	2,000	2,000
	Water	Monthly	2,500	2,500