



MINISTRY OF HEALTH

# ZAMBIA INSTITUTE OF NATURAL MEDICINE AND RESEARCH



**PUBLIC HEALTH STUDENTS**

**“NATUROPATHIC MEDICAL EDUCATION  
CLINICAL PRACTICE & RESEARCH”**

**LUSAKA - ZAMBIA**

**FOR MORE INFORMATION**

**The Executive Director - Dr Lawrence Chanza**

Springbok House, Ground Floor, opp South Gate Shopping Mall

Chachacha Road, P.O. Box 36585 Lusaka

Cell: +260 977 471337 / +260 968 188261

E-mail: drchanza.zinare@yahoo.com

**Project Coordinator - Dr John Wardle**

University of Technology

Sydney - Australia

Cell: +16172299988

## The Zambia Institute of Natural Medicine & Research

was established in the year 2005 under Section 7 (1) of Societies Act of the Laws of Zambia in partnership with the Ministry of Health of Zambia through an MoU.

1. To train doctors of Naturopathic Medicine and allied professions to achieve the overall objectives of integrating other proven systems of medicine in the Health Care System.
2. To participate in national and international debates on health and other relevant matters.
3. To advocate for an end to mystical medical practices that violate individual rights and harm public health.
4. To promote ethical concern and promotion of Herbal medicine use, that is rational, quality, safe and efficacious.
5. To serve as center of excellence in Traditional, Complimentary and Alternative Medicine Research.

ZINARE runs a Naturopathic Medical School as well as a Research Centre in both Naturopathic and Traditional Medicines, and formed with the following mission and goals, and is committed to being the Professional Institute in Zambia producing excellence in Naturopathic Medical Education, clinical practice, traditional medicine sciences, and research to positively contribute to national and global drives to attain the Millennium Development Goals (MDGs) in Health.

### ZINARE PROGRAMME

1. Since 2007 ZINARE has established a Naturopathic Medical Course with the support from the World Health Organisation (WHO), WHO provided a grant to establish a curriculum in naturopathic medical education. However, ZINARE has only trained six (6) students in its pirate project.
2. ZINARE has also been running short courses in community health with a component of alternative medicine.
3. Naturopathic medical students at ZINARE were compiling information on potential uses of medicinal plants used for Malaria, HIV/AIDS, Leprosy, and other common diseases in Zambia. Students were also exploring the potential use of insects which are a good source of protein, vitamin and energy, in the mitigating of common

diseases.

### CHALLENGES

1. Lack of financial support to develop the project further.
2. Lack of a permanent infrastructure to establish a full flagged University for the training of Naturopathic Physicians. ZINARE has depended on rented buildings which have proved to be very expensive for the running of such programme).
3. Inadequate number of lecturers to train naturopathic physicians (especially those specialized in the art and philosophy of naturopathic medicine).
4. Lack of transport to coordinate the naturopathic medical programme in Zambia.
5. Lack of equipment and library materials.

### RECOMMENDATIONS

1. To work with other international organizations and individuals on resource mobilization.
2. ZINARE requires capacity building from other established naturopathic Universities and colleges in order to establish a full flagged institution.
3. Require financial support to continue running the programme effectively.
4. To raise funds to purchase learning materials which includes:- books, and equipment.
5. To raise funds to conduct courses in research and protection of bio-diversity and the environment.
6. To raise funds to put up permanent buildings to be used as lecture rooms, laboratory, library, student dormitories and administrative offices.

