



What is Mindful Medicine Worldwide?

Mindful Medicine Worldwide is a non-profit organization that offers Chinese Medicine services to people living in fragile circumstances *every day of the year.*

Examples of what volunteers are treating:

- An elderly woman made immobile by a stroke
- A child who has cerebral palsy
- A young woman going through labor



Currently we are placing Oriental Medicine Practitioners, select massage therapists, and in the future, Naturopaths.

What can a MMW Volunteer expect to do on a service trip?

Volunteers spend 2-5 months treating patients in developing areas such as Nepal. They will:

- Treat patients in a clinic 5 days per week
- Train local staff in massage techniques and anatomy
- Teach local interpreters Chinese Medicine via an apprenticeship model
- Supervise clinical activities

Experiences for Continuing Education and Integration within the community:

- Meet and listen to Buddhist Master Teachers
- Learn local forms of alternative medicine
- Continued education with experienced practitioners like Bob Flaws, Honora Wolfe, and Stephen Browne.

What kind of support will be provided?

- Volunteers are set up in an established clinic
- All supplies are provided
- Interpreter/apprentice to assist you
- Support staff (including Tibetan medicine doctors, homeopaths and Ayurvedic doctors)
- Housing and some meals

"I have had the privilege of providing more than 500 treatments to some of the kindest, most inspiring people I've ever met. I am so grateful to have been able to offer them something, however small, in return for all of the insight and spirit they have given me." -Volunteer, Kelsey Coy



What's the next step after volunteering?

Become a MMW Ambassador

Help fundraise, give talks at schools, or donate your particular skills to the future growth of MMW

Become a MMW Project Coordinator

Travel back to your host country to take on more responsibilities in the field, set up workshops for local trainees, and investigate new sites for MMW.

Professional Requirements

- (a) Professional level degree in relevant field
- (b) Completion of all licensing board exams
- (c) Practical experience is considered an important asset
- (d) Desire to treat patients in a fast paced high volume clinic

Visit www.mindfulmedicineworldwide.org for more information on the volunteer application process

General Requirements

- (a) Interest and commitment to exploring mindful practices
- (b) Availability of at least 2 months
- (c) Ability to live in developing countries
- (d) History of travel or work in developing countries beneficial
- (e) Flexibility and Adaptability

