

# EARTHQUAKES EMERGENCY RESPONSE UPDATE

# August 2015

On April 25 at 11:56 local time, a 7.8 magnitude earthquake struck Nepal, with the epicenter in Gorkha District, about 50 miles northwest of Kathmandu and just south of the China border.

Some 8 million people were affected, including 2.8 million who are now displaced from their homes. More than 8,800 people were killed in the earthquake and subsequent aftershocks, and another 22,300 people were injured. There is widespread damage and destruction of buildings, health facilities, roads and other public infrastructure.

KATHMANDU

APRIL 25 7.8 MAGNITUDE EARTHQUAKE

MAY 12 7.3 MAGNITUDE EARTHQUAKE SINCE APRIL 25, 2015,

# MORE THAN 350 AFTERSHOCKS HAVE HIT NEPAL OVER 4.0 MAGNITUDE

INCLUDING THE MAY 12 7.3 MAGNITUDE QUAKE & 6.3 MAGNITUDE QUAKE ONE HOUR LATER

MAY 12 6.3 MAGNITUDE

KATHMANDU

APRIL 25 7.8 MAGNITUDE EARTHOUAKE

MAY 12 7.3 MAGNITUDE EARTHQUAKE





In the first three months of its response and recovery efforts, International Medical Corps' programs benefitted more than **200,000 people.** 

### INTERNATIONAL MEDICAL CORPS RESPONDS

DURING THE TWO-MONTH EMERGENCY PHASE OF ITS RESPONSE, INTERNATIONAL MEDICAL CORPS PROGRAMS PROVIDED:



### **4,547** health consultations through Mobile Medical Units

# 27

remote villages reached through Mobile Medical Units, via car and helicopter – some villages were as far as a 2 day walk from the nearest road access point



### **65%** OF THE PEOPLE REACHED WERE WOMEN AND GIRLS

our Mobile Medical Units ran for approximately 6 weeks (through May 30) and were coordinated with the Ministry of Health and Population and the local District Authorities

# **100,000**

people benefitted from 22 metric tone o lifesaving relief supplies, including emergency medicine and medical supplies

9,500 people benefitting from the construction of 190 handwashing stations



16,500 people benefitting from the construction of 60 emergency latrines

### INTERNATIONAL MEDICAL CORPS RESPONDS

DURING THE TWO-MONTH EMERGENCY PHASE OF ITS RESPONSE, INTERNATIONAL MEDICAL CORPS PROGRAMS PROVIDED:



# 7,127

men, women and children reached with hygiene education, helping to thwart the spread of communicable disease



# **2** HOSPITALS

supported with surgical capacity and post-operative care in the days and weeks after the earthquake. International Medical Corps constructed and is operating a semi-permanent step down facility to provide continued post-operative care to Gorkha District Hospital

**4,822** people benefitting from the distribution of **1,026** hygiene kits

# 26

psychological first aid trainings for **527** trainees to provide frontline psychosocial support to survivors and connect them to additional resources for recovery

# 24,935

men, women and children who had lost everything benefitted from cash grants in the aftermath of the quake and the onset of the monsoon season. **4,937** families received grants of \$75 each – helping them access urgently needed items, including food

### O APRIL 26, 2015

"Our teams are working to deliver lifesaving medicines and supplies, coordinating with local and international partners and conducting assessments near the epicenter of the quake. We're also deploying additional staff and resources to support relief efforts and will be operating Mobile Medical Units in the hardest-hit areas." INTERNATIONAL MEDICAL CORPS, FACEBOOK POST



"Yesterday we visited a village that hadn't been reached by humanitarian assistance. People were a day away from death due to dehydration and we were able to medevac them out."

CHRIS SKOPEC, SENIOR DIRECTOR OF EMERGENCY RESPONSE AND PREPAREDNESS INTERNATIONAL MEDICAL CORPS



### MAY 6, 2015

"Two successful medical evacuations from remote Gumda to Gorkha hospital by helicopter and two meetings down by 9 am. Go Team International Medical Corps."

TARA YIP-BANNICQ, PROGRAM OFFICER INTERNATIONAL MEDICAL CORPS



"Over the past week, our fly-in clinics have treated over 1,500 patients in the most inaccessible and hardest-hit villages in Nepal, and we're reaching new locations every day."

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SEAN CASEY, NEPAL EMERGENCY RESPONSE COORDINATOR INTERNATIONAL MEDICAL CORPS

# 🔆 MAY 26, 2015

"We've been to villages that haven't seen any medical care. Our presence shows people that others out there care about what happened to them."

KEVIN MURPHY, VOLUNTEER NURSE INTERNATIONAL MEDICAL CORPS



Devi was nine months pregnant when she arrived at one of International Medical Corps Mobile Medical Units in Samaguan – a village in the remote Gorkha district. In an ultrasound conducted at the MMU, International Medical Corps' doctors found that her baby was breech. Attempts to change the baby's position failed – and with her baby in that position, Devi had a high risk of complication. Recognizing that Devi and her baby needed to be in a hospital that could perform an emergency C-section if needed, International Medical Corps evacuated Devi via helicopter to the Gorkha District Hospital – along with her husband and her 3 year-old son, who stayed in nearby transitional housing that allowed the family to remain together. Days later, Devi safely delivered a healthy baby girl.

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### **NEPAL TODAY**

# **2.8 MILLION**

people are still in need of humanitarian assistance, including an estimated 864,000 people living in remote villages who are without shelter and live below the poverty line

# **1.1 MILLION**

people have been left without long-term access to protected water sources

#### More than

# 100,000

people still live in open-air displacement sites, hundreds of thousands are still in makeshift shelters

# 12,750

people in 2,550 households across 12 villages in Gorkha are particularly vulnerable to landslides, falling rocks and floods

# 446

health facilities were completely destroyed, with another **701** partially damaged

Heavy rains, floods and landslides from the monsoon season have made recovery even more difficult and the government is relocating families at risk. Responders are using porters and pack animals to deliver needed supplies.

### **HEALTH PRIORITIES INCLUDE**

- Medicine and supplies for remote posts
- Re-establishment of primary health care, including immunizations
- Addressing water borne and communicable disease
- Maternal and reproductive health
- Orthopedic care

International Medical Corps is partnering with the Government of Nepal to Build Back Stronger

PHOTO CREDIT: TOMAS VAN HOUTRYVE

### RESPONSE AND RECOVERY: RESTORING PRIMARY HEALTH CARE, REBUILDING HEALTH CLINICS, AND HEALTH SYSTEM STRENGTHENING

OPERATING MOBILE AND STATIC REHABILITATION FACILITIES FOR PATIENTS RECOVERING FROM EARTHQUAKE TRAUMA AND REBUILDING HEALTH FACILITIES

### TO DATE:

# 8,806

people have access to ongoing care
through 3 Mobile Physical Therapy
Units in Duhlakut and Masel. To date,
34 people have received recurring
treatment through the units

50

men, women and children receive inpatient and outpatient care at **2** facilities supporting Gorkha District Hospital since it opened in June



established an orthopedic hotline so patients can schedule care and follow up

# 157,552

people will have greater access to primary health care through **13** rebuilt health posts across **3** districts

#### **MOVING FORWARD:**

Working with the Ministry of Health and Population, we will continue to rebuild, rehabilitate and deliver critical medicines, equipment and supplies to health facilities, restoring access to health care for families. In partnership with the government and local organizations, we will strengthen emergency response capacity and preparedness through improved ambulance services and trauma care, and bolstering hospital surgical capacity. INTERNATIONAL MEDICAL CORPS HEALTH POSTS IDENTIFIED FOR REHABILITATION

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### **Ö** JUNE 2015

Dhan Sing Gurung sits in a temporary tent at the Gorkha District Hospital in Gorkha Bazaar, Nepal. Gurung was tending his livestock when the earthquake hit. He was caught up in a landslide which severely injured his arm and leg. He managed to crawl into a cave which was protected from the slide's path. He was stuck in the cave without food or water for three days before he was able to call out to local villagers to be rescued. He is now receiving care at International Medical Corps' newly-opened physical therapy and rehabilitation program.

### 🚫 JULY 18, 2015

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Since he was a baby, Gore Kumal's knees and elbows have been swollen and his mobility was limited. Living in a remote, poor area of Nepal without access to a health facility, Gore lived his first 17 years without a diagnosis and with only a rudimentary wooden crutch to help him get around. On April 25th, when the earth shook Nepal and Gore fled his home, he tripped and broke his femur. International Medical Corps' Mobile **Physical Therapy Unit visited Gore's** village and taught Gore exercises to aid his recovery. They soon returned with adjustable crutches and an easy-to-use, portable toilet seat. Gore says life is getting better now that International Medical Corps has helped him.

# Ö JULY 2015

International Medical Corps

International Medical Corps Mobile Physical Therapy Unit deploys in Gorkha, bringing needed follow up care to patients who can't travel to the Gorkha District Hospital.

### RESPONSE AND RECOVERY: WATER, SANITATION AND HYGIENE

PREVENTING DISEASE BY REHABILITATING INFRASTRUCTURE AND OUTREACH PROGRAMS

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#### TO DATE:

# 19,625

people benefitting from **785** emergency latrines built across **5** districts

# 11,200

people benefitting from 224 handwashing stations built across 5 districts

#### **MOVING FORWARD:**

We will continue to build latrines, distribute urgently needed supplies and conduct large scale hygiene education programs to thwart the spread of deadly disease.

**11,798** people reached with hygiene education

21,155

people benefitted from the distribution of **4,231** hygiene kits

### MAY 16, 2015 Ö

"International Medical Corps conducted a WASH community education session for the residents of Bungamati. Topics covered included the proper use of the newly installed latrines by our team, the importance of handwashing, purifying drinking water with chlorine tablets and safe waste disposal."

INTERNATIONAL MEDICAL CORPS, FACEBOOK POST

ME

# Ö JUNE 4, 2015

Eleven-year old Sabina Khatri stands in front of her home which was destroyed by the earthquake in Kotgaun, in the Kathmandu Valley, Nepal in June 2015. Residents tore down buildings in the hamlet which were too damaged to repair. On June 4, a team from International Medical Corps built 20 new latrines here and in the neighboring village to help prevent waterborne disease.

### RESPONSE AND RECOVERY: PREVENTING AND TREATING MALNUTRITION

PREVENTING AND TREATING MALNUTRITION FOR CHILDREN, AND ENSURING FAMILIES CAN CONTINUE TO MEET THEIR NUTRITION NEEDS

#### TO DATE:



28,280

men, women and children who had lost everything benefitted from cash grants in the aftermath of the quake and the onset of the monsoon season. **5,656** families received grants of \$75 each – helping them access urgently needed items, including food, medicine, cooking oil and shelter materials

### 106 ocal health

local health workers trained on proper infant and young child feeding practices



# 1,392

women received group counselling sessions on appropriate infant and young child feeding practices

# 6,960

people benefitted from the distribution of **1,392** healthy family kits including rice, lentils, blankets, mosquito nets and hygiene supplies

# 12,200

people in 2,444 households benefitted from the distribution of tools and seeds

### MOVING FORWAR

Nutrition programs will improve food security and help prevent malnutrition for the most vulnerable women and children.

### RESPONSE AND RECOVERY: ENSURING GOOD MENTAL HEALTH

ADDRESSING THE LONG TERM MENTAL HEALTH NEEDS OF EARTHQUAKE-AFFECTED AND VULNERABLE POPULATIONS

LOCAL PARTNER: TRANSCULTURAL PSYCHOSOCIAL ORGANIZATION NEPAL (TPO NEPAL) AND INTEGRATED COMMUNITY DEVELOPMENT CAMPAIGN (ICDC)

#### TO DATE:

### 567

people trained in **28** trainings on psychological first aid for first responders

### 17

earthquake-affected communities will receive targeted care, including training for frontline health workers in mental health; psychosocial counseling and referrals; and outreach and education for communities

launched Training of Trainers program to scale psychological first aid services. To date, **13** trainers have been trained

#### **MOVING FORWARD:**

We will continue to train local partners to provide psychological first aid, and work with the Ministry of Health to incorporate mental health care into the primary health care setting

### 🔆 MAY 12, 2015

"Mental health and psychosocial support is expected to be a significant need given the amount of fear and insecurity following the first and now this second earthquake. Our First Responders are preparing to deliver clean water, blankets and urgently needed items, and provide psychological aid and additional support to families."

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INTERNATIONAL MEDICAL CORPS, FACEBOOK POST

### RESPONSE AND RECOVERY: ADDRESSING GENDER-BASED VIOLENCE AND SUPPORTING WOMEN'S REPRODUCTIVE HEALTH

PROVIDING COMMUNITY-BASED SUPPORT FOR GBV SURVIVORS AND MITIGATING PROTECTION RISKS FOR QUAKE-AFFECTED WOMEN AND GIRLS

LOCAL PARTNER: WOMEN'S REHABILITATION CENTER (WOREC)

#### TO DATE:



## 268,388

women and girls provided increased access to services through **10** safe spaces



### 21

local staff members trained to conduct outreach and support survivors of GBV



# 1,247

mothers have increased access to care through 2 mother-baby transition homes

#### MOVING FORWARD:

Teams will continue to partner and expand efforts to protect women and girls



### INTERNATIONAL MEDICAL CORPS THANK YOU TO OUR SUPPORTERS



And thousands of generous individuals around the world

IN THE FIRST THREE MONTHS OF ITS RESPONSE AND RECOVERY EFFORTS, INTERNATIONAL MEDICAL CORPS' PROGRAMS BENEFITTED MORE THAN 200,000 PEOPLE

# Thank you for your support.

International Medical Corps



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