



## GLOBAL GIVING ACTIVITIES

### Closure Project: "Improve nutrition of 150 Children in Cusco"

Thanks to the cooperation of our donors for the health project MW9 from which we received their donations through the Global Giving campaign last year we were able to help a lot of mothers and children. This was the first time that our organization was able to do fundraising activities through a crowd fund website. We were able to raise \$ 5,426.00 as co-financing for our projects. Thank you all for your support!



Cooking workshop balanced diet



## GLOBAL GIVING ACTIVITIES

### Start new project: "Safe water for 50 malnourished children in Cusco"

As a pilot project we have started the fundraising campaign with Global Giving for this new project. Objective is to improve the health of 50 undernourished children by offering them safe water in Cusco. The project is willing to improve the nutritional status of these children by **implementing water filters** in their homes and strengthening the skills of the mothers and their families in healthy habits. This pilot project will be executed in cooperation with the health project Miski Wawa 10 which started this year. We would appreciate your help by donating us a small amount for this new project by going to <http://www.globalgiving.org/projects/safe-water-for-50-malnourished-children-in-cusco/> or: <http://goto.gg/19927>.

Also you will find here at the first page of this website a video and more information of the project. For those who would like to donate in soles in Peru. Please use the account number of CEDNA: 0011-0200-0200619495-31, BBVA Banco Continental (with reference of your name, if you would like to be informed of the project)



## COOPERATION AGREEMENT WITH MUNICIPALITY SANTIAGO

"CEDNA works in the suburban regions of Cusco in collaboration with the local governments. Recently, we had a meeting with the new governor of the municipality of the Santiago district. The goal was to sign a cooperation agreement for the execution of the health and training projects. This agreement contains capacity building activities about child nutrition for mothers with malnourished children and the control of pregnant mothers. Furthermore, it contains technical training in production activities for young people and mothers with a business".



## VOLUNTEERS OF CEDNA

My name is Katrine. I am 22 years old and study marketing management in Denmark. I chose to have an internship abroad to learn about other cultures, learn Spanish and have an amazing experience. Above all of that I wanted a perspective in life, which you can only achieve by being abroad and experience what others are struggling with in their lives. All my intentions have been fulfilled during a period of 3½ months in Cusco. I have learned a lot - especially about myself.

During my 12 week internship in CEDNA I have participated in a lot of activities in both projects Miski Wawa and Yachay. I have visited the project areas and talked with the mothers and their children. I have helped measuring height and weight, organized campaigns, participated in a food festival with the students of project Yachay and a lot of other exciting activities. My favorite activity has been a tour to an amazing place called Waqrapucara. It was a tour organized by CEDNA to go on a hiking tour to some ruins. My job was simply to experience the tour and afterwards give an evaluation about whether I think this tour could be a possibility for CEDNA tours. After the tour I answered a questionnaire about strengths and weaknesses about the tour and I had a meeting with the management where we discussed the future possibilities for CEDNA tours.

I have used my qualities as a marketing student by making a marketing plan for CEDNA cooking. I have done my best to make a workable and useable marketing plan for CEDNA. CEDNA needs a sustainable way of financing the projects and I believe that Cedna Cooking can be a part of this sustainable income. I have learned a lot about the Peruvian culture; especially that everything is not working as fast as in Denmark or Holland. To work here you need to be patience and open-minded - which has been a great thing to learn for a European efficiency maniac as me! But everyone is working hard to make the NGO function and everybody is doing their best to help the development of the project areas. I have been surprised by the effort and hours of working each employee contributes every day of the week.

I have enjoyed my time in CEDNA and will miss my colleagues and the many sweet children of the projects.



## VOLUNTEERS OF CEDNA



I am Mieke de Jager from The Netherlands with Biomedical Sciences studies. Already years ago I dreamed about going to Peru to work, travel and learn about the culture. Now my dream has come true. A good friend of me worked as a volunteer at CEDNA several years ago and told me enthusiastic stories. I contacted Cora and I could come to work at CEDNA for a total of 9 weeks. I am working in the Miski Wawa health project; I help with the promotion of the new water filter project and join when CEDNA visits the suburban regions of Cusco in context of the Miski Wawa project. The difference between rich and poor in Cusco is large and it is good to realize this. I am glad I had the opportunity to see how CEDNA works and to experience the impact of their work.

## VISIT CORDAID

On March 4th, Angelique Zonneveld and Ana Maria, from the Dutch development organization CORDAID, visited the mothers of the Miski Wawa 9 project (communities Satélite and Paraíso de Fatima). Here, the families showed the sustainability of the project with activities such as the improvement of healthy housing, biogardens, general hygiene and their small businesses. The mothers of the families have been trained of taking care of the health and nutrition of their children and in this way to improve the child nutrition with a balanced diet with healthy local products (carbohydrates, proteins and vitamins). Further more they showed their new small businesses or improvements of exiting ones. Also a visit took place to the project Miski Wawa 10 in Santiago, implemented in January.



## YACHAY TRAINING PROJECT 9

### Signing of agreement with the provincial Municipality of Chanchis

On the 6th of March 2015, we celebrated the signing of the Cooperation Agreement to promote employment, development of micro businesses and training of young people in the province Chanchis with the goal to establish cooperation between both institutions. This will allow the promotion of employment and development of small businesses for the benefit of mothers and adolescents in the province of Chanchis. Thanks to this agreement, in April, 22 young people, mothers and adults started their training in Gastronomy courses, where participants will learn about fundamental principles of Peruvian cooking to implement this in the labor market and/or promote business initiatives.



Signing of agreement  
with mayor of Sicuani.



## YACHAY TRAINING PROJECT 9

### Occupata Food Fair Santiago

On the 12th of March 2015, the Provincial Municipality of Santiago organised the Occopata Food Fair, an event in which our students of the courses Basic Pastry and Peruvian Cooking could sell their own-made meals y could learn more about the market and the needs of customers.



Also present was the First Lady of the Nation



Receiving a cake

## YACHAY TRAINING PROJECT 9

### Courses in progress

During the last months, training groups started in: Peruvian Cooking, Basic Pastry, Catering and Organisation and Events, Housekeeping, Reception, Electrical installations, Peruvian Cooking (Provincial Municipality of Chanchis) and Restaurant Attention (ORG. CESIP) with a total of 108 students. Every course includes workshops in personal development, personal marketing and business management. After finishing their training, the students can be placed on the labor market thanks to agreements with different businesses.



## YACHAY TRAINING PROJECT 9

### Personal testimony

My name is Jesusa, I have a daughter of 7 years old and I am a single mother. I decided to separate from my husband because he is a very violent person. Because of the problems I had at home, I went to "Casa Acogida" of the Foundation Cristo Vive. Here I received psychological and moral support. In the house of Cristo Vive, I heard about CEDNA, who trained me in the courses Housekeeping and Cooking Assistant. Thanks to these trainings, I could find a job. The owners of the house treat me very well and they love my daughter. In addition to the courses, I received workshops on personal development, personal marketing and business management. Before I started, I had no idea about a Curriculum Vitae neither about a Business plan, but now I feel prepared to start with a job or start my own business. I appreciate very much the people of the house of Cristo Vive and my teachers of CEDNA. Thanks to all of them I am improving my working situation.



## HEALTH PROJECT MISKI WAWA X

In January 2015 we started the new health project Miski Wawa 10. The goal is to prevent and diminish the malnutrition of children by improving the capabilities of mothers with children below the age of 6 in the suburban regions of Cusco, and help them to start or improve their small businesses.



### INTERVENTION ZONE

The intervention zone of Miski Wawa 10 is in 14 communities in the district of San Sebastián and in a community of Santiago. In this intervention zone 146 children and 117 mothers are registered at the start of the project.



## HEALTH PROJECT MISKI WAWA X

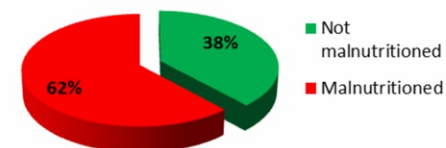
### NUTRITIONAL STATUS AT THE BEGINNING OF THE PROJECT

Height and weight measurements were executed with 146 children at the start of the project to know their nutrition status. Of the children a 38% (56 children) are not malnourished, a 62% (90 children) are malnourished.

### BASE LINE

Also was executed the baseline for the socio economic information of families, health issues and small businesses. This to get information necessary for the execution of the project and have the information to compare these data with the results at the end of the project.

### Nutritional status first trimester



## HEALTH PROJECT MISKI WAWA X

### ECONOMIC ASPECTS

In the intervention zone there are 22 mothers with their own business and 89 mothers that do not have a business.

The target population has an interest in being trained in starting a small business or to improve their small business.

| Interested in starting a business |    |      |
|-----------------------------------|----|------|
| Yes                               | 80 | 90%  |
| No                                | 3  | 3%   |
| Don't know                        | 6  | 7%   |
| Total                             | 89 | 100% |

### FORMALIZATION AND COMMITMENT OF SOCIAL ACTORS

The commitments and agreements with the involved actors gives us the opportunity to build partnership and cooperation that helps making decisions and reflecting on the actions aimed at developing marginal urban areas of the Cusco region.

## HEALTH PROJECT MISKI WAWA X

### IMPLEMENTATION OF BIOGARDENS

The families of the area of intervention have space to produce vegetables gardens, implemented by CEDNA, with plants such as: lettuce, spinach, coriander, radish, carrot, etc.



# CEDN Noticias

centro para el desarrollo del niño y el adolescente

JANUARY — APRIL 2015

For more information visit us:



## GLOBAL GIVING

Global Giving is a website that helps NGOs such as CEDNA to collect funds. If you identify yourself with us, visit us via the website of Global Giving:

<http://www.globalgiving.org/projects/safe-water-for-50-malnourished-children-in-cusco/>



The Project "Miski Wawa" is  
financed by:



## Ayúdanos

If you would like to help us, you can make a donation:

In soles: 0011-0200-02-00619495-31 (BBVA Banco Continental)

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