

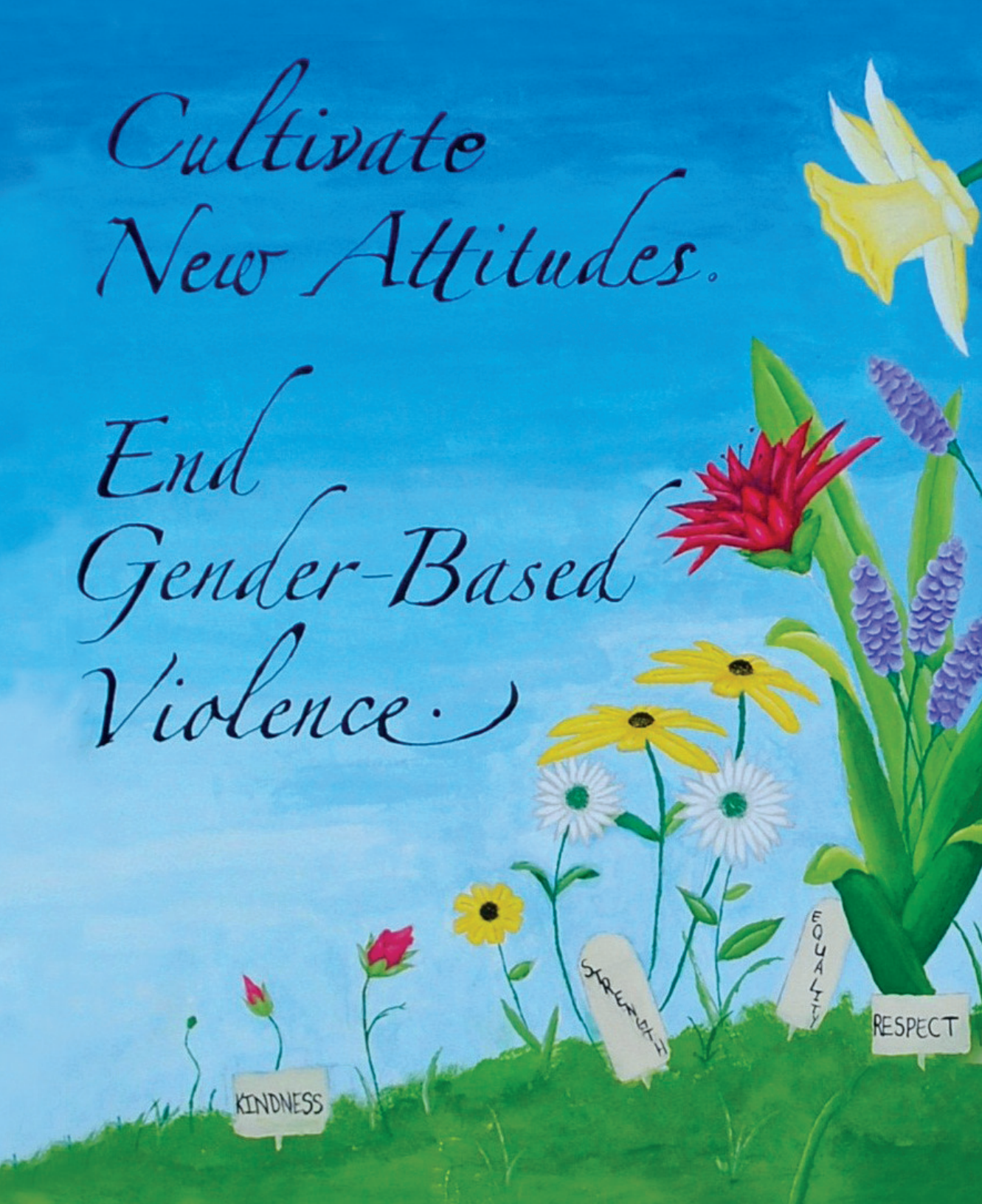


- Domestic Violence and Sexual Assault Services
 - Strategies to End Gender-Based Violence
 - Crime Victims Services

ANNUAL REPORT
2013

*Cultivate
New Attitudes.*

*End
Gender-Based
Violence.*



2012

Art Poster Contest Winner

ILLUSTRATION BY ERIN SCOTT

“Thank you *from the bottom of my heart for all your information, kindness and support during this time. I’ve been so grateful for everything since the night this nightmare began for me and my two precious innocent children. I cannot see what the future holds for us at the moment, but I am optimistic because of you.”*

— DOMESTIC VIOLENCE SURVIVOR

Message from the Board President

Richard D. Rein



2013 marked an eventful year for us at the Center for Safety & Change as our esteemed Executive Director of 34 years, Carolyn Fish, announced her retirement. Under Carolyn's diligent leadership and guidance, the Center has grown from a 24-hour crisis hotline and a 15-bed emergency shelter for battered women and their children, to an organization that provides an array of multilingual, culturally sensitive residential and non-residential programs for survivors of domestic violence, sexual assault, and to victims of all crimes, as well as cutting edge violence prevention programs.

While one in three women will tragically experience abuse from an intimate partner or will be sexually assaulted in her lifetime, help is available, 24/7, at multiple locations throughout Rockland County! This accomplishment is, in no small part, a direct result of the tireless effort of Carolyn Fish and her staff. Over the years, the Center has provided thousands of women and children a safe, healing and hopeful environment where they can find the strength and courage to face another day.

Recognizing the need to bring critical issues out from the shadows, like domestic violence 35 years ago, Carolyn was instrumental in adding to the Center's focus in 2013 the issues of human sex trafficking of domestic minors, where the victims' average age of entry is 12 to 15 years old. Through Carolyn's excellent community building skills, she, along with Kiera Pollock, Deputy Executive Director, and other community leaders, created a countywide Task Force on Human Trafficking, which continues to raise awareness and has the ability to respond effectively when victims are identified.

We are fortunate that Carolyn is staying with us on a part-time basis throughout 2014 as the Executive Director Emerita and hope that you will join us in a special event to be held in 2015 celebrating her distinguished career. I am proud of the incredible work of Carolyn, as well as the board and staff of the Center and hope you will enjoy reading about our accomplishments in this 2013 annual report. Thank you for your support – we couldn't have done it without you!

Message from the Executive Director Emerita

Carolyn Fish



Thank you for taking your time to read our 2013 Annual Report. I am delighted you have taken an interest in following our accomplishments and progress in our efforts to address and end gender-based violence. 2013 was a big year for the Center for Safety & Change as well as for me. Although I had known for some time that I wanted to retire, I could not imagine leaving without knowing the Center was left in good hands. Thanks to our carefully planned and prepared succession plan and due to the incredibly talented and devoted board and staff of the Center, I was able to make this decision a reality.

While it is never easy to leave something you love, the excitement of what lies ahead can lessen the loss. Additionally, I was pleased to know that our former Board President, Michael Mandel would become Executive Director on an interim basis as of January 1, 2014, while the Center moves forward with a comprehensive search for a permanent Executive Director.

I am delighted to see this transition unfold now in my part-time capacity as Executive Director Emerita, working on special projects near and dear to my heart. This is a wonderful opportunity that enables me to continue to contribute to the Center's mission while reducing the stressful responsibilities that go along with managing an organization the size of the Center. I would like to thank the members of the Board of Directors for their confidence and support for this unusual succession plan.

As a founding member of the Board of Directors of the Center, then the Rockland Family Shelter, I have watched our programs flourish, helping more and more survivors of domestic violence and sexual assault, and their family members each year, while gathering support for our mission.

During these years I have been inspired by the courage and resilience of those whom we serve, and the commitment and intelligence of our staff and volunteers who work diligently on their behalf. Together we have built a vibrant organization that has become a national model in its compassionate, creative response to survivors and their family members and a leader in the movement to change the attitudes and beliefs that support violence against women and others who are oppressed.

Although I know our work is far from complete, 2014 is our 35th anniversary year, which seems like the right time for new leadership to guide the organization into the future. In the interim, before the new Executive Director is named, Michael Mandel and our trustworthy staff will ably hold the course. In the years to come, the Center for Safety & Change will continue to thrive and the lives of thousands of Rocklanders will have safer and brighter futures.

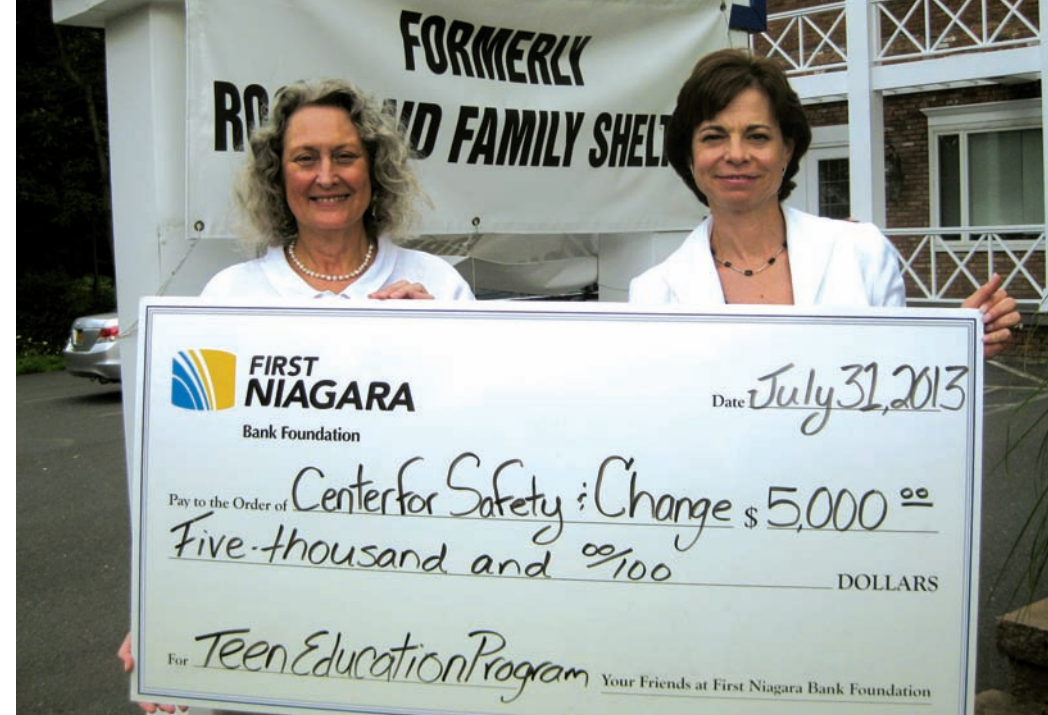
I thank you for your friendship and guidance. Your support has helped to make the Center for Safety & Change strong.

2013 Highlights, Awards & New Appointments

Highlights

The Center, led by the efforts of co-chairs of the **STOP F.E.A.R. Coalition** **Hon. Harriet Cornell** and **Carolyn Fish**, formed a **Human Trafficking Task Force**. The Task Force, now led by **Kiera Pollock** and **Peter Modafferi**, is composed of representatives from law enforcement as well as mental health and community leaders, who recognized the need for a coordinated community response due to the close proximity of Rockland County to the location of the 2014 Super Bowl and the associated high numbers of cases of human sex trafficking during events this size. Through several trainings, led by Carolyn Fish, Kiera Pollock and D.A. Tom Zugibe, the STOP F.E.A.R. Coalition and Human Trafficking Task Force created a new level of awareness about this issue in Rockland County.

Sergeant Chris Bray of the Phoenix Police Department and **Eric Pauley from the FBI's Innocent Lost Project** were featured speakers at the annual STOP F.E.A.R. Conference at RCC focusing on **Human Trafficking**. This training was part of a series of trainings leading up to the Super Bowl for the general public, including first responders and law enforcement, healthcare providers, the hotel industry, including the RBA Tourism and Hospitality Committee, transportation workers, utility workers, religious communities and others.



ABOVE: CAROLYN FISH AND SARA TUCKER | BELOW: TOM ZUGIBE, DISTRICT ATTORNEY



Provided domestic violence and sexual assault awareness training to Ramapo school district school psychologists and Bichor Cholem..

The **Domestic Violence Workplace Committee** met monthly and conducted **trainings on domestic violence in the workplace for AFLAC** representatives and **Head Start** employees.

To commemorate the **15th anniversary of V-Day**, an international campaign to end violence against women and girls, the Center organized a mega flash mob dance at the Palisades Mall on February 14. Over 500 people joined this event titled **Rockland Rising**, in the spirit of **One Billion Rising**, which was celebrated by activists around the globe.

The STOP F.E.A.R. Coalition and the Center for Safety & Change partnered with the **Adolph H. Schreiber Hebrew Academy of Rockland County** to present **Flowers Aren't Enough**, a play by Naomi Ackerman about a woman abused by her husband. The play was followed by a panel discussion.

The Center launched its **Decade of Prevention Campaign**, in support of its Teen Dating Violence Prevention Program and SAEDA (Student Activists Ending Dating Abuse), raising nearly \$200,000 in critical support.

The Center held a special memorial service for past Deputy Director of Programs, Lynn Sheinkin, who passed away in August of 2012. In memory of her many contributions to the prevention of violence worldwide, the Center named its Department of Education the **Lynn Sheinkin Department for Education and Social Change**.

PICTURED BELOW: **ROCKLAND RISING** EVENT AT THE PALISADES CENTER MALL

ABOVE: **DECADE OF PREVENTION** EVENT. LEFT TO RIGHT – SANDRA GOLDSTEIN, BEN MANDEL, ERIN SCOTT AND LAURA PLOTKIN



Awards & New Appointments

* In January, **Kiera Pollock** was promoted to Deputy Executive Director of Programs and Clinical Services, where she oversees the Special Victims Program, including sexual trauma and comprehensive crime victims' services and the *Lynn Sheinkin Department for Education and Social Change*, as well as clinical programs.

* In June, **Venessia Defrank** was promoted to Director of Residential Services.

* In October, Executive Director, **Carolyn Fish** was honored by the **Legal Aid Society** for her continuing commitment to advocate for justice, social change and for speaking for those whose voices go unheard.

* The Center for Safety & Change received the *Annual Partnership Award* from the **Mental Health Association of Rockland County**.

* In November, the **Rockland Development Council** honored long-time board member and co-treasurer **S. Lisa Hayes** as Outstanding Philanthropist. More than 400 guests attended to celebrate the honorees.

* **Zoe Szmulewicz** and **Amanda Violetto** both won the 2013 Art Poster Contest, created by **Tracy Brosnan, Esq.** of **Mandel, Katz & Brosnan, LLP** to engage students in raising awareness of violence against women and girls. We thank Tracy and MKB for their continued support of this project.



PICTURED ABOVE: JULIKA VON STACKELBERG WITH LISA HAYES

PICTURED BELOW –BACK ROW, LEFT GOING CLOCKWISE: JULIE GAMACHE, JULIKA VON STACKELBERG, CANDY PITTARI, JEAN ROEMER, NANCY DONOGHUE, VENESIA DEFRAK, CAROLYN FISH, EIZABETH SANTIAGO, MARIE EMHARDT, MELISSA ALMENAS, DILCIA SUAZO, JESSICA FRANJUL, MAIRE SIMMONS, KAVITA KUNTE, CLAUDETTE MORRIS, ARLENE GORDON, ANNQUETTE MACKEY



Our Services Include:

24-Hour Crisis Hotline

Emergency Shelter

Children's Services

Non-Residential Domestic
Violence Services

Sexual Trauma Services

Crime Victims Services

The Lynn Sheinkin Department
for Education & Social Change

- » STUDENT ACTIVISTS ENDING DATING ABUSE
 - » TEEN DATING VIOLENCE PREVENTION PROGRAM
-

The Mary Weingard Domestic
Violence Law Project



Advocates



Crime Victim Services



Legal Services



24-Hour Hotline



Training & Education



Children's Services



Sexual Assault Forensic
Examiner Program



Teen Dating Violence
Prevention



Emergency Shelter

Message from the Executive Director

Michael Mandel



It is my privilege to have been asked by the board to serve as Executive Director of the Center for Safety & Change commencing in 2014, our 35th anniversary year. Running an agency like the Center for Safety & Change, whose mission is to end gender-based violence and provide services for survivors of domestic violence, sexual abuse and other crimes, is a difficult task. But that difficult task would be an impossible one without the Center's incredible staff and board members, many of whom have been with us since our earliest stages. That roster includes, of course, our Executive Director for our first 34 years (now *Executive Director Emerita*), Carolyn Fish.

Carolyn Fish has been an undeniable force in Rockland County, the Women's Movement and the Battered Women's Movement since the 1970's. Her accolades, awards and accomplishments are far too numerous to catalog here and, needless to say, it is both a scary and humbling task to follow in her footsteps. The foundation Carolyn has laid for the Center, which I now endeavor to build

upon, is massive and strong; strong enough for me, as a man, to now engage other men to stand with me to end the violence we have perpetrated on women for far longer than any of us can possibly remember. This is one of my immediate goals, and it is one that I hope will engage our supporters.

Which brings me to a final note to our supporters, from those of you who are just joining us to those have been with us since our beginnings: the Center for Safety & Change would not be what it is today without you. Your donations have been and remain critical to support the myriad of services we provide to the community, and today we need those donations more than ever. But equally as important has been your commitment to our mission. Movements for change are not built in a vacuum, nor are the organizations that support them. We are constantly reminded that it took an entire community of tirelessly dedicated individuals to bring us to where we are today and it will take that same community to sustain us in the future.

Tina's Story

When Tina's boyfriend slammed the door shut to their bedroom and began sexually assaulting her, Tina was suddenly reminded of a dark chapter in her childhood where she was repeatedly raped by a family friend who was supposed to watch her while her mother was at work. Tina tried to break free from the hard grip of her boyfriend and begged him to stop. She didn't scream or fight back because her daughter was in the room next door and she didn't want to scare her.

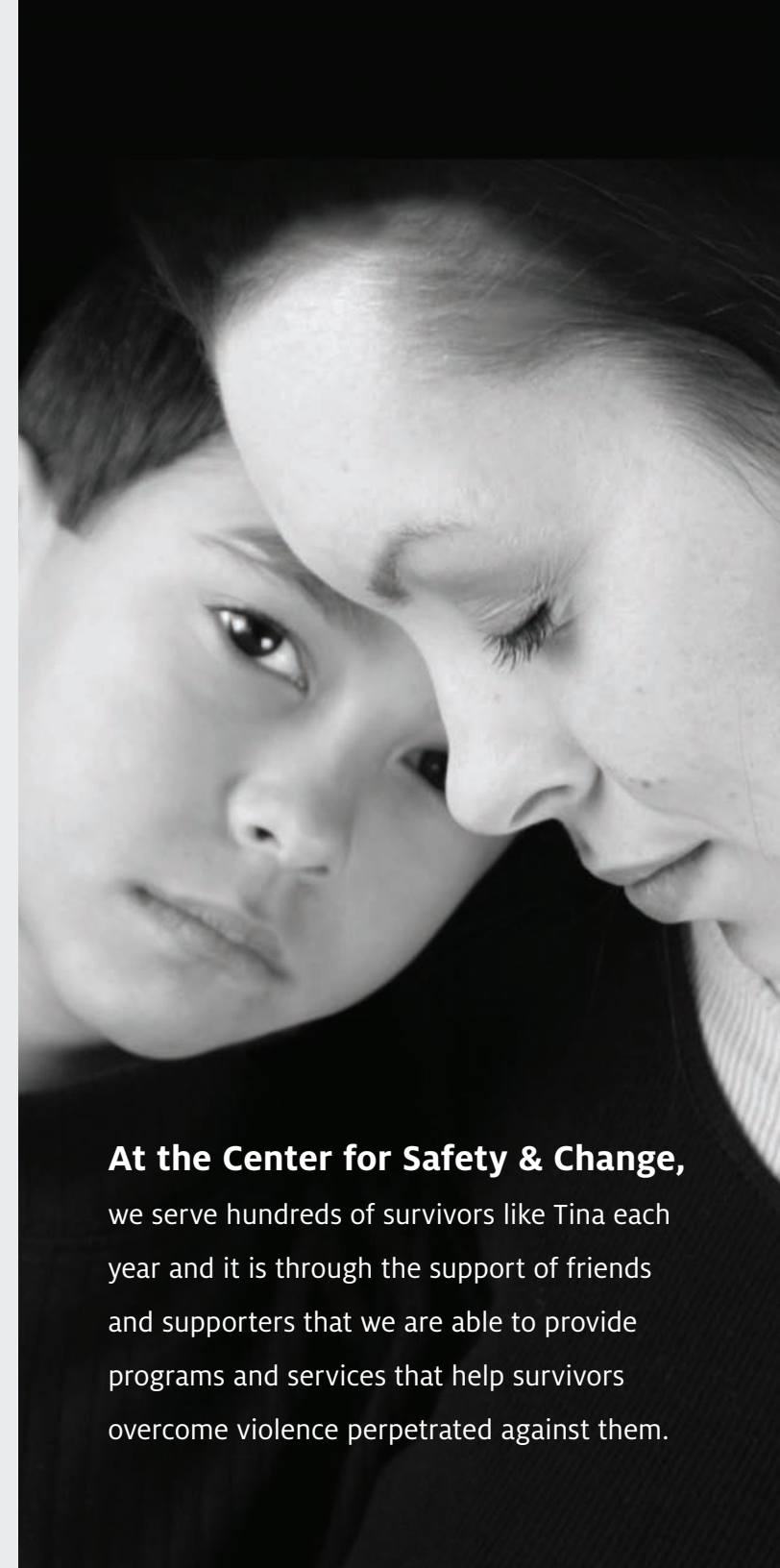
Once her boyfriend left the house, Tina broke down into tears. It felt as though someone had pulled the carpet from under her feet; the carpet of safety and trust she so carefully crafted in her efforts to overcome the trauma from the abuse in her childhood, only to be faced with the same kind of violence from someone she thought cared for her.

After the assault, Tina went to Nyack Hospital, where she was examined by Tara, the Center's Sexual Assault Forensic Examiner. She also spoke

with Jenny, a Center advocate, who helped her overcome her initial feelings of shame for having become involved with a man who had harmed her so much. She also learned from Jenny about her options and Jenny promised to assist her through any legal steps she decided to take, including accompanying her to the police and other places if necessary.

Over the next few months, Tina visited the **Center for Safety & Change** regularly, not only to be accompanied to her court appointments, but also to help her process the trauma of the boyfriend's assault with Jacqui, one of the trained sexual trauma therapists at the Center. Having her feelings validated in a safe environment also allowed Tina to open up about the abuse in her childhood.

Jacqui also encouraged Tina to attend the Center's weekly Support and Empowerment Groups, which helped her see that none of the violence she experienced was her fault and that she was not alone. Tina slowly began to see hope for herself and her daughter. Her biggest dream now is to become an advocate for women who experienced violence like her.

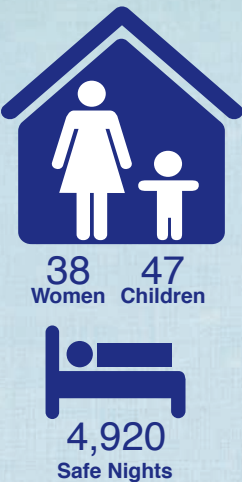


At the Center for Safety & Change, we serve hundreds of survivors like Tina each year and it is through the support of friends and supporters that we are able to provide programs and services that help survivors overcome violence perpetrated against them.

2013 IMPACT SUMMARY

Emergency Shelter

While in shelter, advocates provided more than **900** accompaniments, advocated for shelter residents more than **4,800** times and developed, reviewed and refined resident safety plans **886** times. Shelter staff also provided information and referrals almost **4,000** times and provided direct service to the shelter residents more than **22,000** times, including counseling, child care, transportation, translation and other services.



Children's Services

The Director of Children Services worked with over **150** children and their families through the Center's Children's Services Program; as well as with **73** families through the Safe Parents/Safe Kids program, a collaboration with Rockland County Child Protective Services.

Center staff also collaborated with VCS to co-facilitate a mother's support group in Spanish on a regular basis, which was attended by over **400** women.

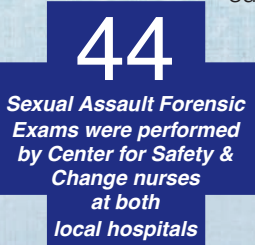
Non-Residential Domestic Violence Services

Non-residential advocates developed **2,654** safety plans for victims of domestic violence and advocated for them more than **11,000** times. Advocates also accompanied victims over **1,300** times, provided nearly **12,000** information and referrals and nearly **24,000** direct services to non-residential clients, which included counseling, child care, transportation, translation and other services.



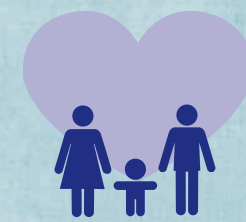
Sexual Trauma Services

Advocates in the Sexual Trauma Department worked with nearly **300** survivors of sexual assault, providing direct service well over **3,000** times, which included crisis intervention, supportive counseling and therapy. Sexual trauma advocates also provided survivors with information and referrals over **1,000** times, advocated for survivors over **700** times and provided more than **200** accompaniments.



Comprehensive Crime Victims Services

Center advocates provided victims of crimes and their families with counseling, transportation, translation and other services nearly **900** times, provided information and referrals over **300** times and advocated for victims over **400** times.



Lynn Sheinkin Department for Education & Social Change

The Center's Director of Education and Youth Educator conducted nearly **300** trainings to almost **3,000** high school and college students. **52** students participated in two SAEDA trainings. The Center also convened numerous STOP F.E.A.R. Coalition, Criminal Justice and Workplace Sub-Committee meetings to develop and implement violence prevention programs.



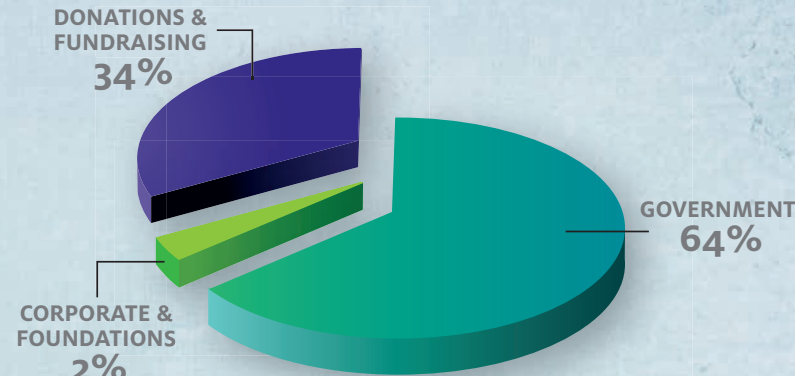
Mary Weingard Domestic Violence Law Project

The Center's staff attorneys provided more than **160** free legal consultations, represented **105** domestic violence clients in Rockland County and litigated **257** cases for custody and visitation.

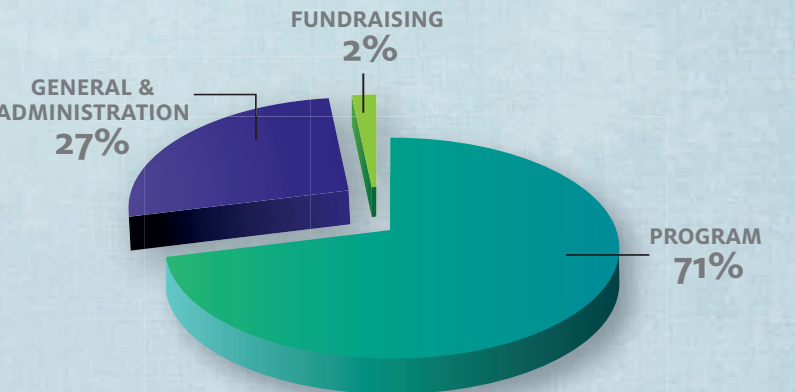


Volunteers Contributed
well over **10,000** hours of service

2013 Revenue



2013 Expenses



Revenue	
GOVERNMENT	\$1,986,417.00
CORPORATE & FOUNDATIONS	\$75,976.00
DONATIONS & FUNDRAISING	\$1,061,471.00
TOTAL	\$3,123,864.00
Expenses	
PROGRAM	\$2,122,338.00
GENERAL & ADMINISTRATION	\$808,473.00
FUNDRAISING	\$58,674.00
TOTAL	\$2,989,485.00

Thank You

Thank you also to our event sponsors and the other individuals, businesses and organization who supported the Center in 2013 through grants, donations and gifts in-kind – we couldn't have continued our life affirming services without your support.

A special thank you to each chairperson of our special fundraising events in 2013! Without their dedication and commitment to end violence against women and children, we could not have served nearly 300 survivors of domestic violence and sexual assault each month in 2013, and developed and implemented strategies to end gender-based violence.

Laura Segall & Elisabeth Voigt

CO-CHAIRS OF THE DEVELOPMENT COMMITTEE

Michael Mandel & Cindy McMurtrie

DISTINGUISHED CITIZEN AWARD DINNER

Cynthia Diamond, Diane Sussman & Roberta Zahl

DESIGNER FASHION SALE

Janet Brooks & Skye

FASHION SALE PREVIEW

Carissa Coslit, Billie Cronin & Michael Seindenfrau

WOMEN'S DISTANCE FESTIVAL 5K

John J. Manna, Jr. & Marian Rhein

HARVEST AUCTION

Michael Mandel

SIMONA AND JEROME A. CHAZEN BUSINESS AWARDS LUNCHEON

Billie Cronin & Cynthia Diamond

BARNES & NOBLE GIFT WRAP

Jill Kaliff

BETTER THINGS TO COME COOKBOOK

SPECIAL THANKS

Our special thanks and sincere sympathy go to the family of Philip Seymour Hoffman, who generously chaired our Annual Spring Appeal Campaign; we extend our sincere sympathies to Mr. Hoffman's family and our condolences for his untimely passing.



Our Year-End Appeal Chair, Susan Sarandon

Our rape crisis and direct service hotline counselors and volunteers whose dedication and enthusiasm provide tremendous support throughout the year.



The members of our Resource Council, a group of domestic violence and sexual assault survivors who meet monthly to advise the Center and actively participate in the movement to end violence against women and children. Members of the Resource Council review Center policies, educate legislators, and raise awareness and funds for the Center in our community.

The Palisades Center Mall, for continuously providing space for our SAEDA trainings.

Commissioner Sue Sherwood, District Attorney Thomas Zugibe and the Village of Spring Valley, the Town of Ramapo, the Rockland County Youth Bureau, the County of Rockland and the United Way of Rockland for their continued effort in supporting the Center for Safety & Change's programs and services.

2014

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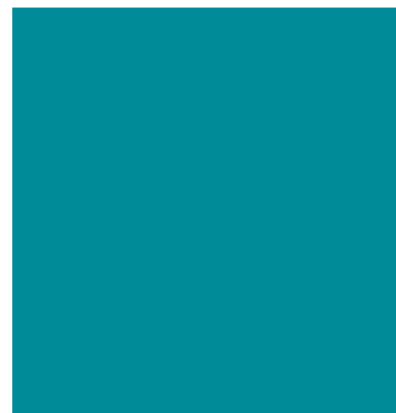
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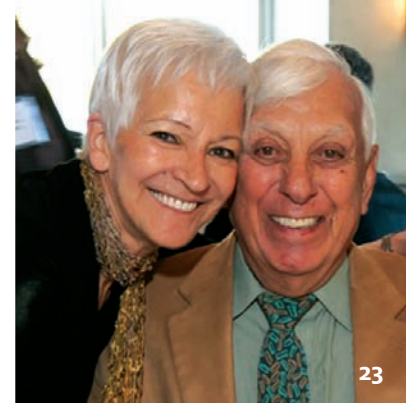
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24 JOE EHREMAN AND LIAM FRAWLEY 25 VIVIAN ENGLAND, ELIZABETH SANTIAGO, CAROLYN FISH AND KIERA POLLOCK 26 LISA OHLE AND KRY ROMAS 27 SIMONA CHAZEN, MICHAEL MANDEL, ROBERTA KAPLAN, ESQ. AND JERRY CHAZEN 28 ELIZABETH SANTIAGO AND HON. ED DAY 29 HON. KEN ZEBROWSKI 30 SAEDA STUDENTS AT THE DISTINGUISHED CITIZEN AWARD DINNER 31 PAULA ABEL

Contributions & Donations

FEDERAL

Centers for Disease Control— through the New York State Coalition Against Domestic Violence (NYSCADV)

Federal Emergency Management Agency— through the United Way of Rockland

Federal Family Violence Prevention Act Office of Violence Against Women — through the Office of Children and Family Services

Office of Violence Against Women - through the Village of Spring Valley
US Recovery Act Fund

NEW YORK STATE

Office of Victims Services

Office of Children and Family Services

Division of Criminal Justice Services

Department of Health

STATE COALITIONS

NYS Coalition Against Domestic Violence (NYSCADV)

NYS Coalition Against Sexual Assault (NYSCASA)

ROCKLAND COUNTY

Department of Probation

Department of Social Services

District Attorney's Office

The County of Rockland

The Office of Community Development
Youth Bureau

TOWNS & VILLAGES

Town of Ramapo

Village of Spring Valley Foundation
Giving

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The United Way of Rockland

FOUNDATIONS

1024 Foundation

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The Chazen Foundation

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Bob Wallace Photography

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Commonwealth Cares Fund, Inc.

D. Anthony's Hair Studio, Inc.

Drake, Loeb, Heller, Kennedy, Gogerty,
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Dress Barn, Inc.

Dusty Rose, Inc.

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Ginsburg Development Companies

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HBO

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IBM Employment Contribution

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KPMG Community Giving Campaign

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LLC

Major Energy Services

Mandel, Katz & Brosnan LLP

Maria Luisa Boutique

Medco Health Employee Giving
Campaign

Morgan Stanley Annual Appeal &
Charitable Spending Programs

Normandy Village

Olef, Inc.

Orange & Rockland Utilities

Palisades Federal Credit Union

Payserve Corporation

PDI

Pfizer United Way Campaign

Provident Bank

Rand Commercial Services

Renzo Gracie Rockland

Rockland Bakery, Inc.

Rogoff & Company, P.C.

Santi Express, Inc.

Southwire

Strawtown Jewelry

Studio 2

Torsoe Brothers Construction Corp.

Towers Watson

Truist

UBS Foundation Matching Gift Program

Verizon Foundation, c/o Cybergrants, Inc.

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Alpha Kappa Alpha Sorority

Grace's Thrift Shop

Rotary Club of Pearl River

Tappan Zee Thrift Shop

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Beth Am Temple

St. John The Divine

Congregation Sons of Israel

First Presbyterian Church

Germonds Presbyterian Church

Gracepoint Gospel Fellowship

National Council of Jewish Women

St. John's Episcopal Church

St. Paul's Evangelical Lutheran Church

St. Thomas Aquinas College

United Church of Spring Valley

NONPROFIT GIVING

Active Network, Inc.

Congers Valley Cottage Rotary

Empowering Women Thru Motion

GE United Way Campaign

Massachusetts Medical Society

Resource Council

Rockland County Women's Bar
Association

Rockland Road Runners Association

Starfleet International

State Employees Federated Appeal

The Sexy Pitches from SUNY of New
Paltz

Travelers Community Connections

United Way

United Way of Greater Nashua, Inc.

United Way of Southeastern
Pennsylvania

WellCore, Inc.

CUNY Campaign for Charitable Giving

Haverstraw Ecumenical Project

Rockland Teachers' Center Institute

The Date Safe Project, Inc.

United Way Of Bergen County

United Way of Northern New Jersey

Westchester Community Opportunity
Program, Inc.

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 - Strategies to End Gender-Based Violence
 - Crime Victims Services

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JUNE 2 – THE HUDSON HOUSE OF NYACK

» 19th Annual Designer Fashion Sale

JUNE 11 & 12 – HELEN HAYES PERFORMING ARTS STUDIO

» 26th Annual Women's Distance Festival – 5K

JULY 12 – ROCKLAND LAKE STATE PARK

» 35th Anniversary Celebration

OCTOBER 18 – CULTURAL ART THEATER, RCC

» 9th Annual Simona & Jerome Chazen Business Awards Luncheon

DECEMBER 5 – RESTAURANT X

» Barnes & Noble Gift Wrapping

MAY, JUNE & DECEMBER – PALISADES MALL

