

# **VOICE OF VIDYA**

Bangalore

February and March 2021



# **INTRODUCTION**

This academic year of VIDYA started and came to its closure in the pandemic; still no sight of the end of the mighty virus. Amidst the brief lull and the resurgence of the pandemic, VIDYA bravely found opportunities beneath the challenges and kept building hope by distributing supplies and also by embracing and sharing its love in every possible way. At this juncture, we would like to express our gratitude to all our donors, volunteers, partners, and the entire VIDYA family for being the vital cord in empowering our beneficiaries and in helping them face the world in an optimistic manner. In addition to a deep sense of satisfaction of doing our little bit to make a small change in the lives of those hit by the pandemic, we aspire for the greater good for all in the coming year. We extend our prayers to those who are in need of them and hope for the peace and safety of the entire world in the coming days.

# Events and Celebrations Webinar Trainings/Workshops/Visits Sand Community Outreach Elifeskills Achievements Online / Offline classes Projects - a glance

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# National Women's Day celebration

# @ VIDYA Bhagini and Shakti Programmes

In February we celebrated the National Women's Day, the birth anniversary of Sarojini Naidu, epitome of an ideal woman. Students explained the life of Sarojini Naidu and her role in shaping India through PPT & pictures.





# Being aware of our rights is a fundamental right

Ms. Sumithra Acharya from Bembla in her virtual presentation rolled out the issues faced by women at home, kinds of domestic violence, the means to handle it and the helplines to approach in dire distress.

# International Women's day celebration

A life is born not when it sees the light of the world, but when it realises the significance of its birth and the value of its life; also, when it "Chooses to challenge" and finds a way to live amidst odds.







International Women's Day, a day dedicated to Women, crafts the path to liberal ideas that shape the liberty of women in the widest sense, as she carves a niche for herself. VIDYA celebrated the day in the right spirit by bringing awareness to the beneficiaries on health and nutrition, the modus operandi of self-help groups and a training by Nudge Foundation on job readiness.

A breast cancer screening camp held in association with Rotary Palmville, was an eye opener and helped the participants understand the health risks that they might face. A short cultural programme with dance, song and talk on famous women was also organized.







## Tech fest

February was an exciting month with the VIDYA pan India tech fest.



It was a great learning platform as VIDYA students presented their skills in addition to learning from fellow VIDYA students from across centres. The world is in our hands or may be right in front of us on the screen, literally.

#### VIDYA Sanskriti Habba





On March 13th we celebrated the launch of VIDYA Sanskriti at the VIDYA Centre of Excellence through a Habba, in partnership with WoW kitty and Art Mantram. It was an exciting launch together with Women's Day celebration marked by the inspiring speech of Jija Hari Singh, Art introduction by Rekha Rao, lovely dance performance by the most graceful Rashmi & Jyotsna and a musical tribute by Tara Kini. A day filled with activities and interaction with the most amazing people in world of art and culture.





The classes for VIDYA Sanskriti are starting soon; we are grateful to Ms Rekha Rao. Ms Tara Kini and Ms Jyotsna for offering to conduct Painting, Vocal music and Dance classes for our students respectively. Lucky students!! Getting to learn from such renowned artists.

#### Webinar

As part of Women's day celebrations, webinar was conducted with the indomitable Kiran Bedi- `Fight the odds be the change'. She motivated our VIDYA family by advising us to draw inspiration from people around us which is the sure shot way to build positive energy and keep up our good spirits.

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https://youtu.be/5fNKkRg\_i5I

# TEACHERS TRAINING @VCoE

Two weeks of intensive training sessions on phonics, teaching techniques, traditional games, art of story telling by experts in the field were organized for VIDYA teachers.



# WORKSHOPS

#### VIDYA Vastra:

Trouser making workshop for the VIDYA Margam beneficiaries by well-known designer Nageshwar Nag from NIFT.



Workshop on making different kinds of bags





Cushion cover making workshop



Mask making workshop



Workshop for vocational students on maintenance of machines by experts from SINGER.









#### VIDYA Varna



Workshop on block printing techniques on Vegetable /grocery bags.



VIDYA Aahaar

Workshop on Chinese cuisine conducted by Usha Somasundaram.



A sweet, lip smacking experience with food entrepreneur Shalini Jain. The session also gave a sneak peak in the life of an entrepreneur, inspiring and encouraging the beneficiaries of the probability of being one in future.



VIDYA Vividha



In the Glass Painting workshop conducted by MsSaumi, students to convert bottles and sheets into beautiful



Workshop on making Glycerin, Turmeric and Neem soaps









### VISITS

# Volunteering by Colliers team

A team of 10 volunteers from Colliers visited the VIDYA Centre of Excellence. They made the students understand the plant Kingdom through games and helped them make powerpoint presentation about their learning of the day. Later everyone enjoyed a pottery workshop and lunch prepared by VIDYA Aahar alumni.





Movie on COVID Initiative– Societe Generale Paris team





Interaction with Vocational Students – Arthmantram Team





Santas of VIDYA: Christmas is gone, but the noble souls supporting VIDYA keep giving useful material for our beneficiaries.Beautiful and useful teaching resources were created and donated by our VIDYA volunteer Subashree. These `best out of waste' teaching aids will help a great deal in the teaching-learning process



Stationery required for our VIDYA Gyanarthi
programme was donated by a Benchmark volunteer along with her friend.

We also received donation of 100 masks and foam mats from a VIDYA supporter.



We are blessed to have such wonderful supporters.

# A WARENESS AND COMMUNITY OUTREACH Covid Awareness Campaign

An awareness campaign was conducted in the community and for the BBMP Pourakarmikas comprising of talk on alcohol de-addiction by Alcoholics Anonymous; this was followed by a talk by the doctor of Gottigere Government Primary Healthcare Centre on the new strain of Coronavirus and the importance of the vaccine. Essential kits with daily rations were given to 50 families and hand-stitched masks by our students were distributed to around 100 workers.



SURVEY for OBE Classes @ VCoE

VIDYA Team reached out to the communities in Bellandur area to create awareness and enroll children for the OBE programme. Children and their parents were super excited and ready to be part of the VIDYA family.



# Homage - Himalayan avalanche

The students and teachers of all VIDYA programmes observed silence for 2 minutes to pay homage and pray for the lives lost during the recent Himalayan avalanche.









#### WELLNESS

#### In Women's centres......

A comprehensive health camp was held by Ramaiah Ayurveda. All the beneficiaries were given a talk on the benefits of keeping good health and balanced diet; this was followed by a physical examination and eye & dental check up. Women were given tonics to build immunity, strength and conditioning of the body.









#### Eye Checkup @ Avalahalli Govt. school

In partnership with Sankara Eye Hospital, VIDYA organized an informative session on basic eye care for all; this was followed by an eye checkup for the students. With the average screen time having gone up due to the online classes this past year, this much-needed session was appreciated by parents as well as the school staff.



**@ Nellorepura , Vimanapura, Vibhutipura , Avalahalli & Siddapura Govt schools** As mid-day meals have come to a halt, parents from underprivileged communities find it very difficult to provide their children with a balanced diet.

Realizing the urgency and importance of nutrition in the daily meals of our school children, VIDYA launched a drive to mitigate this imbalance by providing Ragi malt, peanut candy, Boost, digestive biscuits, chocolate, honey, mixed fruit juice and chikki packs to the children.



#### LIFESKILLS

#### @ VIDYA Shakti & Bhagini





"Anger is an intelligent emotion!" Pen your anger, music quenches rage, relaxation techniques and physical exercises put anger at bay..On this note MS. Rachana Muralidharan from `Empower' lead her life skills session on "Aggression and Anger Management" taking the students on a tour of triggers and causes, management and minimizing the harmful effects, effective expression and coping strategies of anger.

Another session was conducted on 5 ways to stop over thinking. Students were also motivated to become self-aware, accept imperfections, work on self-improvement and be grateful for all they have.





A session on `Why Life skills are Important and how it can improve our daily lives' was held by the volunteers of Worley

@Avalahalli and Siddapura Govt school

The students attended online life skills the values of "Honesty" session on PWCconducted bν Volunteers. Bν wholeheartedly, participating they understood the importance of inculcating such values in everyday life.







Digital Literacy session





Sumita – Our

Chocolate girl with a

#### **ACHIEVEMENTS**

It is indeed a great moment of pride to be witness to the accomplishments of our beneficiaries - blooming, growing and establishing themselves on their chosen front.

Yes, this "diamond from the dust" happens to be our own Sumita, an alumini from VIDYA Shakti. Her being a supervisor at a private educational institution to make both ends meet is no hinderance to her pursuing her dreams. Sumita's undying passion and commitment to her desire of becoming an entrepreneur is slowly seeing the light of its dawn. Thanks to her collaboration with her associate, she redesigned used clothes and presented them at the glitzy ramp of Lahe Lahe. For those with a sweet tooth, Sumita has her array of home made chocolates made to order. It is these little spells of successes that lead to bigger victories.

#### **NIOS Results**

Pride in pursuing their basic education... 5 Students from our NIOS programme completed their board exams with flying colours





#### Singer Diploma

Entrepreneurs on the go... 12 Students from VIDYA Vastra successfully completed their Singer exams in march.

VIDYA Scholarship Programme – Our students studying in Loyola Degree College participated in the college annual sports day and bagged various prizes under different categories. Shivaji, the Kabbadi champion was felicitated this on day. Sangeetha, final vear a student bagged the overall championship for the third consecutive year.



#### **ONLINE / OFFLINE CLASSES**

#### Gyanarthi Programme @ VIDYA Centre of Excellence



WoW! Back to learning, bus ride and so much more during Summer camp at the centre. Funfilled sessions loaded with learning.



#### VIDYA Beyond School Programme in govt schools.



The Vidyagama classes are conducted assessment smoothly; are given tests continuously and it gives immense satisfaction to witness the improvement that the children are slowly showing.



Art and craft classes were given extra emphasis to help children with some safe and calming activities. The students were thrilled to do something different from their routine, also getting an outlet for self-expression and creativity.









The students attended online session conducted by volunteers of PWCon `Common errors made while speaking in English' and enjoyed activities like ice breaker and quiz which were for conducted better а comprehension and reinforcement of the topic.



## VIDYA Shakti In different communities

The classes are conducted in the centres as per the syllabus. Role play, Mime, and other activities are incorporated to keep the students interested.





#### VIDYA Vastra, Varna, Vividha



Teaching is going on at the centres as per curriculum and by fulfilling small orders for masks, bags etc, the on the job entrepreneurship training for students is also in progress.





#### VIDYA SCHOLARSHIP

The months of February and March for the students of the VIDYA scholarship programme were busy with preparation for internal and preparatory examinations. The professional college students Ramkumar and Devraj successfully completed their CNC internship through KGTTI (Karnataka German Technical Training Institute )

VIDYA online mentoring sessions are going on well for the benefit of the students. Reeta , a VIDYA alumnus is regularly mentoring the UG students in financial accounting

The emotional wellbeing of the students is being addressed on a regular basis by sessions on knowing themselves, cracking exam stress, time management and career counseling.

The women in leadership (WIL) programme of SG GSC wherein volunteer employees of SG GSC mentor students on job readiness, has proved to be very beneficial for our scholarship students.



Sudeep	R	Amisha	Rathna
Ruchitha	Bharath	Baby	Swathi R
Tharika	Pavithra	prathyusha	Manoj





- VIDYA Beyond School Programme in 10 Government Schools
- VIDYA Scholarship Programme for boys and girls, to pursue higher education
- VIDYA Shakti Livelihood programme for women in the community
- VIDYA Centre of Excellence @ Dunmore House.
- VIDYA Margam an initiative for the alumni of VIDYA to showcase their work and earn while they learn.
- VIDYA Bhagini Women Empowerment Programme @ VIDYA Mali Foundation & VIDYA South Bangalore

# <u>Academic:</u>

- VIDYA Communicative English- Basic, Advance & NIIT certified SEPD
- VIDYA Computer Literacy- Basic, Advance, Web design, Tally, Java
- VIDYA Gyanarthi Programme for OBE & NIOS I to XII
- VIDYA GyanVardhan Programme for I to X

# <u>Vocational:</u>

- VIDYA Vastra- Singer Diploma in Tailoring
- VIDYA Varna- Madura Coats certified Embroidery and Block printing course
- VIDYA Vividha- Product making in Art and Craft

Thanks to our partners & supporters Mali foundation, Semikron, Colliers, Societe Generale, PWC, State street, Broadcom, LSI, Nutanix, NetSkope, SubZero, INTFCStone, Worley, Total Yoga, Phoenix Market city, Law NK, Mudita Foundation, Bembala, WOW, Beet Force, Benchmark, Kinder dance, Stemlabs, Artmantram, Aarkay signs, FICCI Flow, Kondrai Foundation, Global Shapers, and all the noble hearts that have worked for the cause and are making a big and bigger impact in the lives of our beneficiaries in their most unique ways.

# "I can't change the direction of the wind, but I can always adjust my sails to reach my destination"

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