



Peace & Empowerment for Marginalized Communities

After the violence targeting minorities in 2002, Utthan has emphasised the importance of conflict transformation and prevention across all marginalised communities.

Transformation is proven to be the result of consistent education, information and integration.

Primarily Utthan achieves this through establishing and supporting Women's Federations and Youth Groups to member over 15,000 women and 3,000 youths across Gujarat.

These grassroots organisations are responsible for:

- Reaching some 800,000 people through awareness campaigns on different Acts, Government Programs and social issues such as Livelihoods, Hygiene, Water & Sanitation, justice for victims of violence, and Rights to Education.
- Promoting Secular education across 40 schools and 5 colleges.
- Hosting leadership training events for 1,000 women and men across 4 districts.

Who we work with...

- Women
- Youth (18 - 40 years)
- Marginalized communities
- Panchayats
- Schools & Colleges
- Legal Authorities
- Civil Society
- Judiciary Bodies

Get Involved.



Purchase *Utthan Rising*, the complete history of Utthan's work in Gujarat, on Flipkart.com.



Consult with Utthan's trained experts on a variety of livelihood and rights issues for your next project or study.



Make a donation. Utthan is a registered Public Trust. All donations are tax deductible.



Work or volunteer. Utthan is always looking for talented individuals with a passion for inclusive development.

For information on how you can get involved, contact utthan.ahmedabad@gmail.com

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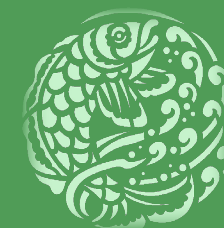
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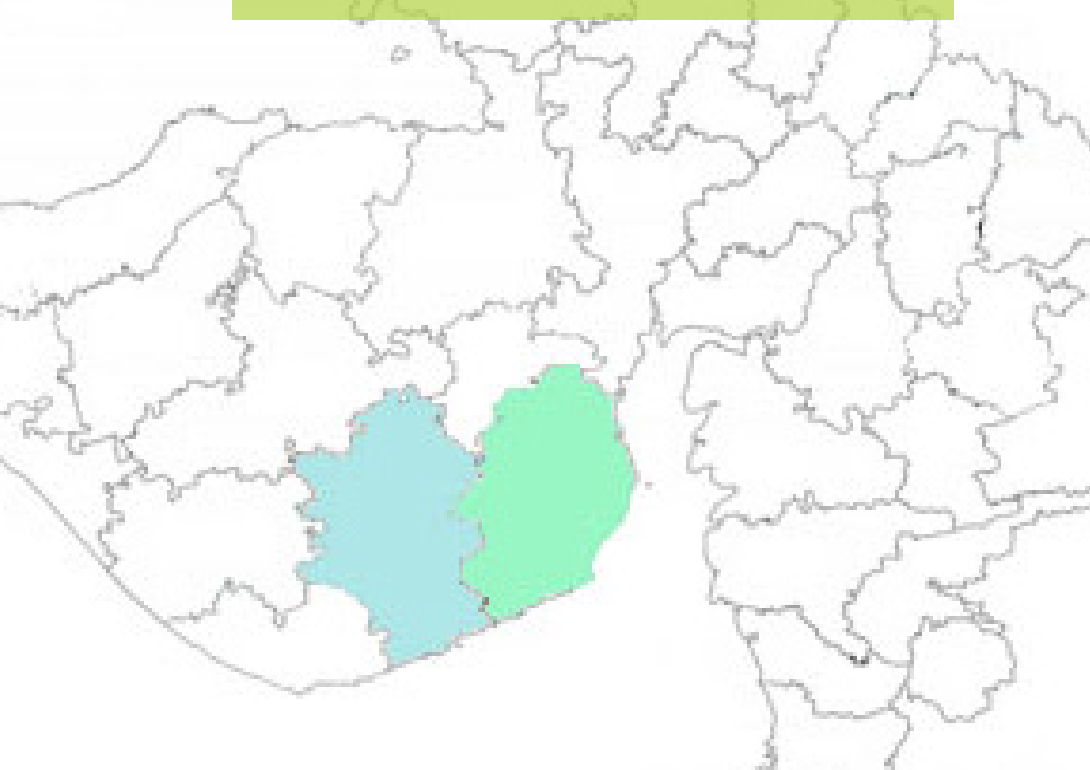
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**Coastal Area
Development Programme**
An initiative by Utthan

Utthan's work in the coastal areas of Gujarat began in **1996** in Bhavnagar and Amreli district. Today, Utthan's initiatives reach some **500,000 women, men and children.**

Water contamination and salinity, economic disolusionment and resource scarcity due to commercial fishing have marginalised coastal communities in Gujarat. A lack of prosperity and oppertunity has led to building tension and conflict within communities.



Biodiversity & Livelihood Security

The livelihoods of coastal communities in Gujarat have suffered tremendously with the influx of commercial fishing and shipping.

Utthan invested in sustainable livelihood research, applicable to the coastal communities. The result is the highly successful lobster and crab fattening programme, leading to:

- An average of 53% increase to annual household income (around Rs. 26,000).
- Economic empowerment of local women take responsibility for the management and maintenance of lobster and crab pits and agriculture.
- A nutritious diet of essential proteins, leading to improved



Access to Safe Water, Sanitation & Hygiene

Working alongside PLC Watson (People's learning centre of Water and Sanitation), Utthan has developed a long history of building both the awareness of, and the capabilities for clean water and sanitation, from the perspective of dignity and saftey..

- 6 Watsan Area Resource Groups **mobilising Rs. 10 crores over the last 3 years for safe water sanitation facilities.**
- Building resources to provide over 300,000 people with sustainable and equitable access to safe water.
- More than 300 families adopting eco sanitation toilets.
- Installations of toilets catering to people with disabilities and handicaps.
- Awareness & information campaigns on menstrual hygiene supported by the latest research from the World Health Organisation.



Gender Equality & Women's Empowerment

With Gender Inequality as big an issue as ever, and at the forefront of both the national and international stage, Utthan remains consistent with a fantastic 34 year track record of successful female empowerment programmes, including:

- Establishing Gender Resource Centers (GRC's), Women's Federations and Women led sangathans in **over 400 villages.**
- **Support to over 13,000 women** including victims of domestic violence and land dispute, including legal counsel and information on rights and avenues through trained paralegal teams.
- Building the capacity of women and youths to access constitutional entitlements, including food security, land, education, economic empowerment and health.



A variety of lobster farming methods allow coastal communities to adopt the practices that most effectively suit their environment, resulting in greater yields per household.