Annual Report of Mahelerecen 2013 – 14
Annual Report From April 1, 2013 up to March 31, 2014

Submission Letter
We are holding this present opportunity to submit Madurai Health and Leprosy Relief Centre's annual report from April 1, 2013 to March 31, 2014. Our administration has the pleasure to share all the activities information done during the period mentioned up. We are hoping that this report will meet your favorable expectation. Many thanks for your good cooperation and your appreciable support for the poorest people around Madurai district Tamil Nadu.

Dr S Maria Xavier Turtius
Executive Secretary

Medical Consultant Speech
Halo all,

The day I begun my journey with MAHELERECEN (Madurai Health and Leprosy Relief Centre), I met leprosy people across the rural and remote location of Madurai.

The experience to start, right from thinking attitude of people here, to their lifestyle and their greetings. We saw cases scattered in high altitude areas but all in different villages which required us to travel different durations to reach them. The sessions were weekly conducted and we selected certain bunch of locations to be covered for the day.

The response from them was warm greeting, collecting all people nearby in one venue to get their follow up check up and get their monthly drugs. With their participation has always been a appreciation for me and centre to keep on working for their welfare.

It can be improved with more screening and conducting more awareness programs in the way understands it much better. The people here are busy with their occupational functions like farming or their earning which is sufficient only for their basic needs where unfortunately health is not a priority.

To vanish the disease from within we need to enlighten them with knowledge of the disease, their regular active participation need as well as little efforts by you all.

Thank you,

Dr Dhawalraj,
Medical Officer.
Email: dhawalrajp@iuhs.edu
**History**

Madurai Health and Leprosy Relief Centre (MAHELERESEN) is a Non-Governmental and Non-Profitable Registered Organization doing voluntary health promotion and preventive services of General Health Education, Leprosy Awareness classes, Case detection, Treatment and Rehabilitation services for leprosy disabled among the deserving slum & rural population of Madurai District since 1991.

From 1991, we organized health education and leprosy awareness classes conducted in every school going children with our flip chart and slide shows. For this education we got permission from the chief education officer, District education office. During this period we detected new (fresh) leprosy cases among the school children.

Every month we conduct a leprosy clinic at the Grace Kennet hospital till 1995, after 1996, we have opened a small Dispensary (Mahelerecen clinic) with lab facility. Every month we conduct leprosy mobile clinic at in and Madurai districts and Dindigul District, Tamil Nadu, India. We are detecting new, fresh cases of leprosy through the skin check up from the school children. We identify leprosy patches among the students and they were treated with MDT treatment.

In the meantime we started leprosy rehabilitation activities for our deformity patients since 1999. So far we have supported the member of deformity patients is benefited persons is 56.

**Activities planned**

1. Health education
2. Case detection
3. Free treatment
4. Rehabilitation
Activities Realized

Health education
Leprosy awareness and Health awareness programs conducted to all schools in our project area and assembled groups is self help group and village people.

Case holding
Case detection is in two different ways we are doing, the first one is School skin checkup and second one is survey. Last year we are detecting 62 leprosies patients through this activity.

Treatment
Last year 2013-14 we have given medical support in and around 13 villages in Madurai district. Monthly our Medical team members with Dr Dhawalraj is going to this villages and meet the patients and doing monthly checkup and treat this patients. Through this activities not only leprosy and also their general health also cared by our Free medical service.

By the Socio Economic Rehabilitation (SER) activities 8 beneficiaries got the financial support form our centre. Last year around Rs 72,000 is sanctioned for this Rehabilitation activity. Through this activity beneficiaries got the income generating activities like petty shop, flower business, purchase of cow and sheep through Milk business.

Through the above activities we also to extend to our activities in Mother and child care, education, disabilities ect in coming years.

Madurai Health and Leprosy Relief Centre’s activities visibilities

1. Health Education programs:-
Health education program conducted to the school students to aware of the disease through lecture, slide shows and also through DVD player. To understand the diseases and to motivate participants in the educational institutions.

1(a) Audio Visual Health education
With the help of leprosy DVDs from The Leprosy Mission (TLM) our organization conducted the health education programs to the educational institutions.

1(b) TME Programme

The Machi Education (TME) is an UK based non profitable educational organization. They are educating the health problems through DVDs in different topics. They know about our activities and to donate us the Educational DVD’s and portable DVD player. Mr Clive - coordinator of TME, donated us this DVDs during their Madurai visit in the month of September 2012. From September 2012 onwards we are introducing our health education activities through the Audio Visual system to the School students and public.

In the Month of April 2013, to know our service the edubyte from Australia gave us the educational DVD software for school education. Our team members using this software.

1(c) Leprosy awareness in NSS camps:

Yearly NSS (National Service Scheme) program our MAHELERECEN got the invitation from the schools and colleges. And our team members also going and also participating this programs.
2. Skin check up and Case Detection

Every year we are doing skin check for the school students. these activity prevent the occurrence of deformity. Skin check-up to detect new cases from the school population. Students are getting care in early ages.

No of fresh cases detected among the school children = 21

During the period of childhood most of the students have low immunity against the Leprosy disease. We detected 2 to 3 cases of leprosy among the 1000 student population, so we concentrate more to eradicate leprosy among the school students.

Table 1

<table>
<thead>
<tr>
<th>S No</th>
<th>Skin check up</th>
<th>2011-12</th>
<th>2012-13</th>
<th>After April 2013 to Dec</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>No of Schools benefited through Skin check up</td>
<td>63</td>
<td>58</td>
<td>41</td>
</tr>
<tr>
<td>2</td>
<td>No of Schools students benefited through Skin check up</td>
<td>8451</td>
<td>7423</td>
<td>8927</td>
</tr>
</tbody>
</table>
3. Free Treatment :-

**Prevention of Deformity (POD)**

We are giving every month chemotherapy treatment (MDT) to all detected cases. Every new found patient gets MDT treatment for curing the infection. This activity aims to prevent deformity through early detection and treatment.

Physiotherapy treatment is also given to our deformed patients as well as active and passive exercises, wax baths and oil massages. Ulcer patients are getting ulcer dressing treatment and we advise these patients how to keep the limbs (hands & feet) without blisters and ulcers.

![Physiotherapy treatment image]

**Free Mobile Medical Camp:**

Every Month We are conducting free mobile camps in our Area.
1) At Natraj nager village in our MAHELERECEN Clinic, Madurai.
2) At Thiruparankundram and surrounding Villages, Madurai.
3) At Koombur Block villages, Vedachanddor, Dindigul District.
Total number of cases = 476

Total number of deformed cases under our care = 103

4. Socio Economic Rehabilitation :-

Community Based Rehabilitation
We are conducting Socio-Economic Rehabilitation Program for cured and disabled (deformity) Persons to lift up their Economical status through our corpus fund Rs. 3,50,000/- . No. Of Benefited persons are 48 from 1999 to 2013 and for their self-employment work.
Table 3: Rehabilitation Beneficiaries details from the year of 2013 to 2014.

<table>
<thead>
<tr>
<th>S.No</th>
<th>Date</th>
<th>Name of the beneficiary</th>
<th>Purpose of loan</th>
<th>Loan Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>10.7.2013</td>
<td>Miss. Muthupillai, Karadi patti village, keelakuilkudi, Madurai</td>
<td>Development for petty shop.</td>
<td>Rs 6,000</td>
</tr>
<tr>
<td>2</td>
<td>10.07.2013</td>
<td>Mr. Arumugam, 1/30, erkudy P.o, Athampathu, Madurai 625 019.</td>
<td>Purchase of Jasmine flower and sale.</td>
<td>Rs 10,000</td>
</tr>
<tr>
<td>3</td>
<td>27.10.2013</td>
<td>Mr. Kamatchi Naidu, Gandhiji Colony, Ellis Nager, Madurai 625 016.</td>
<td>Development of Petty shop</td>
<td>Rs 8,000</td>
</tr>
<tr>
<td>4</td>
<td>24.11.2013</td>
<td>Mrs Karuppyi Thiruparan kundram, Madurai</td>
<td>Development of Umbrella and sale</td>
<td>Rs 8,000</td>
</tr>
<tr>
<td>5</td>
<td>31/3/2014</td>
<td>Malaiveeran S/o Karuppanan Thopplan patty Kattuveedu, E B Road back side, Kallandarai Post. Madurai</td>
<td>Purchase of Cow and milk business</td>
<td>Rs 10,000</td>
</tr>
<tr>
<td>6</td>
<td>31/3/2014</td>
<td>Mr Pitchai thevar 72, Nayakkan Patti Kallandarai Post. Madurai</td>
<td>Purchase of Cow and milk business</td>
<td>Rs 10,000</td>
</tr>
<tr>
<td>7</td>
<td>31/3/2014</td>
<td>M.Adaikan S/O Muthan Nayakkan Patti Madurai</td>
<td>Purchase of Goats &amp; Sale</td>
<td>Rs 10,000</td>
</tr>
<tr>
<td>8</td>
<td>31/3/2014</td>
<td>Vadavalli S/o Karuppanan Amanthoorpatty. Kallandarai Post. Madurai</td>
<td>Purchase of Goats &amp; Sale</td>
<td>Rs 10,000</td>
</tr>
</tbody>
</table>
Anti Leprosy Day 31 Jan 2014

Madurai Health and Leprosy Relief Centre (MAHELERECEN) is celebrates the Anti Leprosy day 2014 on 31st January, at Shri Visalakshi Mill High School, New villangudy, Madurai. School students is listening the speech of our staff Mr A.Vincent. End of the function the questions asked by the students and clarify their doubts. some students show their doubtable patches.
Work shop participated / Conference attended:-

<table>
<thead>
<tr>
<th>Date &amp; Year</th>
<th>Conference / Workshop/Exhibition</th>
<th>Location</th>
<th>National/International/state/ Regional level</th>
</tr>
</thead>
<tbody>
<tr>
<td>August 20, 2013</td>
<td>Joy of Giving Week - workshop by Give India</td>
<td>ASHA NIVAS, Chennai</td>
<td>Regional level</td>
</tr>
<tr>
<td>November 29, 2013</td>
<td>FCRA Outreach Seminar, organized By Ministry of Home affairs, Govt of India</td>
<td>Park View Hotel Chennai</td>
<td>Regional level</td>
</tr>
<tr>
<td>December 7, 2013</td>
<td>World Disability Day Organized by CPM</td>
<td>Mobility India</td>
<td>Workshop State level</td>
</tr>
<tr>
<td>May 15, 2014</td>
<td>Stockholders meet at TLM Hospital, Vadathorasalur.</td>
<td>Vocational Training Centre, Vadathorasalur, Villupuram District</td>
<td>Group meeting and discussion</td>
</tr>
</tbody>
</table>

Joy of Giving

Our Madurai Health and Leprosy Relief Centre is Giving the Bed sheet to 30 beneficiaries during the time of Christmas time and Mr George and his family members donating the new dress to the deformed leprosy persons.
District Leprosy Officer visit:-

District Leprosy Officer Dr Amutha and their team members met our Executive Secretary in our Office promises on 12\textsuperscript{th} December 2013.

National Urban Health Mission(NUHM) Team Visited our Org

On 2\textsuperscript{nd} December, 2013 the technical resource group members Dr. T Sundararaman (Executive Director, NHSRC), Dr. Ganapathy (Executive Director, PHRN) and Mrs Prathibha from National Urban Health Mission (NUHM) New Delhi along with Mrs Yasodha Chief Health Officer, Corporation of Madurai visited our Leprosy centre. The objective of their visit was to understand the barriers faced by urban vulnerable groups in accessing healthcare. Our patients with deformity attended the group discussion. The technical group inquired about our activities and they discussed with our patients regarding their treatment, difficulties and economic condition etc. The group discussion was held for an hour from 4 -5 pm. This programme was organized by our Executive secretary Mr S. Maria Xavier Turtius; the governing body members Mr A. Vincent and Mr. M. Raja. Mr. S. Thomas also attended this meeting.
Giving Back - NGO INDIA 2013,
BOMBAY CONVENTION & EXHIBITION CENTRE, GOREGAON (EAST),
MUMBAI, June 14-15. 2013

GuideStar India is delighted to present the second edition of "Giving Back - NGO India 2013", a not-for-profit large scale exhibition and conference designed to bring together NGOs from across India to share learning and best practices, and engage with key stakeholders including local and international corporate, foundations, government and the general public. Our Madurai Health and Leprosy Relief Centre is also participated this function and show our activities. Over 120 NGOs and corporate foundations presenting their works. The event is being held in association with Guide star India and is supported by Oxfam India, Common Purpose, Lend-A-Hand, IDOBRO, Wockhardt Foundation etc.

Bombay Leprosy Project Director Visited our Stall
Constrain

- Limited funds to cover all areas.
- Insufficient of medicine comparatively to the number of cases
- Need of car to facilitate the implementation of activities due to the distances

Perspectives

- To provide more staff with good salary
- To provide medical doctors and new staff appointment for full time
- Four-wheeler facility /Ambulance facility for Medical team village visit.
- To provide portable LCD projector for health education/awareness program in schools and education institutions
- Handy camcorder HD for project report
- To provide sufficient fund for medicaments and treatments
- Separate building for office cum dispensary
- To preserve laboratory equipment
Livelihood programme (Rehabilitation)
We have been conducting of Community Based Rehabilitation (CBR) activity programme since 1999. We have given loan for their self employment-purchase of Cows, Goats, Establishment of Tea Shop, PettyShop etc. Forty Three [43] cured and deformed Patients were benefited upto 2012.

Reconstructive surgery (RCS):
We are doing physiotherapy treatment for deformed patient. And after physiotherapy (Pre Operative) treatment we are referring them to Reconstructive surgery to the hospital.

Future plan
1. To cover more geographical area.
2. To increase the number of staff for the project work
3. To enhance our infrastructure.
4. To open a new Rehabilitation centre for all deformed / disabled persons.

Financial Strain
In the beginning we had only 100 leprosy patients and we covered only a small area. Hence our financial requirements were also limited. But now we are working for more than four hundred (400) leprosy patients and we extended our area of operation to two districts. Hence we need more funds to meet the expenditure such as staff salary, vehicle maintenance and purchase of medicines and so on.

We depend on public donation, your support will be greatly appreciated.

With your support we will be able to cover more area and more lepers.

Donation can be remitted in any branch of State Bank of India.

Bank Details:
State Bank Of India, Arasaradi Branch, Madurai -625 016. Tamil Nadu, India.
In the Name of "Madurai Health and Leprosy Relief Centre"
S.B A/C No : 10169742458
Donation exempt under 80(G)of I.T.Act.

Do Visit Us

Madurai Health and Leprosy Relief Centre
(MAHELERECEN)
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Tamil Nadu, India
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Email: humanhealthserve@rediffmail.com
Web: www.maheleracen.50webs.com

Leprosy is 100% Curable

MADURAI HEALTH AND LEPORSY RELIEF CENTRE

MAHELERECEN

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Email: humanhealthserve@rediffmail.com
www.maheleracen.50webs.com

Nearly 130, 000 new Leprosy Cases are Diagnosed every year in India.
MAHELERECEN

MADURAI HEALTH AND LEPROSY RELIEF CENTRE (MAHELERECEN) is a non-goverment organization rendering non-profitable and community based services such as health education and preventive health reforms. MAHELERECEN provides health awareness programmes and home visits.

Activities

- Case detection
- Free medical treatment
- Physiotherapy treatment
- Home visits
- Health education

Achievements

- More than 2000 cases detected in Madurai and Dindigul
- More than 30 leprosy cases detected in Malampuzha
- More than 300 patients and ULC treated for all university complaint cases

Objectives of MAHELERECEN

1. To import Health education to the people regarding communicable diseases.
2. To eradicate leprosy from and around the Madurai District.
3. To enhance the victims of leprosy economically.

Our clinic located at Vellagudi in the clinic also has diagnostic equipments such as microscopy, BP apparatus, Inclination and Physiotherapy equipment and Laboratory facilities are available in the clinic.