



*Help support the
Growing Project
at our Safe House
for girls escaping
from FGM**

Were you at your favourite supermarket today? In Britain most of us buy our food from shops and we garden largely as an enjoyable leisure activity. It's not like that in Tanzania. 74% of the population lives in the countryside and they are farmers. Almost all families grows some or all of their own food for their families and hope to sell a surplus at the local market. So farming skills are crucial even when some family members are in paid employment.



Our SAFE HOUSE and VOCATIONAL TRAINING CENTRE (VTC) for girls escaping FGM were built in 2014 in Mugumu, in Tanzania's Serengeti Region. The Safe House provides a home for up to 40 girls, but at the height of the 'Cutting season' in December 2015, we were housing 190



girls! At the VTC the girls not in school learn computer technology, and more traditional skills like tailoring. Now we are adding a third, horticulture. With careful training, girls are adding to traditional methods picked up from their parents, and learning how with more modern composting and better

strains of vegetables and fruits, plots of land can be much more productive.

** Female Genital Mutilation/Cutting*

These are lifetime skills to be passed on to family members, and when the girls marry will their families will be better fed and more prosperous.

OUR PARTNER– MARA DIOCESE

We are very pleased to be partnering Mara Diocese, the biggest development agency in Mara Region. TDT is a non-political, non-religious organisation but happy to work with faith groups on projects that will benefit the whole community, irrespective of tribe or faith. This is our sixth joint project.



GLOBAL GIVING GRANT

We are very proud to have secured from Global Giving a grant of £15,000 which will enable the purchase of a 2 acre plot of land close to the Safe House, a large rainwater-fed storage tank and specially constructed compost containers, to provide mulch and manure. The growing site will promote crops best suited to the environment (drought– resistant species) and so that local people can ‘copy’ the ideas suggested on a family sized plot. It will include vegetables, fruit, staple crops (maize, sorghum, millet, cassava, sweet potatoes), trees (quick growing for fuel, nitrogen fixing to increase soil fertility, and animal fodder varieties), fruit trees and medicinal plants.

STAFFING THE PROJECT

Our problem is that the land grant doesn’t provide for staffing. Our Project Director is Helen Carey, a graduate teacher, with 6 years’ experience of training people in food growing projects, including another project in Tanzania. We need £6,000 to pay for each 6 month stay in Tanzania, including flights, resident’s visa, work permit and very modest living expenses. Helen is used to living very frugally!



Mama Bibi has worked in fruit tree grafting and budding for seven years and is a great asset to the project.

She also is also a very experienced vegetable grower.



Nchota Motiba is one of seven children in her family. She is learning tailoring and agriculture. "My parents are farmers and sell food at markets. At the Safe House I have learnt how to make 'compost' for free using dry and green material, a small amount of cow manure and some water. This will really be useful once I get home as we will not need to buy artificial fertilisers anymore."

"I hope to combine being a tailor with selling the vegetables I grow at home to earn an income."



Our girls are proud of growing new varieties of food and learning about the health and nutrition benefits.



HOW YOU CAN HELP THE GROWING PROJECT

You can donate by going to www.mydonate.bt.com/fundraisers/growing-project or fill in and send the form below.

✂

To: Samuel Macaulay, TDT Treasurer, 317 Westmount Road, Eltham, LONDON SE9 1NR

PRINT YOUR NAME..... POST CODE.....

PRINT YOUR ADDRESS.....

TEL (IN CASE OF QUERIES)..... AMOUNT DONATED.....

☐ Please receive the attached donation for the Safe House Growing Project.
*Please tick the box on the left if you would like TDT to reclaim the tax you have paid on this and/or any future donations you may make. Tick only if you will pay enough Income Tax or Capital Gains Tax during the year(s) to cover the tax reclaimed by the Tanzania Development Trust