

Project Proposal

Sports Kits for Special Children

Submitted To

General Public

Submitted By



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Project Summary

Project Title:	Sports Kits for Special Children
Location:	544/2, Sector XX – DHA, Lahore Pakistan
Beneficiaries:	500 Special Children of Rising Sun Institute for Special Children
Objectives:	<p>Encouragement of the special children to strive for better future in the field of sports and games and to gain self-confidence including:</p> <ul style="list-style-type: none">➤ Rehabilitation➤ Grooming their sports talent➤ Improve mental skills, problem-solving and decision-making skills➤ Improve concentration, determination, control of emotions and commitment➤ Better opportunity for due participation in sports activity➤ Provision of sports kit for the whole year➤ Restoring the dignity of Persons with disability (PWDs)
Total Estimated Cost:	\$ 50,000
Submitted To:	General Public
Submitted by:	Rising Sun Education & Welfare Society
Contact Person:	Ali Farooq Manager HR and Communication Cell No: 92-322-4615773

Organizational Introduction:

Date of establishment of organization: 30th July 1995

Rising Sun School started in 1984, later named as Rising Sun Institute. Rising Sun School was registered with Department of Special Education in 1986/87. The NGO Rising Sun Education & Welfare Society was also started in 1984. It was formally registered with Department of Social Welfare, Govt. of Punjab in July 1995. Copy of registration certificate attached

Registered Under:

The Voluntary Social Welfare Agencies (Registration and Control) Ordinance, 1961

Vision:

“To make special children confident and self-reliant members of the society”

Mission:

“To provide these children with all the educational & training facilities to enhance their capabilities and rehabilitate them in the society” –

“To sensitize regular school teachers about special needs and inclusive education so that more and more special children are given education along with their peers in their own environment.”

Organizational Funding Sources

- Donor organizations – national and international
- Philanthropists/individual donations
- Private (corporate) sector
- Member’s fee and contributions
- Government – federal and/or provincial

Brief Introduction:

Rising Sun Education & Welfare Society has been working for the cause of Special Children for last three decades through its two campuses in Lahore, Pakistan. More than 600 special children are getting education; training and rehabilitation services in our fully equipped purpose built campuses

provided with a team of well trained and qualified staff. Rising Sun Institute for Special Children provides various facilities to cater for the needs of its every special student. Rising Sun Institute offers Speech Therapy, Physiotherapy, Hydro-therapy, Occupational Therapy, Sensory Integration Therapy, Educational services and even Vocational Services to ensure that each special student of Rising Sun Institute finds a better future.

Rising Sun Institute for Special Children has given a lot of stress on the physical activities of its students through indoor and outdoor sports and games. This has brought amazing results for the institute and the parents of special children in almost every national and international special games & sports event since last 20 years.

Our Organizational Goals are:

- To provides education & training to rehabilitate special children in the community.
- To provide education and rehabilitation services to maximum number of special children by specialized rehabilitation services. Extend these services to a greater number of special children through inclusive education in the normal schools near their residential areas where they study along with their normal peers.
- To provide medical and psycho-educational assessment to children with intellectual impairment, Autism and Cerebral Palsy.
- To provide basic medical, Physio & Speech therapy services to special children.
- To provide vocational training in various skills
- Job placement of trained grown up special children.
- To train staff for teaching, training and rehabilitation of special children.
- To train teachers of regular schools in inclusive education.

Future Goals:

- Sheltered Workshop for grown-ups where special people will work to earn under supervision for longer hours.
- Sheltered Home/care home
- . Respite care facilities for families of PWDs & CWDs
- Specialized Training/Certificate/Diploma Awarding Courses in B. Ed. Special Education, Speech, Physio & Occupational therapy as well as Vocational Training and Inclusive Education.

Project Background:

There are about 250 schools for special children in Punjab, Pakistan out of which only 19 special children were selected for Special Olympics, out of which 8 were from Rising Sun Institute for Special Children. In December 2013 our special children showed a remarkable performance and won 12 medals (4 Gold, 5 Bonze and 3 Silver) in Asia Pacific Special Olympic games, held at New Castle, Australia. Idea behind this is to prepare more and more athletes and special sports persons to have a bigger pool for the final selection for mega events. This requires sports kits to be given to all the students to provide them equal opportunity to start learning their favorite games. This will help us financing our next group to be sent to Special Olympics, which will be held in United State of America. Launching this project is to raise funds for our 500 special children to provide them sports kits.

Project Rationale:

Sport and physical education can improve special children's lives in many ways. Children in particular will benefit from the opportunities sport can offer. Their experiences will stay with them throughout their lives and may be passed on to future generations. Sports & games give special children chance to:

- get together and have fun, everyone can enjoy the social aspect of taking part in sports regardless to their ability or disability
- experience the sense of success and achievement as sports give them the chance to improve their personal performances, fulfill their potential, participate in and win competitions
- keep fit and healthy
- develop timing, balance and co-ordination as sports help students develop these skills, which will be useful after leaving school
- improve mental skills because sports and competitions encourage special children to develop problem-solving and decision-making skills, concentration, determination, control of emotions and commitment
- co-operate and communicate with others as a team member

Sponsoring for Sports Kit will continue providing Sports & Recreational activities to our students, which will upgrade their Athleticism and better participation in upcoming national & international sports events.

Sports kit will not only generate interest in sports activity but it will also groom their hidden talent. Students we have selected for this project are the most marginalized poor children with the lowest income family background.

Project Sustainability:

As this is a one-time project the sustainability is not of significant importance. Focus on the outcome of the project is extremely important. If we become successful to give a better and confident future to those 500 special children of Rising Sun Institute this project will achieve its objective.

Project Time-line:

Time-line				
Sr.	Activities	Time Line (3 months)		
		1	2	3
1	Sample collection and finalization	✓		
2	Tendering and opening of the tender	✓		
3	Tender awarding	✓		
4	Receiving of the tendered goods (items)		✓	

5	Packing of items for each individual		✓	
6	Sports Kits Distribution Ceremony		✓	
7	Games & Sports department will start its activities with the children			✓
8	Project Completion Report			✓

The project impact report will also be furnished after 12 months of the submission of Project Completion Report

Itemized List with Estimated Price:

Sr. No	Description of Items	Quantity per child	Total Quantity	Estimated price (\$)	Amount
1	Badminton Racket	1	300	15	4500
2	Table Tennis Racket	1	200	10	2000
3	Track Suit	1	500	30	15000
4	Joggers Shoes	1	500	30	15000
5	Wrist & Knee Grips	2	1,000	02	2000
6	Sports Kit Bag	1	500	08	4000
7	Water Bottle	1	500	05	2500
8	Towel	1	500	04	2000
9	Hair Band	1	500	02	1000
10	Socks (1pair)	1	500	02	1000
Total					\$ 50,000

* Conversion Rate: 1 US\$ = Rs.100/-

Amount in US\$: 50,000/-

Conclusion:

This project is aimed to provide sports kits to 500 special children of Rising Sun Institute for Special Children. This will not only help providing happiness and joy of sports and games to the special children but also a vital chance to show their abilities to the world. This will also help our staff to find out the most potential candidates for the coming global sports event for the special children. This will help the sports staff to provide focused training to the special children to bring them to such a confidence level where they will become able of competing in any competition, within the country or out of country. The project is directly linked with the vision & mission of Rising Sun Education & Welfare Society as this project will help Special Children to become Confident enough to become Self-Reliant.

And next time we will see more special children with more success, confidence and self-confidence.

