



Charity Help Program 2014

Goal of the Program

To improve the quality of life for orphaned children with severe and multiple developmental disorders brought up in state institutions. In the framework of the program, we help children's homes and boarding schools acquire the means of rehabilitation, medicines, special furniture, books and teaching materials; organize the necessary medical assistance in complex cases and organize interesting events for the children.



Target Group

Orphans with severe and multiple developmental disabilities — cerebral palsy, mental and physical abnormalities, complex diagnoses or Down's syndrome.

- **Orphanage #8 for mentally disabled children (Moscow) – 150 children**
- **Elat'ma Orphanage for mentally disabled children (Ryazan region) – 50 children**

We Provide

- Diagnostics, consulting physicians, life skills teachers, speech pathologists and our teachers hold special sessions
- Necessary medical and rehabilitation aid
- Wheelchairs, orthotic and other rehabilitation equipment
- Cultural and educational activities
- Playgrounds and special sensory rooms
- Educational materials, personal hygiene products, raw material for creative activities, books and other necessary items
- Exchange of progressive experience in the field of rehabilitation and psychological aid to children with special needs

Activity plan

Activity	Description	Institution
Life skill individual sessions	45 minute a day / 4 times a week	20 children from Elat'ma orphanage
Communication training in group	1 time a week / 2hours / 3-4 children in a group	20 children from Elat'ma orphanage
Dog-therapy	2 times a month / every month	50 children from Moscow orphanage
Buy additional nutrition, supply	every month	20 children from Elat'ma orphanage
Doctor's visit for diagnostic and control	every 4 month	20 children from Elat'ma orphanage
Doctor's visit for diagnostic and control	every month	150 children from Moscow orphanage
Buy furniture and equipment	According the request and needs	Moscow orphanage Elat'ma orphanage

Budget

Expenses	Cast \$	details	where the children
Doctor's visit to children (Elat'ma) - 2 doctors	1 014	2 doctors for 15 children 320km far from Moscow	Elat'ma orphanage
Doctor's visit to children (Moscow) 2 doctors	570	2 doctors for 10 children in Moscow	Moscow orphanage
Life skills sessions (5 teachers)	891	for 20 children	Elat'ma orphanage
Furniture and equipment	1 330	for 50 children	Elat'ma orphanage
Dog-therapy	500	for 50 children	Moscow orphanage
Manager of the physical training and therapy	300	for Project in Elatma	Elat'ma orphanage
Nutrition (porridge, fruit puree, cookies, juice)	300	for 20 children	Elat'ma orphanage
Teaching books and education supplies	150	for 5 groups of children	Elat'ma orphanage
TOTAL:	5 055		

Summary

We help the most disadvantaged orphans with disabilities in Russia to develop mentally and physically and improve their quality of life. It's difficult to believe that in 2014, the social system in Russia still does not believe in the ability of these children to learn nor believe they should support the development of these children, as they are useless and offer nothing to society!

Because of our programs, the most hopeless and disadvantaged children are learning to walk, talk, acquiring social skills and showing great results! We believe it is a human right for every child to learn and reach their fullest potential, contrary to stereotypes of society and caregivers in orphanages for children with disability.

What is the issue, problem, or challenge?

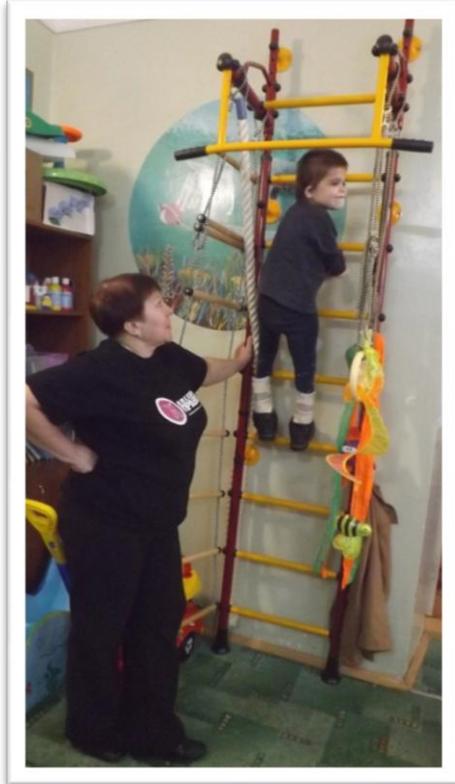
When a child is born with severe mental and physical complex diseases, the parents have no resources to care for their child and therefore, gives them up to the State. The child becomes isolated from society. He lives in an institution where outsiders are denied entrance. They live within 4 walls.



In Russia, 29,000+ orphans have a disability.

Most of these children have complex mental and physical development disorders - cerebral palsy, Down syndrome, autism, etc. Unfortunately, Social Protection provides only self-sustaining care. There are no teachers, no education, no physical and mental development. Children lie in cribs until their death.

How will this project solve this problem?



We have a rich and unique experience of habilitation and development for these children. These children who were considered as hopeless, shows us they can achieve life skill milestones and breaks the stereotypes. We organize diagnostics, consulting physicians, life skills teachers, speech pathologists and our teachers hold special sessions. Because of our Project, more and more children are leaving their cots and become free to play, socialize with other children, walk independently and learn self-help skills.

Potential Long Term Impact

After 8 years of our work in this Project, more and more children are showing great development results. In one of the groups in the orphanage that we work with, 95% of those children previously doomed to die in their cribs, now they have new opportunities and learning what an interesting world there is around them. Our experience cannot be hidden. We are currently filming a movie that shows there

are no hopeless children, just an uncaring system. We plan to bring it to the attention of all Russians to show them There is Hope. We hope that our Project will bring about social awareness and that this Program will be adopted by the institutions for all orphans with disabilities.



\$10 will provide one child with life skills and educational sessions for 1 week

\$15 will provide one child with additional nutrition (porridge, fruit puree, cookies, juice) for 1 month

\$30 will provide group of 3-4 children with teaching books and education supplies for 1 month

\$51 will provide one child with life skills and educational sessions for 1 month

\$150 will provide teaching books and education supplies for 20 children for 1 month

\$500 will provide 2 sessions with dog-therapy for 50 orphans with hard disability

\$1,000 will buy new children's furniture, chairs, tables and equipment for 50 children

\$5,055 will provide complex of sessions, diagnostics, therapy and supply for 100 children for 1 month

