

CEDN Noticias

centro para el desarrollo del niño y el adolescente

OCTOBER—DECEMBER 2014

For more information visit us:



CEDNA INSTITUTION

CEDNA is a private non-profit NGO that works for the well-being of children, adolescents and adults stemming from the low-income population of the peri-urban rural areas of the city of Cusco by promoting their sustainable and integral development with the aim to improve the quality of their lives.

In recent months, CEDNA has incorporated in its team to people who have shown their commitment and interest in the improvement and development of the institution, we are confident that working together and with optimism we will achieve our goals and we will continue working on benefit of the Cusco population.



CEDNA – Av. Luis Uzategui J-16, Urb. Amadeo Repetto, Distrito de Santiago, CUSCO – PERU – Phone.: +51-84 24 24 38

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CEDNA VOLUNTEER

We have different positions available for volunteers in the areas of nutrition, marketing, economy, psychology, health/hygiene, agriculture, office administration, communication, teaching English and practical courses such as pastry baking, cooking, crafts, technical skills, etc.

Thanks to the voluntary work of our friend Caitlin, children from the communities of Paraíso de Fátima y Satélite learned english, she was a great support in the implementation of the activities in the Health Project Miski Wawa.



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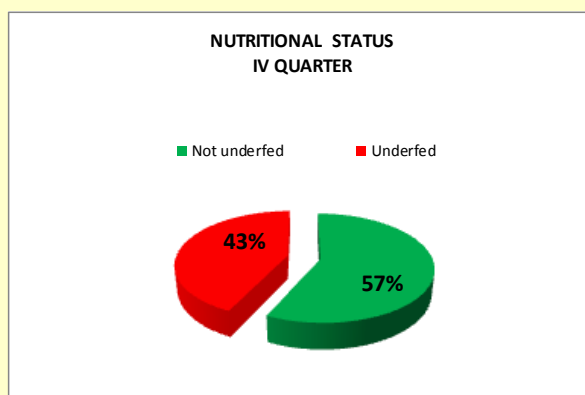
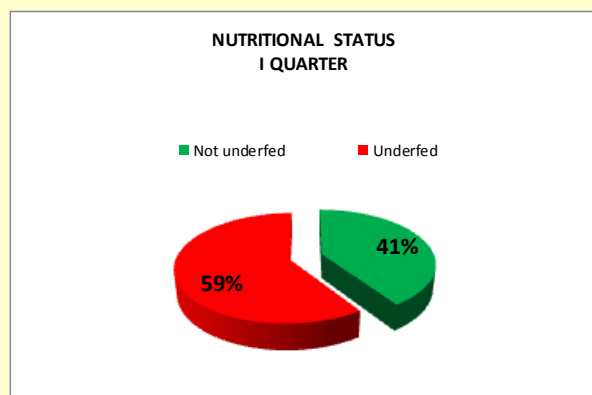
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HEALTH PROJECT MISKI WAWA IX

PROGRESS OF THE IMPROVEMENT AND RECOVERY OF THE NUTRITIONAL STATUS OF THE CHILDREN

The Miski Wawa project IX was implemented during 2014 in the communities of Paraiso de Fátima and Satélite, belonging to the district of San Sebastian, province and department of Cusco.

When the project began it was found that 59% of children were in a malnourished state (considering children at risk, chronic, acute and global malnutrition) and at the end of the project, 17% of this population have improved their nutritional status.



BUSINESS ADVICE TO MOTHERS

To achieve this results these activities have been performed:

1. Raised awareness of how to manage small business and/or encouraged the mothers to initiate a small business.

The project was reinforced with workshops of capacity building in business management or individual management, the project was monitoring and advising the mother to make a plan for the proper administration of their business. Mothers who took initiative to start their own business were prioritized.



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TRAINING WORKSHOPS AND BALANCED FOOD DEMONSTRATION SESSIONS



2. The mothers in the intervention area also received training in how to have a balanced diet, health, personal hygiene and healthy living.



INTRADOMICILIARY TRACKING IN FOOD ISSUES AND ADVICE ON HEALTHY HOMES

3. There have been performed visits to every family's home to ensure that the improved behavior that has been taught also has been implemented in the homes of each person.



INTRADOMICILIARY TRACKING IN FOOD ISSUES AND ADVICE ON HEALTHY HOMES

4. Timely consulting was given to pregnant and nursing mothers, monitoring and helping control their condition in direct coordination with the health establishment. Promoting mothers also focused on a balanced diet and the consumption of supplements - such as ferrous sulphate. This activity was carried out in order to prevent infants from the risk of malnutrition and to avoid children suffering from malnutrition.



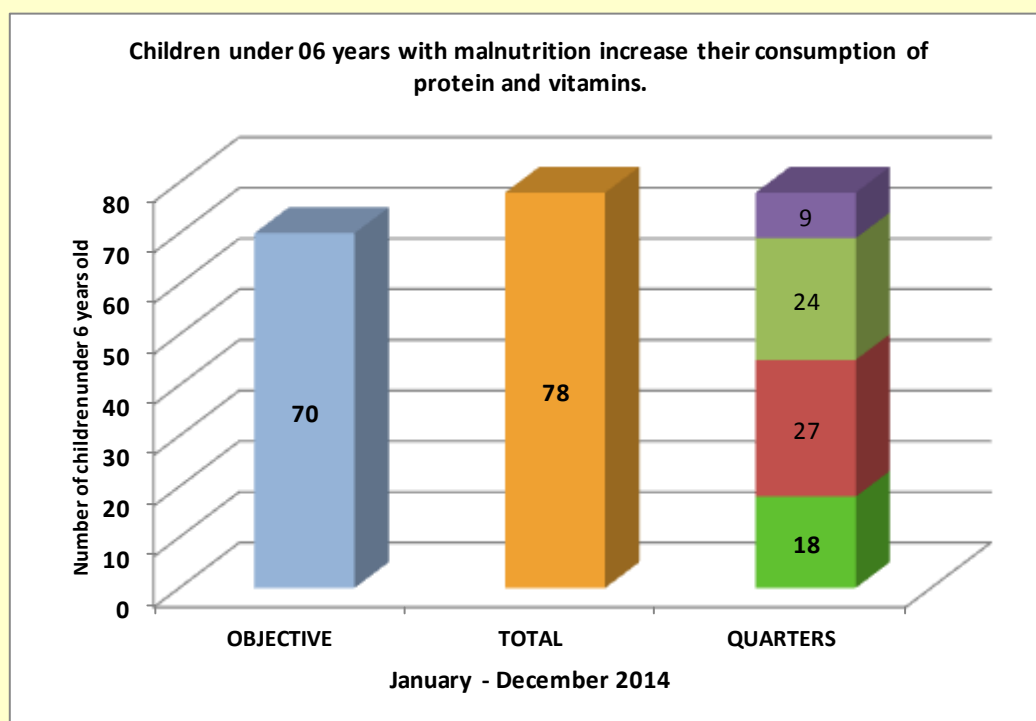
WEIGHT AND HEIGHT MEASUREMENT

5. A quarterly control of weight and height is performed to each child to survey and monitor the child's nutritional status.



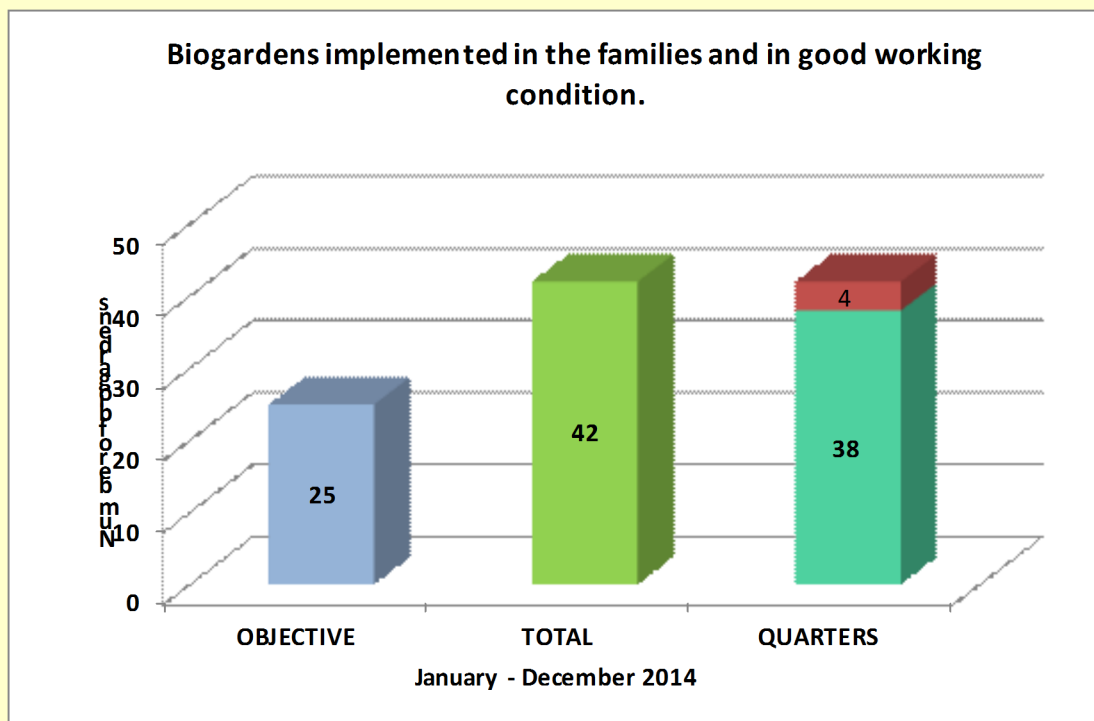
FINAL RESULTS OF THE PROJECT MISKI WAWA IX

At the start of the project, there were 78 malnourished children whose status improved after consuming protein and vitamins.



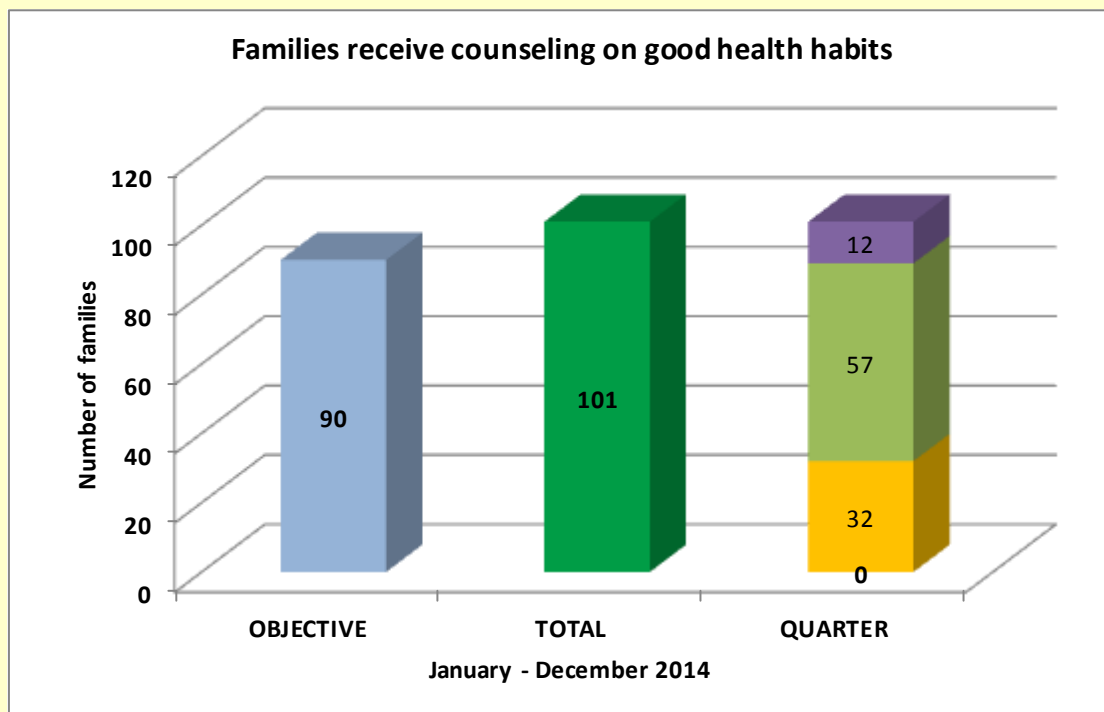
FINAL RESULTS OF THE PROJECT MISKI WAWA IX

During the execution of the project, 42 biogardens were implemented in each families.



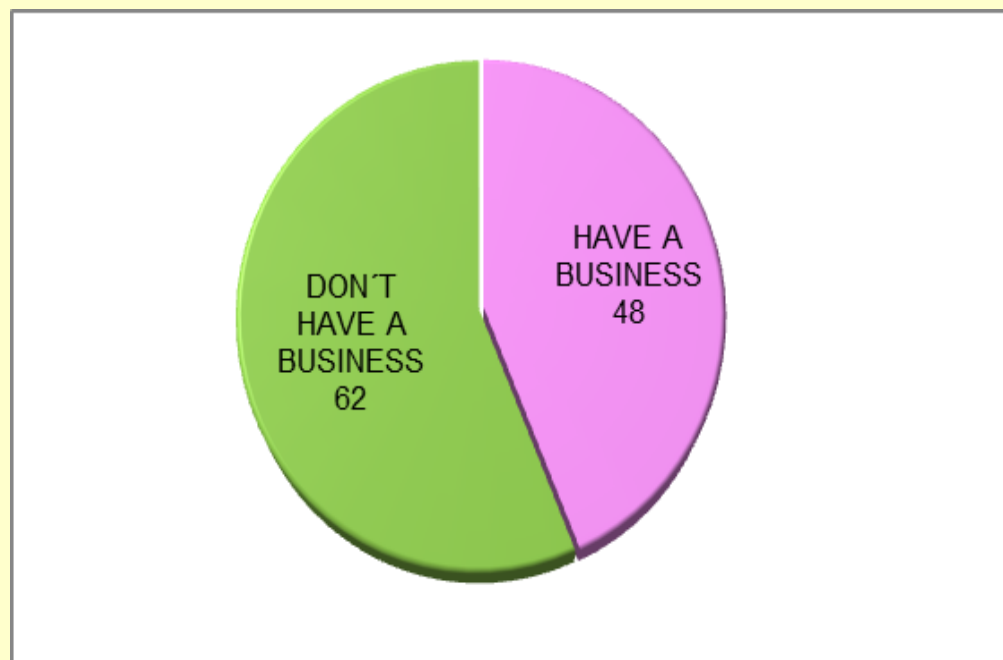
FINAL RESULTS OF THE PROJECT MISKI WAWA IX

101 families participated in the Project and received counseling in good hygiene and healthy habits.



FINAL RESULTS OF THE PROJECT MISKI WAWA IX

At the end of the project must be 21 mothers have implemented their own business.



CHRISTMAS CELEBRATION WITH THE FAMILIES OF OUR PROJECTS



In December 2014 thanks to the generous support of many people with a good heart, it was possible to provide to the poor families in the communities of Paraíso de Fátima, Satélite y Ayuda Mutua the magic of Christmas, where they enjoyed the show of a clown and around 500 children enjoyed the delicious hot chocolate and the famous biscuit of Christmas, each child received a christmas present.



With this activity, we wanted to bring a message of peace and love to each of the families and children beneficiaries of our projects.



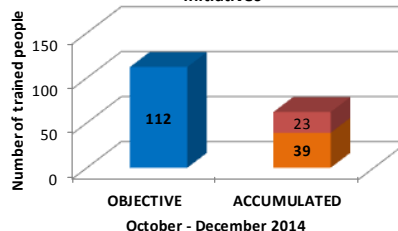
TRAINING PROJECT YACHAY

The training project Yachay until the second quarter of execution has obtained the following results:

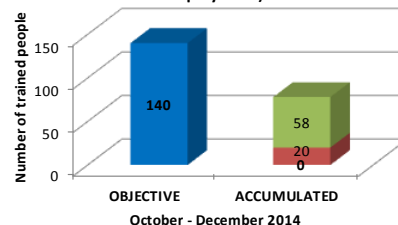
RESULT 1: YOUNG MOTHERS AND IMPROVE THEIR SKILLS AND ABILITIES FOR THE HOME AND / OR PROGRESS OF YOUR OWN BUSINESS: 62 people have been trained in courses of Peruvian cuisine and pastries, of which 44 have started their own business.

RESULT 2: YOUNG MOTHERS AND IMPROVE THEIR SKILLS AND ABILITIES TO ACCESS A DEPENDENT EMPLOYMENT: 68 young people and mothers have been trained in courses Housekeeping, Pastry, Assistant Chef, Catering and event, of which 18 students have been inserted into the labor market.

Young people and mothers trained and certified with labor and social skills with business initiatives



Young people and mothers are trained, certified and inserted into the labor market (dependent employment)



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HAPPINESS IS ALWAYS SOMETHING TO DO, SOMEONE TO LOVE AND SOMETHING TO WAIT



My name is Rosa, I had a very sad childhood and adolescence; I lived in a family where I could not dream, my father was a very aggressive person and that is why when I was 5 years decided to get away from my house, I had the opportunity to meet a family who cared for me and for the time I lived with them, I met happiness and I started to have my own dreams.

Now I have 2 wonderful children and a good husband, who fill my life with love and joy, we have our own business where we do printing services for businesses.

I love making cakes and that is why I began studying pastry in CEDNA, am learning to prepare different types of cakes and pastries, in the not too distant future will open a cafe in my neighborhood; workshops for staff development and marketing have helped me improve my self esteem and my personal presentation.

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GLOBAL GIVING

Global Giving is a website that helps NGOs like CEDNA to raise funds. If you identify yourself with us, visit us on our Global Giving page:

<http://www.globalgiving.org/projects/improve-nutrition-of-150-children-in-cusco>



Our Project are financed by:



Help us:

If you want to help us, you can make a donation to the following bank accounts:

In soles: 0011-0200-01-00075277-32 (BBVA Banco Continental)

In dollars: 0011-0200-02-00619487 (BBVA Banco Continental)

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