

CEDN Noticias

centro para el desarrollo del niño y el adolescente



Visit us on Facebook – www.facebook.com/cedna.org

MAY - JULY 2014

INSTITUTION CEDNA

CEDNA is a private non-profit association that works with children, adolescents and adults from the low-income population of the peri-urban and rural areas of Cusco, promoting integral and sustainable development, with the aim to improve their quality of life.

CEDNA COOKING CLASSES



CEDNA introduced cooking classes for tourists who are visiting the city of Cusco. The tourists participating in the cooking classes not only learn about Peruvian cooking but also help the social projects to be sustainable.

For more information: website: www.cednacooking.com and facebook: facebook.com/cednacooking





HEALTH PROJECTO MISKI WAWA

AGREEMENTS SIGNED WITH PROJECT STAKEHOLDERS

An agreement has been signed between the communities of “Satellite” and “Paraiso de Fatima” and CEDNA for working together in the execution of the health project.

Other agreement has been signed with the health center of San Sebastián in order to work together in health care issues for the benefit of the participating population of the project.





WORK WITH VOLUNTEERS

CEDNA works with national and international volunteers with the objective to realize cultural interchange and development of activities in favor of the people with low income. The month of July we had the following activities with them:

VOLUNTEERS HELPED WITH THE INSTALLATION OF WATER TANKS FOR THE HEALTH PROJECT

The community “Satélite” (beneficiaries of the health project) is situated in the urban marginal zones of the district of San Sebastián. The majority of the population is immigrant from the provinces of the region of Cusco. This community doesn’t have water service and have to walk half an hour to a well and carry the water in buckets to their homes.

Thanks to the help of the American voluntary organization JUSTIFI in coordination with the team from the health project MISKI WAWA the volunteers helped the population by installing two water tanks with a capacity of 2, 500 liters each donated by JUSTIFI. The water company of Cusco delivers safe drinking water with their water truck to the community consisting of 58 families living in this surrounding. The families pay a small amount per bucket to the person responsible in their community.



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VOLUNTEERS HELP GIVING ENGLISH TO THE CHILDREN



In the month of July American volunteers from the Spanish school EXCEL gave English classes to the children of the health project. Also they realized some recreational activities with the children.

VOLUNTEERS HELPING CEDNA WITH PROMOTION ACTIVITIES

During the month of July we had a visit from a Dutch family who helped us in various activities for our organization. They introduced the facebook page: humans of CEDNA in order to show the work of CEDNA through the eyes of the people we work with. They made our website better and more accessible to make easy changes. They gave us advice about the cooking classes and made a special webpage and facebook to promote these activities. And also they visited the mothers of Ocongate who make the shoebags for the dutch company Mi Pacha.





DEMONSTRATION SESSIONS NUTRITIOUS RECIPES HEALTH PROJECT



The mothers of the health project realized demonstration sessions in the preparation of nutritious recipes with local ingredients from de Andean region, such as: tarwi, guinea and cañihua. Also they were guided in the right combination of food, quantities, consistency, frequency according to the age of children and pregnant women. The mothers received a booklet with a wide variety of recipes to apply in their homes for their children.

DEMONSTRATION SESSION WASHING OF THE HANDS HEALTH PROJECT

Also in the health topics the participating mothers are reminded in each training workshop about every properly moment of washing the hands during their daily activities.

Also children are trained and encouraged in this topic, as it is important to prevent diseases that affect our health habit, because the germs that contaminate the hands are the major cause of diarrhea and other diseases. For us it is quite a normal activity but for many families here they are not aware of the importance of washing the hands.



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PROMOTING DENTAL HEALTH CARE OF THE CHILDREN



In May, the project promoted the dental health campaign where proper tooth brushing was performed on all children of the project. This took place in coordination with the dental health center of San Sebastián.

In this campaign also the fluoridation and review of teeth of each child took place. The parents received also training of helping their children how to brush their teeth and when.



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QUARTERLY MONITORING OF WEIGHT AND SIZE OF THE CHILDREN

In the month of June the size and weight control of 150 children took place in the health project. The initial number of 133 children was increased by 17 children with whom we will work till the end of the project.



NEW BUSINESS ADVISOR SMALL BUSINESS HEALTH PROJECT

As from June we have a new advisor small business. He is working directly with the mothers of the health project who have their own business or want to start their own business. We offer mothers the opportunity to follow the business course in the area of intervention given by the project's own business advisor to the health project. The modules include: ideas for a small business, setting up their own business and family business, sales, marketing, finance. During the course, they also get guidance from the business advisor of the project when writing a business plan and obtaining microcredit with NGOs or institutions specialized in this area. Also the business consultant does home visits for personal advice about their own small business.

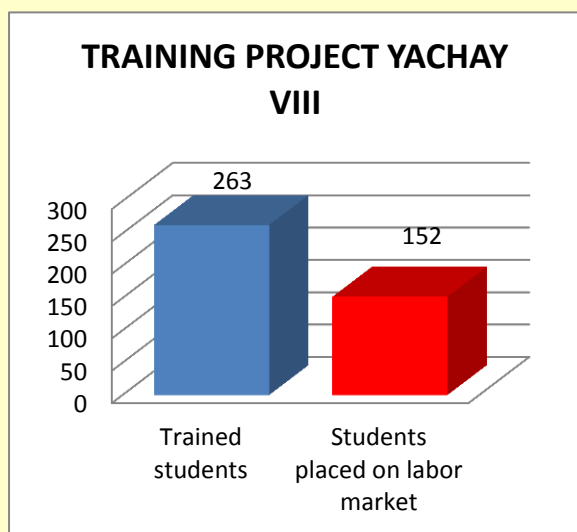




TRAINING PROJECT YACHAY

CLOSURE OF TRAINING PROJECT VIII

During the month of April the closures of the courses of the training project YACHAY VIII were performed. We finished this project with the following results:



A total of 263 students were trained of which 152 students were placed on the labor market or self-employed between the period of May 2013 till May 2014. We are satisfied of fulfilling the primary purpose of serving our community and work for the neediest of our people from Cusco.

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NEW COURSES

During the month of May we started the new project for training and job placement YACHAY IX. We already started training the first groups of the new project. In Tipon we are training the community of Choquepata about 20 km from the city of Cusco the gastronomy course based on the guiney pig. With the institution “Hogar Cristo Vive” (working with abandoned mothers and domestic violence issues), we are training there beneficiaries in cooking and baking to increase their skills and place them on the labor market.

In our own training facility we initiated the courses: Housekeeping I and II and Basic pastry with a total of 45 young low income students. The Students of these courses are participating with enthusiasm to enter the labor market in order to improve their quality of life and of their families.



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GLOBAL GIVING

Global Giving is a website which helps NGOs like CEDNA to raise funds. If you identify yourself with us, go to the web site of Global Giving at:

<http://www.globalgiving.org/projects/improve-nutrition-of-150-children-in-cusco>



The project "MiskiWawa" is supported by



Help us

If you want to help us, you can make a donation to our account in Soles at 0011-0200-01-00075277-32 (BBVA Banco Continental) or in Dollars at 0011-0200-02-00619487 (BBVA).

¡Thank you for your support!

Visit our Facebook:

www.facebook.com/cednacooking and our website: www.cednacooking.com

for more information about the cooking classes



Visit our Facebook: [Humans of Cedna](#) for more information about the people we work with

