

CEDN Noticias

centro para el desarrollo del niño y el adolescente



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March/April 2014

About our organization CEDNA

March 22 "World Water Day"

The MISKI WAWA health project of the NGO CEDNA works with the communities of Paraíso de Fátima and Satélite, where families do not have access to potable water. Many children who live in this area have diseases such as malnutrition caused by the consumption of contaminated water.

Due to the problem of contaminated water, CEDNA has initiated the campaign "Everyone has the right to safe water"

Objective:

Collecting funds with the aim to provide families with water filters and therefore to improve the quality of water and their quality of life.

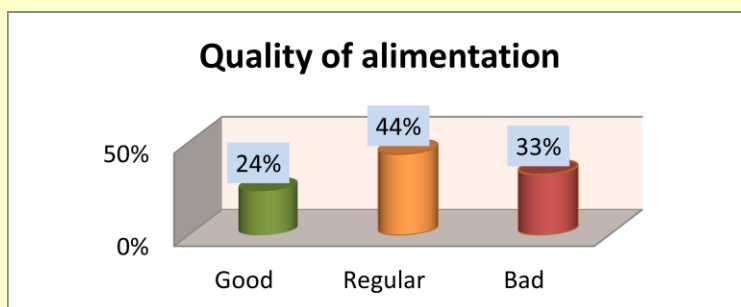


HEALTH PROJECT: MISKI WAWA IX

According to our initial study of the project, 48 (44%) of the 110 participating families from the intervention area provide their children with regular meals which include the 3 alimentation groups.

They also practice proper frequency of food consumption:

- Children 6 to 12 months: 4 times a day (3 meals and 1 additional snack).
- Children 1-5 years: 5 times a day (3 meals and 2 additional snacks).
- Mothers: 4 times a day (3 meals and 1 additional snack).



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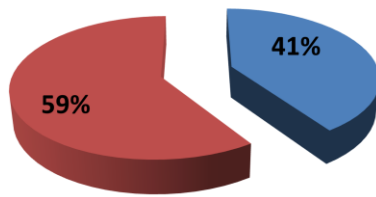
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Nutritional diagnosis

■ Not underfed ■ Underfed



January 2014

Source: Miski Wawa project - Nutritional Diagnosis, January 2014

From the 133 children evaluated at the beginning of the project 59% of them were diagnosed with a form of malnutrition.

This evaluation will be executed each quarter during the project.

Since March this year the mothers with children under 6 year participate in the workshops concerning two main components of the project: Nutrition and Business management.

Health and Nutrition:

- Classification of food.
- Balanced diet.
- Correct food combinations.
- Alimentation according to people's ages (quantity, consistency and frequency).

Business Management

- Starting a business.
- Business plans.
- What is a entrepreneur.
- Profile of the entrepreneur.



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Practical sessions on balanced alimentation



During the months of February and March, families participated in implementing their vegetable garden.

During the rainy season they planted their vegetable seeds for radishes, parsley, spinach, onions, broccoli, cabbage, carrots and lettuce.



Training project for Self Employment and Labour Insertion

During the months of February and March, the population from the rural communities of Quishuarcancha, Cusibamba, Ccorcayllu and Huayllay (about an one hour drive from Cusco, district of Ccorca) received training in basic cooking. According to the National Institution of Statistics and Information of Peru (INEI), Ccorca is considered as one of the areas with the highest poverty rate⁽¹⁾.

The basic cooking course based on “mushroom and guinea pig” had as objective to improve the preparations of the dishes according to customer’s preferences, so they could sell the meals on gastronomic fairs. With the strengthening of their skills in cooking they are able to increase their family income.



(1) (<http://www.midis.gob.pe/dgsye/documentos/ListaDistritosFONIEparaDGGU570.pdf>)

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During the months of February and March, we continued with the training courses: Housekeeping, Sales, Confectionary, Reception, Electrical installations, Catering and Event management.



After the training course, the students could start their internship in the different hotels, travel agencies and restaurants in Cusco with a possibility to have a job on the labor market. Fourteen students started their internship in Cusco.

Closure of Sewing course



In March the closure of the sewing course took place. This course had the objective of improving the sewing skills of young people and mothers.

With these special skills the students had the possibility to participate in the production process of making shoebags for the Dutch company "Mi Pacha". With this activity they could increase their incomes.

"Mi Pacha" provided sewing machines for the production.



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Interview with a student of CEDNA

Name: Miguel Asturimay Huamán

Age: 20 years

Place of Residence: Community of Ccaccacollo – Taray – Ccorao – Cusco

Student of: Housekeeping course

What do you think about CEDNA?

I think it is a good institution because they help you finding a job and support a person like me with no economical possibilities to study. Thanks to them I am now working in a hotel in Cusco. I recommend CEDNA to my friends who want to study as well and don't have the possibilities like me.



GLOBAL GIVING

Global Giving is a website which helps NGOs like CEDNA to raise funds. If you identify yourself with us, go to the web site of Global Giving at:

<http://www.globalgiving.org/projects/improve-nutrition-of-150-children-in-cusco>



Help us

If you want to help us, you can make a donation to our account in Soles at 0011-0200-01-00075277-32 (BBVA Banco Continental) or in Dollars at 0011-0200-02-00619487 (BBVA).
¡Thank you for your support!

The project "MiskiWawa" is supported with donations from:

