

Light of Life Trust Project Anando – Jalna District Report: January to March 2016

Bal Kala Mahotsav

The annual talent programme - Bal Kala Mahotsav was organized for Anando beneficiaries of Jalna District on 09th January 2016. In all six competitions were organized: rangoli making, drama, solo singing, solo dance, group dance, essay writing. 75% of the beneficiaries participated enthusiastically in the programme. The Bal Kala Mahotsav had a tremendous impact on the children, their parents and teachers.

The enthusiasm of parents seen now is far different from the earlier days when the same parents were totally against their daughters dancing on stage, working with boys together, travelling from one place to another like this, etc. This visible shift in parents thought process is a huge achievement for the LOLT Team in Jalna District.



Sphurti Programme

This programme was organized for Std X students to cope with difficulties in various subjects. Students were given guidance by expert teachers, simple methods for better understanding were shared with the students during this programme. Students were made aware about how to prepare for the exams. Students were looking very positive and confident after the programme. Simple tips were shared with the students to ensure stress free exams – to ensure they have their hall ticket, take a balanced diet, eat healthy food, perform exercise especially yoga, avoid watching TV, take a few minutes every morning to stretch and breathe deeply.



Special guidance session for SSC students:

Through this special guidance session the SSC students were inspired to face the upcoming exams with confidence. The following areas were discussed with the students through the session :

- How to get ready for the exams.
- How to solve the paper. E.g. Underlining important points.
- How to manage time during the papers.
- Clarification of students doubts.

Career Guidance Programme

In the month of March 2016 career guidance programs were organized with support of the Anando Plus team at each centre in Jalna District with the following objectives:

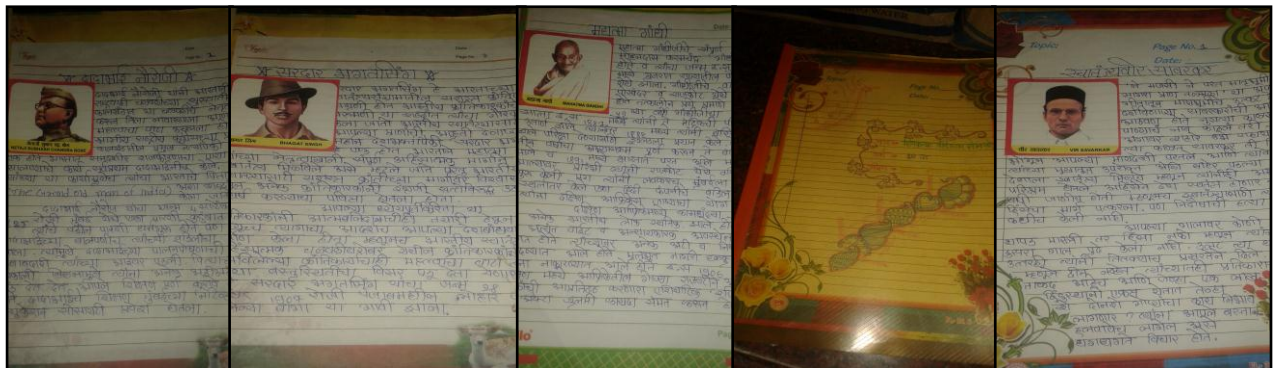
- To create an awareness about higher education and technical education in order to sustain in today's competitive era.
- To give an exposure to various available career options post Std X.
- To motivate students to choose the field which they like and have interest in.
- To share details of the benefit of scholarship to eligible students.

Weekend Empowerment Workshops

The subjects covered through the weekend workshops in this period are as under:

- Role of Indian National Heroes & Heroines and National leaders.
- When common people do uncommon things then he/she does not remain a common personality.
- Project Making
- Exam Preparation & readiness

The beneficiaries actively participated in all the small group activities, role plays and group discussions around the subject being taught. For the project making activity children selected their ideal Indian hero/heroine and created projects.



Palak Melava



Objectives:

- To give parents an opportunity to enjoy a day in their lives without tension.
- To showcase their talents
- To give the parents the responsibility to organize the event for themselves.

Parents took on the total responsibility of organizing the Palak Melawa, along with music system, Pandal and lunch for all the participating parents. This was a great achievement for Jalna District as it showcased the impact of all the efforts of the team over the last 4 years. Parents participated in all the activities with great enthusiasm and joy.

The impact of the programme was –

- Parents enjoyed the day making the LOLT team feel they have fulfilled the objective of the programme.
- Some games organized during the Melawa created a feeling of competition amongst the parents and made the winning team parents strengthen their commitment to the group.
- During the question & answer session, parents participated with full enthusiasm which at some point, made the team feel that they were conducting the activity with children.
- During the whole programme, there was a great response from the parents.
- During the feedback it was found that all the parents had really enjoyed the sessions and activities. They commented that for the first time they felt that they were still in their childhood.
- Schools teachers were surprised to see the performance of the parents.
- Most of the parents had attended the program missing out on their daily wages as they felt that they had to be present in such a programme.

Some of the activities organized during the Palak Melawa were:

- Making a home out of available resources.
- Talent Show.
- Singing folk songs.
- Musical chairs.
- Biscuit eating.