



Annual Review 2017

IMPROVING ACCESS TO HEALTHCARE IN RURAL ZAMBIA

On Call Africa assists thousands of people who would otherwise have little or no access to essential healthcare services; by working to strengthen and augment existing services.



“On Call Africa have been helpful to the community by conducting mobile clinics every month, providing screening of illnesses and treatment, and providing health education to schools and community. As a health centre representative I really appreciate the services offered by On Call Africa.”

Cecilia Mwanza
Nurse
Simango Rural Health Centre

On Call Africa in 2017



Dear Friends

We are delighted to share this annual review of the work of On Call Africa.

During 2017 nearly 2,300 people told us that their visit to an On Call Africa clinic was their first ever consultation with a doctor. 11 community health workers were supported within our training programme and 20 doctors travelled to Zambia to volunteer with us during the year. Working with our Zambia staff team they helped bring increased access to healthcare, through our key activities of treating, training and teaching.

During 2017 we have continued to work towards increasing access to healthcare in southern Zambia. Our activities have supported six key strategic objectives.

1. We have embedded CHWs trained by On Call Africa within the local accountability structures of the Rural Health Centres – to develop and test a community-led model of health.
2. We have worked District Health Officers to identify potential new villages and new CHWs – to expand and deliver our model in other areas of Zambia's Southern Province.
3. We are meeting regularly with key stakeholders in southern Zambia – to build strategic partnerships to address public health issues at the community level, and to influence issues practices and policies at other levels.
4. We have met with Provincial and District Health Officers to further assess where there is most need for our work – to increase local ownership and accountability to stakeholders.
5. We appointed Lusubilo Kapesa as our Operations Manager in Livingstone – to add new skills and staff.
6. We received grants from sixteen trusts and foundations for the purchase of medicines, training resources, and our running costs in Zambia – to grow our income streams and maintain healthy reserves.

We are immensely grateful for all the support and participation from volunteers across the UK and Zambia during the past year, and look forward to continuing to work towards improving access to healthcare in southern Zambia during 2018.

The photo on the right shows three of our very first patients from when we began work in 2011. They are still benefitting from the work of our teams. By working alongside rural health staff and CHWs we remain committed to sustaining and improving access to health care for local people like this grandmother, her daughter and granddaughter.



Thank you for your support.

Dr Kirsty Luescher, Malcolm Spence, Dr Gavin McColl, Dr Simon Tolmie, Paul Atherton
On Call Africa Board of Trustees

On Call Africa in 2017

Treating, Training, Teaching

Treating



“Thank you to On Call Africa for giving me good advice and medicine. I am feeling much better now.”

Clinic Patient

100 mobile clinics days in 9 different villages

5,637 patient diagnoses

21 volunteer doctors offered patient consultations during 2017

20 new volunteer doctors recruited for 2018

5,167 participants in health education classes

9 themes taught including malaria, alcohol awareness and sanitation

88% say they'll change how they treat wounds, burns and snake bites

2 strands of health education planned for 2018 – with women and young people

“For burns you don't put eggs on, you just run it under water for five to ten minutes.”

Health Education Participant

Teaching



Training



“I wish to thank you very much for the good trainings which we had in Livingstone. I obtained a lot of knowledge about health.”

Peter, CHW

11 Community Health Workers mentored and trained

11 CHWs received support equipment including buffalo bikes

9 in-village workplace based assessments completed by each CHW

10 new CHWs identified and nominated for future CHW training

The Value of Teaching

5,167 people came to health education sessions during 2017

During 2017 our volunteer Community Health Workers and doctors ran sessions teaching about important health issues.

Washing hands



“We now understand the important of personal hygiene...so when you cook you don’t make others ill.”

Alcohol awareness



“We learnt about the health effects of alcohol such as liver damage and brain damage and the social effects of drinking. We learnt how long it takes for units of alcohol to leave the system. It takes one unit one hour.”

Positive relationships and safe sex

“We learnt about the symptoms and treatment for STIs. Love, faithfulness, cooperation and care should all be part of a positive relationship.”

Emergency first aid



“Everyone learnt the recovery position.”

“For burns you don’t put eggs on you just run it under water for 5-10 minutes.”

“If someone is bitten by a snake they must try to stay as still as possible and get help, you do not put pumpkin leaves on it.”

Malaria Prevention



“Mosquito nets are really important.”

“It’s important to cover water.”

“Mosquitoes can bite uncovered skin.”

Nutrition

“Nshima gives energy, mangos give vitamins and milk is good.”

After the lessons 70% said they would now sleep under nets.

The Value of Training

A vital part of our strategy to bring sustainable access to health care is the work of the Community Health Workers trained by On Call Africa. Eleven women and men trained within our programme are currently living and working in nine villages in Southern Province.

Once they have successfully completed training they report to the staff at their nearest Rural Health Centre. On Call Africa continues to support them through in-village mentoring, continual assessments of their knowledge and competencies, providing essential equipment such as bicycles and first aid kits, and running residential refresher training in Livingstone.



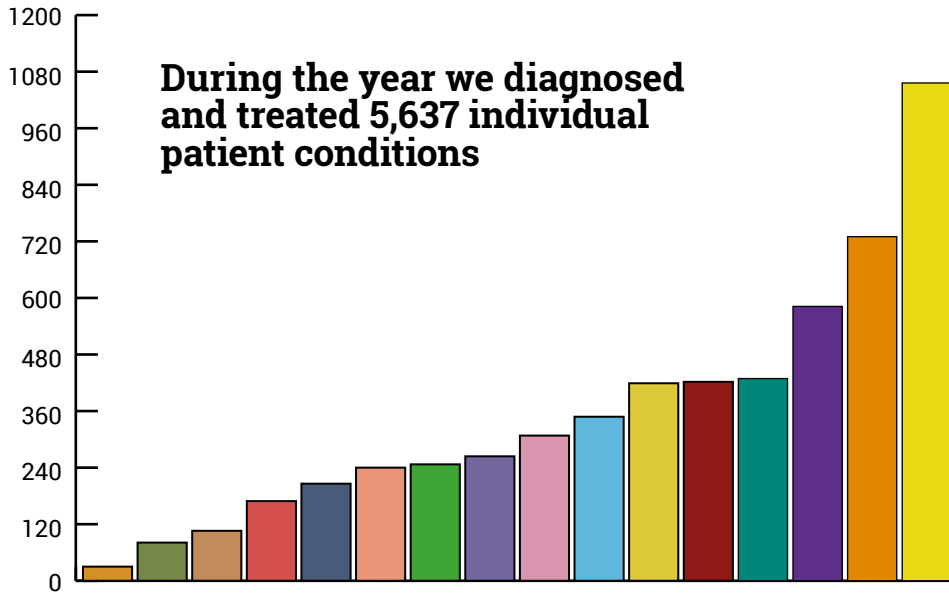
“On Call Africa has done a good positive thing in their trainings to Community Health Workers to improve quality of lives – and some good health changes in communities are developing.”

Conister Lindu, CHW

Peter (centre), one of the CHWs, works alongside a volunteer doctor during a patient consultation

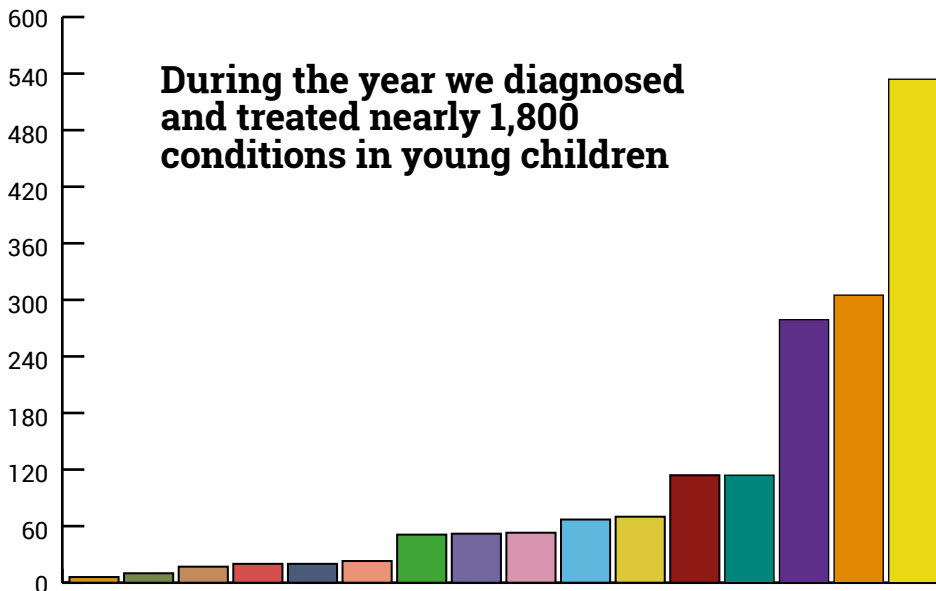


The Value of Treating



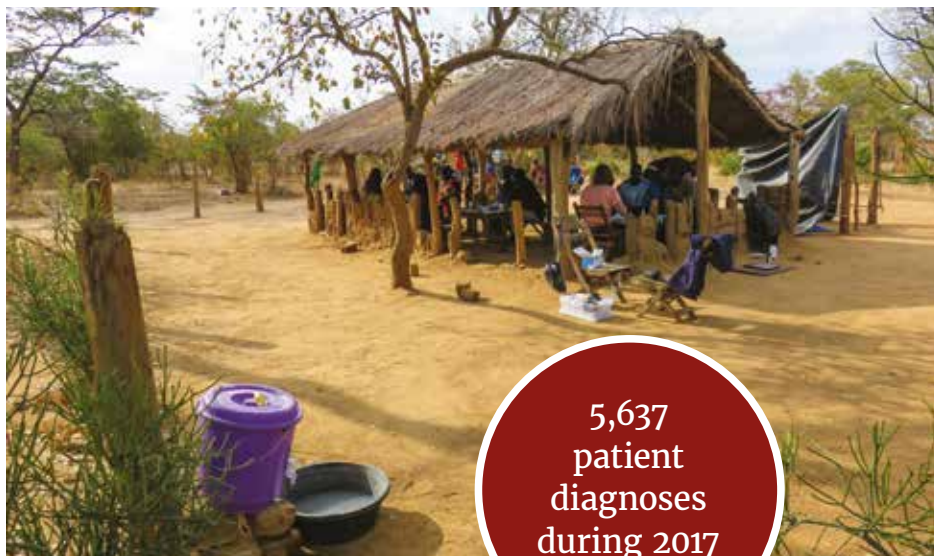
Total Diagnoses

Malaria	30
Trauma wounds	81
Dysentery	106
ENT	169
Bilharzia	206
Eye diseases	240
Pneumonia	247
Genital-urinary	264
Dental	308
Intestinal worms	348
Diarrhoea	419
Digestive	422
Other	429
Musculo-skeletal	582
Skin disease	730
Respiratory (incl asthma)	1056
Total	5637



Under 5s

Musculo-skeletal	6
Malaria	10
Genital-urinary	17
Trauma wounds	20
Dental	20
Bilharzia	23
Other	51
Eye diseases	52
Dysentery	53
Digestive	67
ENT	70
Intestinal worms	114
Pneumonia	144
Skin disease	279
Diarrhoea	305
Respiratory (incl asthma)	534
Total	1765



During the year 91% of our patients were women and children

Females 0 to 18	29%
Males 0 to 18	24%
Females Over 18	38%
Males Over 18	9%

Value for Money

2017 Financial Summary*

Income

Grants from Trusts and Foundations	£35,600
Grant from Scottish Government	£12,840
Individual Donations & Contributions	£21,714
Sale of Assets	£3,183
Total	£73,337

Expenditure

Medicines**	£11,886
Travel and Fuel	£5,228
Clinic Provisions	£3,537
Staff Salaries	£19,737
Residential Training	£4,969
Doctors' Accommodation	£8,850
Doctors' Registration Fees	£4,755
General Project Costs	£4,317
Project Equipment	£2,720
Vehicle Maintenance	£2,650
Fundraising	£4,134
Loan Repayments***	£6,000
Total	£78,783

* based on independently examined annual accounts for 2016-17

** plus £4,000 medicines carried forward from prior year

*** interest free loan for previous years project costs

Income and Expenditure 2014–2017 (end of financial year 30th June)

Financial Year (to 30th June)	Income £	Expenditure £
2013-14	22,014	22,030
2014-15	*18,705	11,739
2015-16	58,174	40,680
2016-17	73,337	78,783

* excludes donation of Toyota Landcruiser initial value £27,000



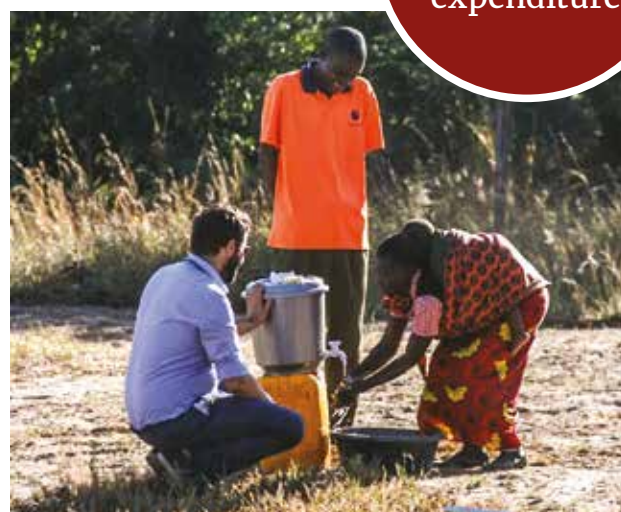
Donors

We are grateful to a number of individuals who have generously supported our work through regular donations and contributions towards running costs.

Our thanks also extend to a number of grant-making trusts and foundations who also supported our work during 2016-17 including:

- ▶ The Claremont Trust
- ▶ St James' Place Foundation
- ▶ JK Stirrup Charity Trust
- ▶ Allan and Nesta Ferguson Foundation
- ▶ G&H Roberts Community Trust
- ▶ The British Medical Association
- ▶ W F Southall Trust
- ▶ Fulmer Trust
- ▶ Gibbs Charitable Trust
- ▶ Highfield Charitable Trust
- ▶ Souter Trust
- ▶ Trefoil Trust
- ▶ Margaret McEwen Trust

95.3%
direct
charitable
expenditure



ON CALL AFRICA

TREATING, TRAINING, TEACHING



Volunteer Doctors 2017

Dr Edward Lightfoot	Dr Isla Leslie	Dr Joseph Doyle
Dr Hannah Wakefield	Dr Nathan Griffiths	Dr Sally Wright
Dr Frances Wardle	Dr Natalie Cookson	Dr Isabel Mark
Dr Tim Martin	Dr Hayley Jones	Dr Brian McCann
Dr Sara Harrop	Dr Heather Sharpe	Dr Murieann O'Regan
Dr Louise Mulligan	Dr Elizabeth Ormston	Dr Iain Farmer

Photographs used by permission. Thanks to Ed Lightfoot for the use of health education photos.

Community Health Workers

Simango Rural Health Area	Katapazi Rural Health Area	Mapatizya Rural Health Area
Conista Lindu	Kain Bubala	Adrian Paliya
Decide Ndila	Maureen Muchimba	Peter Munsaka
Eustance Simubali	Alexander Siteba	
Ronald Simbwat	Gloria Masiya	
Clement Muleya		

Staff 2017

Zambia Operations Manager
Lusubilo Kapesa

Zambia Operations Manager
Megan Greenhalgh

Zambia Project Assistant
Victor Malambo

UK Operations Director
Adrian Gosling

Trustees

Dr Kirsty Luescher (Chair) MBChB, MRCP
Malcolm Spence (Vice-Chair) MSc, MA
Dr Gavin McColl BSc, MBChB, MRCP
Dr Simon Tolmie BSc, MBChB, MRCP
Paul Atherton PhD



info@oncallafrica.org.uk
www.oncallafrica.org.uk