**Karen State DARE Network Program Evaluation Report 2019**

**Implement by DARE Network staffs and Village Coordinators**

**Take information from Village Coordinators, Headmen, Village tract headmen, local leaderships, villagers, local community base organization staff and client family.**

1. **Do you know or heard the problems in your community because of drug and alcohol? If yes, how?**

Yes, we know and see there are a lot of problems in our community because of using drug and alcohol inside or outside the villages.

* Some come back to village and create problem, violence in the family and not listen to village headmen, neighbors.
* Fighting with each other. They drink together and they are friend.
* Beating wife and challenge headmen.
* Violence with yelling around to community.
* Violence inside family and become problem for neighbors.
* Make emotional afraid for neighbor especially to elder people and children.
* Argument and shouting to each other make people feel distracted can’t sleep during nighttime.
* Most of addict’s neighbors complain they are fear because of addict behaviors.
* Family divorce.
* Hurt the family.
* Teenager from school and outside school using Yaba a lot in our community even they are in middle school student. Student drop out from school more and more because of drug and don’t want to study.
* Because of drug and alcohol abusing in our community there are criminal increase. Such as stealing, fighting, gambling, selling and some rape case happen.
* Misunderstanding happen in our community among ourselves in village. Unity and truth start to fall and become less. (When I know my neighbour is selling drug and alcohol and told him it is not good for our community and our children he feels angry and told me not your business and be careful) and he never talk to me again.
* Youth gang increase and make the community unhappy.
* Power abuse.

1. **How the drug and alcohol coming to your village? Which one is the most? Drug or Alcohol?**

Drug and alcohol coming to our village with many ways because of business, wedding, many kinds of ceremony, party, special events and traditional ceremony. And youth from the village went to work at big city when they come back, they take with them and using with other friends in the village. And businessmen come to village and contribute drug or beer and many kinds of alcohol to villagers after or during their business and ceremony. Especially logging business. Mostly is alcohol in the village because we feel alcohol selling is legal. We see some drug and seller in village but not more than outside villages and some rubber garden near the road. Some authority and their family member bring the drugs to village and ask youth to sell for them.

1. **Can you do or help anything to reduce the addiction problems in your community? If yes, how?**

* For me as a village headman I will try to control as I can work with some village old men and the people can give their suggestion to me. I know the drug and alcohol is can hurt our children and the future so I will make the rules on this and act as our leader direction.
* We are as a teacher we can educate our students and the parents about the addiction and the problems.
* As a religion leader we can try to talk our people as much as we can during the ceremony not to create problem in community.
* We already do and sharing the information about addiction and how we can prevent problem in our community to reduce the use of drug and alcohol with the problem. We also feel this is important for us and our children future.
* We encourage headmen and the security people to take more strongly action on this problem to reduce the number of drug and alcohol in community.
* I already inform all the villagers and headmen to be free in the village from addiction. We are worked together with other different Karen arm groups on this issue too.
* We are happy to cooperate with DARE Network staffs and to share addiction knowledge in our community.
* Organize the place and people for addiction prevention education activity.
* Raise the community voice and talk to leadership for action.
* We do create a network groups and try to work on these issues.

1. **Did you see or feel that DARE Network benefits for your community? And how?**

Yes, we see and feel a lot of benefit from DARE Network activities in our community.

* Good for our children for their future life not to touch or use drug and alcohol. The people already use to stop their using. They are our future leader.
* Before we here about the addiction and we think not a big problem for our village but now we see and already effect our children. When we visit DARE, we see there are the consequences of drug and alcohol. It there is no DARE who will help our children to stop addiction.
* We just know general addiction knowledge, but DARE provide full information to us and we really see the consequences of addiction.
* We are lucky because DARE can help our children when they face with addiction problems.
* Now we understand the addiction problems is not one people responsibility and only the leadership cannot take the action. We must work together.
* DARE prevention education activities are good activities for to prevent our people from addiction.
* Good and benefit for addicts and their family.
* We see the children received the information and share back to their parents about addiction.
* Some people change their behaviors after received the addiction knowledge.
* Good for addicts and good for community to prevent the future problems.
* Our people gain more knowledge about the effect of addiction.
* People more understand about the abuse of drug and alcohol.
* Some people stop their using after received the addiction knowledge.
* We are very glad that having a partner with DARE Network because in our area there is a big addiction problem but nobody to take any action.
* Now we have the place to refer our children to addiction treatment center that we didn’t have in the past.
* We thank DARE for their activities in our community and we go and see their activities in treatment center are make us feel very satisfy because they take care our children with love, patient and warm care.
* They recycle our rubbish and change to value materials for us to use. (Addicted person to Recovery person)

1. **There is any change because of DARE Network addiction prevention activities?**

Yes, there are a few changing in our community after DARE Network implement their activities in our community.

* We see villager are starting to understand about the problem of addiction and pay more attention. Before we talk to them but talk and talk, they look like they feel not a big problem.
* The heavy user are realize their physical condition and some decrease drinking and some decide to go to DARE for treatment.
* We see the village head put out the rule in village on addiction issues.
* We see some villager start to change the traditional ceremony without using alcohol.
* In my village now, the headmen make statement no beer or alcohol from outside no permission to sell. Home make alcohol also limited only for ceremony or funeral.
* People are accepted addiction problem is everybody responsibility after they heard the information from DARE.
* User are decrease their using after attendance the prevention education activity because they know very detail consequences of addiction.
* Children and youth get addiction knowledge and listen to eldest people.
* Some leadership change their behavior and come to join with prevention education activity.
* More participants in prevention education activity.
* Violence in community decrease.
* More villagers to become understand the addiction is our nation enemy and need to take response.
* Villagers understand the addiction problem and point out the headmen to stand strongly for this issue.
* Our community having a chance to hear and learn addiction education that nobody did in community.

1. **How many addicts are stop using by themselves in your community? How do you know? Why they are stop?**

32 Male and 17 Female stop their using in community. We know by our self (Village Coordinator) because we are stay in the same village. The reason they are stop using is-

Mostly when they heard the negative consequence of addiction from the DARE teams and they start to feel they should stop. Some relate to their health too. Some they see their friend’s death because of using drug and alcohol. And some got pressure from family and local leadership to stop using or divorce their wife. All the number of addicts below are mostly mild and between mind and moderate level of their addiction.

Villages where people stopped on their own

1. Kler Day Male 6, Female 4
2. Htee Gay Po Male 3, Female 2
3. Htee Th’blu Hta Male 2
4. Kyaw T’lay Hko Male 2
5. T’Ree Hpoh Kwee Male 3, Female 2
6. Meh Th’ Moo Male 5, Female 3
7. Wa Mee Klah Male 5, Female 2
8. Hpa Ka Male 1, Female 4
9. Ka Ma Hta Male 1
10. Ta Moh Male 2
11. Ta Kreh Male 1
12. Htee Pa Reh Male 1
13. **What kinds of suggestion do you want to give for DARE Network to improve and more effect to your community?**

* We want DARE Network to continue the activities in our community. And we also need to participate more closely.
* We want to spread the program everywhere in our community.
* To build another treatment centre in Ta Kreh Township like Th’ree Hpo Kwee.
* I think we need to work more and more. Need to take times because the addiction problem is, we need to solve together try with many ways.
* To work closely with all Karen authorities and find out the solution to solve the addiction problems.
* DARE program did already good. The community and the leadership need to support DARE work and the staffs. Local leadership
* We need DARE to continue their work in our community and we hope to work together.
* Continue provide the addiction knowledge to our community because when you give more they will get more.
* To share addiction information to the village that DARE not in there yet.
* Want to request DARE for short days addiction education workshop for our staffs.
* DARE need to spread their prevention education activities to another township and set up treatment center.
* If possible try to find a vocational training for clients who finished their addiction treatment.

1. **After the client complete their addiction treatment and back to community the client not to relapse can you help them? If yes, how?**

* We encourage them not to use again and visit him often. Village coordinators
* We always remind him about the consequences of using and his past behavior. Village headmen
* We talk to family and parent to encourage the client and take care the client.
* We will help him as much as we can but he need to take care himself too. Village coordinators
* When we visit, we remind him what you learn from treatment center.
* Remind him about addiction education.
* Try the best. You are the role model for other addicts and try to avoid the risk of using again. Village headmen
* We encourage him to be sober all the time in your life and be value for other people.
* We ask him to go and work with his uncle in other place. Client family
* We try for him to get the job. Client family
* Encourage client to participate in religion activities. Client family
* We ask them to stay with us for a while before going to find a job.

1. **Why do you come and work with DARE Network? (to village coordinators)**

* For me I think good to work so I work with DARE Network.
* I would like to help our people in the village to be free on addiction and want to improve their life because some villager I know they are addicted.
* I want to improve my village and want to build happy village environment.
* I want to learn addiction knowledge and can help my family and my people.
* I want to help addicts.
* I see there are problem in my village, so I want to change because someone who are drink in village and yelling to other and violence, I don’t want to see the situation in my village that why I come to DARE Network and work. I hope one day I can help my village.
* I want to help my new generation to free from drug and alcohol.
* I want to share the information about addiction and the problem to our people.
* I want to learn addiction knowledge because I don’t know anything about addiction.
* I think good to work and need to work.
* I want my community to understand the consequences of addiction and living without using drug and alcohol.
* To give hope and light to new generation to get to the goals and I trust prevention is better than cure. So, I come to participate in DARE Network.
* In our community many are low education lever, poor and don’t know about addiction. Can’t stand by themselves and when they depend on addiction. So I want to help them to know their value and stay free from using alcohol.

1. **What challenges do you face in community because of working with DARE Network?**

* Some addict said we are drinking not with your money and not your business.
* Some addict we know not come to prevention education we do in community.
* Some addict blames us because we work with DARE Network, but we understand they are not understanding what we are doing.
* Many of addicts in our community is denial to their addiction.
* Some sellers feel angry to us.
* Some village headmen are using and work closely with businessmen and not pay attention to our work.
* Transportation between our place to DARE center is far and raining season difficulty to travel when river high.
* No authorities for to take responsibility. ?
* Some arm group leadership and their family member involved in drug trafficking and warning us because they thought we try to destroy their business.

**Client follow up**

**100% of Karen State DARE Network clients abuse alcohol and approximately 80% are addicted to illegal drugs, as well.**

**2016 Clients follow up for for three years.**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Total | Recovery | Relapse | Can’t follow up | Died outside Treatment Center | Recovery % |
| 50 | 24 | 17 | 6 | 3 | 58 % |

Note: 5 Client can’t follow up or not hear any news from them. one back to stay around Meh Ta War, one attend Burmese military training, one back to Meh Tan village near borderline and going to work at Bangkok. One die with Cirrhosis, one with Hypertension and one with CA. Can’t follow up mean we do not have their current contact.

**2017 Clients follow up for two years.**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Total | Recovery | Relapse | Can’t follow up | Recovery % |
| 76 | 40 | 31 | 5 | 56 % |

Note: 3 Client can’t follow up or not hear any news from them. One back to stay around Rangoon, one back to stay near Meh Ta War village, Two back to Kyar In Seik Kyi and one back to Pago. Can’t follow up mean we do not have their current contact.

**2018 Client follow up for 1 year.**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Total | Recovery | Relapse | Can’t follow up | Died outside Treatment Center | Recovery % |
| 80 | 44 | 29 | 4 | 3 | 60 % |

Note: Two clients die with Cirrhosis and one with Hypertension. Two clients went to Malaysia and two to china border Museh. Can’t follow up mean we do not have their current contact.

**2019 Client follow up after finished addiction treatment and within 12 months**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Total | Recovery | Relapse | Can’t follow up | Recovery % |
| 85 | 70 | 15 | - | 82 % |

**Total overall recovery rate after client follow up for 2016 to 2019**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Total | Recovery | Relapse | Can’t follow up | Died outside Treatment Center | Recovery % |
| 291 | 178 | 92 | 15 | 6 | 66 % |