Deserve Better







For the first time in two generations, children in America have shorter life expectancies than their parents.

This is a public health crisis.





More than 20% of children are living in poverty, and the rates of students enrolled in free and reduced price lunch program have skyrocketed.



31.6 million children are offered meals that fail to Ren relying on food provided meet at school, where they are needs.

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Shifting school meals away from highly-processed, high-fat, sugar-laden foods and offering scratch-cooked meals will ensure all children have access to healthy foods essential for success in school and beyond.

Eating fresh, scratch-cooked school meals gives kids:

- Improved behavior and concentration in school;
- More strength and endurance to engage in physical activity;
- Lower cholesterol levels and lowered risk for heart disease, diabetes, and other diet-related health problems; and
- The nutrients, vitamins and minerals they need.







Change is happening.

Today there are more than 2,000 farm-to-school programs operating in the United States. Hundreds of schools and nonprofits are working to bring fresh, healthy choices to school food, build school gardens, teach kids cooking skills, and advocate for changes in national school food policy.

The Food Family Farming Foundation (F3) is helping kids right now by ensuring they have access to healthy food at school to grow their bodies, minds and futures. We provide tools that empower all schools, parents, and food service staff to transition away from highly-processed, unhealthy food to serving fresh, scratch-cooked meals.



"The Lunch Box has been a strong partner in our campaign to serve children real food. We utilize the Lunch Box for training materials and resources instead of trying to reinvent the wheel."

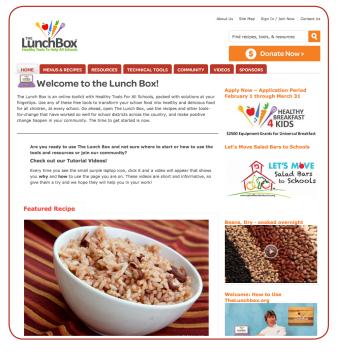
- Tim Cipriano, Executive Director of Food Services, New Haven, CT

The F3 Foundation achieves its mission through education and training; development and distribution of web-based resources and video; and hands-on change in the schools. Our programs include:

• The Lunch Box – Healthy Tools for All Schools: The Lunch Box is an online toolkit packed with solutions to transform school meals into healthy and delicious food for all children at every school. Food service professionals, school advocates and parents can access user-friendly,

kid-tested recipes, menu-planners, financial models, training and assessment tools, and educational resources. Each month, more than 14,000 visitors access the free tools and resources they need at The Lunch Box.

- Let's Move Salad Bars to Schools: F3 and our partners have increased access to healthy fruits and vegetables for more than 600,000 children by providing more than 1,200 salad bars to schools.
- Healthy Breakfast 4 Kids: Our newest initiative, Health Breakfast for Kids, is aimed at serving the third of our nation's children who are hungry. We provide equipment grants to rural schools with high low-income populations. These grants help to establish universal breakfast programs, ensuring that all children have a healthy breakfast to empower their learning in the classroom.



If you believe kids deserve better, help us change school food.



Speaking Out to Inspire Change

Chef Ann Cooper, president of Food Family Farming Foundation — also known as "The Renegade Lunch Lady" — is an untiring advocate of school food reform. Each year she speaks to hundreds of thousands of people to help raise awareness of the solutions to school food challenges and their impact on children's health. Please join Chef Ann and be a part of improving school lunch by visiting TheLunchBox.org.

The Food Family Farming Foundation Needs Your Support!

We envision a future in which every child in every school receives the nutrition they need to succeed in the classroom and beyond. We can only reach more children with your support.

Help Ensure Healthy School Food for All Kids

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"We have a pilot school in our district where we are cooking all of our breakfast and lunch entrees from scratch. 100% our lunch entrees are from your site! I have appreciated being able to scale the recipes based on the number of students we are serving, as well as having the weight and the measure of all ingredients. I very

much appreciate the breakdown of components for each recipe and the nutrition information. Your site made this project so much easier! Thank you! "

— Food Services Staffer, Normandy School District, St. Louis, MO.

