

CFYDDI Newsletter

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Website: www.cfyddi.com

Email: cfyddi@gmail.com

Number: +(256) 712-570-445
+(256) 788-422-365

Our mission: To empower Children, Youth and women on matters concerning youth socio-economic development and pro-active community participation so as to reduce poverty, hunger, diseases, illiteracy and stigma.

WELCOME!

Well, a lot has happened in the last few months! The library and office is still undergoing construction phases but is still very much open for business so please come and join us here. We have new books, posters and even are hoping electricity will be fitted in the next few weeks. We are very excited about this! We would like to thank all those people who are working hard with us to help with the con-

struction as well as all the individuals and organizations who have been and continue supporting us. We hope that you enjoy this installment of our newsletter. New visitors to the charity from abroad have

been Anita, a research medical student from Brighton in the UK and Sophie, a final year medical student from London. Read on for exciting insights into their work here over the last few weeks as well as

many other exciting happenings here at CFYDDI.



DID YOU KNOW..? That in Uganda

“Per day, an average of about 380 new infections is registered, and half of those infections are in young people between 19 to 24 years ..., especially the young girls?” the Uganda Aids Commission Director General, Dr Christine Ondoa Said!

Ongoing activities!

In this edition we will learn about:

Baggies and Women With A Purpose (WWAP)

Netball tournaments

overseen by Jennifer, Library Manager & Administrative Secretary.

Updates from the **Youth Leadership Team**.

Anita's **Research Programme** and Medical student Elective Programme.



Library users enjoy some art work at the CFYDDI library

Women With A Purpose: Baking Baggies

The women's group at CFY-DDI, headed up by Jennifer Nakagolo, is called Women With A (WWAP). They called a meeting on 25th March 2014 and sat together to think of a project which would not only bring in a small profit but also would continue to empower the group. They came up with the idea of baking confectionary and, after consulting with an expert, decided baking Baggies was the best way to go! This venture

has been very successful. Every two weeks, 8 women come together at one of the members' houses to sit together and bake Bag-

gie. The ingredients are collected beforehand: cassava flour, soya bean flour, sugar and salt and are mixed with water to make a soft dough. The dough is then passed through a sieve to make the shapes and dropped immediately into hot oil. They are then fried until they are golden brown and left to cool. After this, they are packaged into polythene bags and



One of the members sealing the baggies bags with the charcoal stove

a label added with the group's logo; the bags are sealed using a technique employing a charcoal stove. The baggies are distributed to vendors in the local area and fetch 500 USh. Jennifer, the project manager, says "Success depends on determination,

and these women are determined!' Look out for some tasty Baggies next time you are in the area!



Mama Saba frying the baggies dough in the hot oil.



Protect the Goal" HIV/AIDS Awareness Campaign

The women's group at CFY-DDI also comprise a netball team. They meet to train twice a week in the holidays and once a week during term time. The training takes place at Spire High School, to whom we are very grateful for the use of their netball court. Re-

cently, however, the WWAP netball team have had some competition! The Ndazabazadde Christian Fellowship Church (CFC) have also recently formed a netball team. On the 30th April 2015 at 5.00pm the first friendly match kicked off between the two

parties. In the first quarter, the teams were fairly evenly matched. However, soon the field was dominated by the Ndazabazadde CFC, who ended up winning with a huge 22 points. Not even the help of medical students Anita and Sophie could help! *Cont.*

Cont from page 2. Both teams were given a couple of weeks to



Even pregnancy will not stop the determination of the WWAP team!

cool off before a second friendly match was arranged for the 19th April. This time, the



This is your game, Do not let AIDSscore !

Both played well, however the WWAP came out on top, winning with 12 goals to the Ndazabazadde CFC's 5. et's wait and see who will be the overall champion in the best of three!



Sophie and Anita watch as the Ndazabazadde CFC score yet another goal!

International Medical Elective and Research Program

CFYDDI has recently played host to a number of visitors from abroad. Anita, a medical student intercalating in a Masters at Brighton and Sussex Medical School has been conducting research in partnership with CFYDDI. In particular, Joannitah, Assistant Behavior Change and Communications Manager, has been

key in helping Anita to conduct interviews with young



Jennifer receives a donated book from Sophie and Geoff from the UK

successfully completing her medical elective at Kasangati Health Centre IV. She was visited by Dr Geoff Yeldham who spent a few days with the charity on a visit from the UK, London.



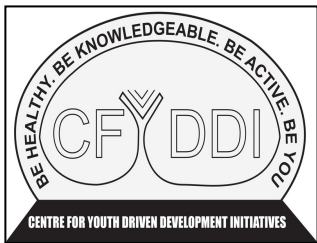
Joanitah, Akampa and Anita meet to discuss the start of Anita's research project.

people in the community, focusing in particular on barriers to school attendance in youths.

Sophie, a medical student from London UK, has been spending 8 weeks with us,



Midwives Justine, Shalim & nursing student Grace pose at Kasangati Health Centre IV



Youth representatives in schools and community during a dissemination meeting at CFYDDI



CFYDDI Youth Leadership Team powered by ORAG

On the 9th May 2015 a meeting was called for leading members of the Youth Leadership Team to update the team back at CFYDDI with their activities, achievements and challenges over the last term. Three schools sent representatives.

The first school, *Spire High School*, was represented by the head of the Sexual Health and Reproductive Education (SHARE) chairperson Victor Akampa. They met 7 times over the last term. Some of the activities and achievements included cleaning the school compound, counselling and guidance, news presentations in assembly on health-related issues as well as raising 2100 USh to be spent on group activities. They hope in the future to organize debates with other SHARE clubs as well as to organize sports competitions.

The second school, *Sir Apollo Kaggwa* was represented by their chairperson Mariam Nakandi, who stated that their SHARE club met 3 times in the last term. Their club moto is “*Together We Stand, Divided We Fall.*” Their activities have included holding discussions about HIV, Music Dance and Drama (MDD) sessions every week, Open Speech sessions to improve their English as well as weekly debates. They report that they have learnt to make pancakes as well as some crafts by hand, and state that their teachers are now recognizing their status as a group.

The third school, *Nakwero Church of Uganda Secondary School* was represented by Harrison Kiggundi who stated they have raised 5500/= towards the club's activities. They also came up with a proposal: to start a Red Cross Club under the SHARE club.

The three clubs were also able to share some of their challenges experienced over the last term and ideas brainstormed about how to overcome these. CFYDDI will be able to provide each SHARE club with more scholastic materials, a Question Box, school Notice boards, Club T-shirts and Banners as well as continue to supply them with summaries on health-related news articles and newsletters

Contributors:

Enoch Magala, Programme director.

Joannitah Nabayunga, Assistant Behavior Change and Communications Manager.

Jennifer Nakagolo, Library manager & Administrative Secretary.

Written by *Sophie Constantinou*, UK Medical Elective Student