Understanding Local Hunger





MORE THAN 1 IN 10 PEOPLE IN SANTA CLARA AND SAN MATEO COUNTIES RECEIVE FOOD FROM SECOND HARVEST.

More than half are children and seniors. People can't thrive on an empty stomach. These individuals and families rely on soup kitchens, pantries and shelters - which receive the majority of their food from Second Harvest.

THE BIG

The region's largest non-profit hunger-relief organization, Second Harvest Food Bank has worked since 1974 to end hunger throughout Santa Clara and San Mateo Counties.

Second Harvest is focused on what matters – ensuring that anyone who needs a meal can get a meal. We do this by connecting families with food in the neighborhoods where they live, learn, work and play.

We provide approximately **41 MILLION** meals each year to nearly a **QUARTER OF A MILLION PEOPLE** each month.

We provide food at no cost to more than **300 LOCAL** community-based organizations at **740 SITES.** We are one of only a handful of food banks across the nation that **DOES NOT CHARGE** for any of the food distributed.

We leveraged nearly **300,000 VOLUNTEER HOURS** last year valued at **\$5.9 MILLION** (the equivalent of 143 full-time staff).



More than half of the food we distribute is fresh produce.





A TRUSTED COMMUNITY PARTNER



Charity Navigator has awarded Second Harvest Food Bank a 4-star rating for 6 years in a row, putting it in the top **3%** of nonprofits in the nation based on financial stability, accountability and transparency.

PROUD PARTNER IN THE FEEDING AMERICA NETWORK



HOW TO HELP

\$1=2 Meals

DONATE MONEY

For every \$1 you donate, Second Harvest provides 2 meals to people in need. Make a gift online!

- ☐ Host an Online Food and Fund Drive
- ☐ Join Our Monthly Harvest Club
- ☐ Donate Stock
- ☐ Make a Tribute Gift, Send an eCard

DONATE FOOD

The Food Bank distributes food to more than 300 community-based organizations throughout Santa Clara and San Mateo Counties. A gift of food to us is a gift of food to families, children and seniors who rely on local pantries, shelters, and soup kitchens.

VOLUNTEER

Volunteers are essential at all levels of the Food Bank's operations. We welcome and appreciate your time, talent and interest. We have individual and group volunteer opportunities for those who are 14 years of age or older.

STAY INFORMED Sign up for Second Harvest's monthly eNewsletter to stay informed on how you can feed people in need and learn about current Food Bank efforts to end hunger in our region.

JOIN OUR ONLINE COMMUNITY

Stay up-to-date on how you can help spread awareness as part of the Food Bank's Online Community.













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