

Udhayam

MONTHLY NEWSLETTER

AUGUST 2014

When the community chips in...

Dear Friends,
Welcome to the August issue of **Udhayam** - monthly newsletter from Sri Arunodayam.

We start off with an interesting story of community participation.

For hygiene and comfort of the children, periodically the head is tonsured. Since the girls Akshaya and Anu have grown up, we decided to give them a good haircut and train them to maintain their tress.

Special Educator Kavitha took the two children to *Naturals Beauty Salon* in the neighbourhood. Upon listening to the Special Educator about the children and Sri Arunodayam, the salon gave them a free haircut.

The team at *Naturals* stepped ahead to ex-



Anu and Akshaya sporting their new hair style

press their care for the children.

The following week, two hair stylists from *Naturals* came to Sri Arunodayam and extended haircut service for **twenty** children at the Madanankuppam centre.

They have offered to visit the home regularly to provide haircut services.

It is heartening to see that individuals

and organizations are voluntarily extending their expertise and services for the cause of the children who have been abandoned by their families.

When more people step forward to do their bit, the lives of these children will brighten. We could give them the joyful experiences that children living with their biological families get. Do we mention that it is joyous to see our children happy?

Read on to know more about the happenings at Sri Arunodayam in the month of August.

Iyyappan Subramanian
Founder Managing Trustee

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People who visited

August 1st Good Shepherd students visited and distributed sweets

August 2nd Velammal School students visited

August 2nd three employees from Live Connections visited

August 11th Students from RVS School of Architecture visited and spent the day with our children. Good Shepherd students also visited

August 12th - 60 employees of TCS visited and donated a motor, plates and tumblers

August 28th - 37 students from Mar Gregarious College visited

August 30th - 15 Koreans - employees of Saradha Motors visited and distributed snacks and milk for the children

Two employees from Barclays Bank are sent to the Sivananda Nagar centre to volunteer. They are here from Monday to Friday between 2-5 pm. They help teachers to conduct games and recite stories.



The joys of childhood

Cheers Group - a group of college students have come together to work with NGOs. They are known as the Cheers Group.

This group visits Sri Arunodayam on the last day of every month. They celebrate the birthdays of children born / admitted into Sri Arunodayam in that month.

They bring a cake and make the children cut the cake and enjoy the birthday party. Look at the picture to see the joy on Saravanan's face!



Celebrations

August 13th - Games and Dance events conducted as part of the Independence day celebrations

August 15th - Independence day celebrations were held. The SJYF group distributed sweets and fruits

August 29th - Vinayakar Chathurthi was celebrated

Citizen's Run



On August 3 - The Citizen Run Trust conducted an event where **thirty** children and **ten** employees participated in the run. The run was from Queen Marys College to Labourer statue. There was variety entertainment program after the run. Later the children spent some time on the beach

Prayatna

In the month of August, students in the vocational training unit - Prayatna were trained to make candles, notebooks, envelopes, phenyl and in gardening.

In each activity, quite a number of students have achieved the ability to work independently. A few students need more training.

Every Saturday, the students clean the campus zealously.



Capacity Building

August 13 - GYAN conducted a workshop for NGOs on creating effective newsletters. Mrs. Radha Jagan attended the workshop.

August 30, 31 - Hebron Mission Trust conducted a workshop on Pranic Healing. Ms. Maheswari and Mr. Balamurugan attended a workshop.



SRI ARUNODAYAM CHARITABLE TRUST

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**Home for Mentally Challenged
Destitute**

Sri Arunodayam Charitable Trust is a residential care facility for mentally challenged children who have been abandoned by their families for various reasons.

The institution is a registered charitable trust, providing care, protection and rehabilitation for mentally challenged destitute children. As a gesture of recognizing the quality and consistency of service provided at Sri Arunodayam, the Government of Tamil Nadu has recognized the institution as a reception unit.

The institution receives children through the Department of Social Welfare, the Police and Child help line.

How you can help

You can join us to serve the children better by contributing money or material. Some options are,

1. Sponsor a day's **breakfast** for the 115 children **Rs.2500**

2. Sponsor a day's **lunch** for the 115 children **Rs.3500**

3. Sponsor a day's **evening snack** for 115 children **Rs.1500**

4. Sponsor a day's **dinner** for the 115 children **Rs.2500**

5. Sponsor **vegetarian meals for an entire day** for all children **Rs. 6000**

6. Sponsor **a cup of milk** for a day for all children **Rs.500**

7. Sponsor **vegetables** for a day for all children **Rs.700**

8. Sponsor **living expenses** for a child for a month **Rs. 500**

9. Sponsor **diapers** for a child for a month **Rs.650**

10. Sponsor **psychiatric medicines** for one month for a mentally challenged child **Rs. 750**

11. Sponsor **annual health check up** for a mentally challenged child **Rs.2000**

12. Sponsor **special edu-**

cation training for a child for one month **Rs.650**

13. Sponsor a **new dress** for a mentally challenged child **Rs.600**

14. Sponsor **physiotherapy** treatment for a child for one month **Rs.750**

15. Sponsor a monthly recreational outing for all children **Rs. 10,000**

16. Donate any amount towards the children's welfare