



# SHANTIUGANDA

## **The Shanti Uganda Society**

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Canadian Charity #819964412RR0001/Ugandan NGO #8304



## **MOTHERS IN UGANDA ARE DYING**

In Uganda, 16 women die during pregnancy and birth every single day – 90% of these cases are preventable.

A recent UNFPA report showed that when educated to international standards, midwives can provide 90% of the essential care to women and newborns and potentially reduce maternal and newborn deaths by two thirds.

Sadly, only 58% of births in Uganda are attended by skilled health personnel. It is estimated that Uganda needs 1400 more trained midwives to provide universal maternity care coverage.

However, simply having a midwife is not enough. In order to improve infant & maternal health, midwives need quality education with extensive hands on training.



## OUR SOLUTION

At Shanti Uganda, we've created a model to eradicate preventable maternal mortality that can be replicated throughout Uganda, East Africa and the world.

**Since opening our Birth House in 2010, we have never lost a mother.**

Shanti Uganda improves maternal & infant health throughout East Africa. We imagine a world where all women have access to a midwife and are respected, empowered and able to thrive throughout the birth process.

We accomplish this through our unique off-the-grid Birth House.

## Our Programs

- Full Service Birth House Staffed by Ugandan Midwives & Health Educators
- Prenatal and Postnatal Care
- Onsite Laboratory for HIV/AIDS and STI Testing
- Family Planning & Counseling
- Weekly Prenatal Yoga Classes
- Breastfeeding Support
- Infant and Adult Immunizations
- Nutrition Classes
- Community Garden
- Teen Girls Workshops





## **Impact To Date**

1000 Births Supported by a Skilled Midwife

0 Maternal Mortality Rate

7068 Prenatal Visits

3066 Clients Tested for HIV

2555 Postnatal Visits

639 Family Planning Clients

419 Teen Girls Program Attendance

805 Families Reached Through Outreach

2569 Reached Through Prenatal Yoga, Nutrition Workshops, Pre/Postnatal Education Classes



## PLANS TO SCALE

Our plans for 2017 include expanding our **Community Garden Program**, offering more **Teen Girls Health & Education Workshops** and launching a unique program specifically for **Teen Boys**. We will also begin a multi-year strategy to expand our outreach services reaching more women in the community through our innovative use of **Traditional Birth Attendants**.

Our vision is to elevate the level of training now available to students in Uganda by offering a **Certificate of Midwifery**, endorsed by the Ministry of Education. In partnership with the Canadian Association of Midwives and the Ugandan Ministry of Health, The **Shanti Uganda Midwifery Training School** will target women throughout East Africa who are passionate about maternal health and the midwifery model of care. The school will be a leader in midwifery education throughout Uganda teaching modern midwives using Shanti Uganda's unique model of collaborative, holistic care. Tuition will both fund the school and existing Birth House and have the added benefit of expanding our model of care throughout East Africa by way of training future midwives.

## MILESTONES

**2008-2010** Became a registered Canadian Charity, Ugandan NGO and a Private Not-For-Profit Medical Facility registered through the Ministry of Health in Uganda.

**2009** Shanti Uganda receives funding from internationally recognized yoga teacher, Seane Corn and her organization, Off The Mat Into The World

**2010** The Oprah blog features Shanti Uganda and our visit from Seane Corn

**2011** We welcome the first baby born at the Birth House – a girl!

**2012** Shanti Uganda hosts our first annual International Doula Training program welcoming aspiring doula's from all over North America and was featured in Huffington Post and Parents Canada Magazine

**2012** Every Mother Counts Founder, Christy Turlington Burns visits the Birth House and says “there isn't much that hasn't been carefully and mindfully considered here at Shanti”

**2013** Shanti Uganda receives prestigious Crystal of Hope Award at Life Ball in Vienna for outstanding work in the fight against HIV/AIDS

**2014** Shanti Uganda launches the 1st Maternal Health Week in Uganda sponsored by Stanbic Bank

**2015** Shanti Uganda secures additional land to EXPAND our current site

**2016** Accepted into the Coast Capital Savings Innovation HUB at the University of British Columbia & the GE Miller Centre for Social Entrepreneurship Healthymagination Mother & Child Program. **Reached 1000 Births at the Shanti Uganda Birth House!**



## Budget & Financials

Our revenue model is both sustainable and engaging. Raising a significant portion of our revenue from our International Doula-Training and Prenatal Yoga Teacher Training and competitive Internship Program, we are continuously working to reduce our reliance on outside funding. Additional funding comes from individual and corporate donations, events and grants.

With a current operating budget of \$250,000, Shanti Uganda has a big on-the-ground impact and administrative spending is routinely kept below 10%. **In 2015, charitable programs accounted for 86%, fundraising 11% and administrative costs 3% of all expenses.** With financial support, Shanti Uganda will continue to expand our model of care throughout East Africa.