

FEED A CHILD IN BODY AND SOUL Reduce malnutrition in Colombia

1. Organizational Information

Name	Fundación nu3	NIT	900.067.105-8
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Mission

Implement programs for food security and nutrition to children, adolescents and pregnant and lactating mothers to reduce the levels of malnutrition among the target population in the poorest sectors of the Caribbean region. Also, implement strategies for education, health and entrepreneurship to promote the development of families

Vision

In 2015, nu3 will be a leader in the Department of Atlántico in the provision and execution of food security and nutrition programs through an efficient and transparent management of the resources. It will increase coverage of vulnerable populations over 30,000 beneficiaries

What we do

Fundación nu3 provides nutrition to children and pregnant and nursing women, through the supply of breakfast, lunch and snacks in the different cafeterias that we have in Barranquilla. We work towards five (5) components: nutrition, health, education, the psychosocial area and programs of income generation and enterprise. The target population is boys, girls, pregnant and nursing women that live in the chosen areas; or that study in the schools where nu3 operates. They must also be registered in levels 1 and 2 of SISBEN, with economic, social, and psycho affective vulnerability.

Among the main activities of the foundation we have:

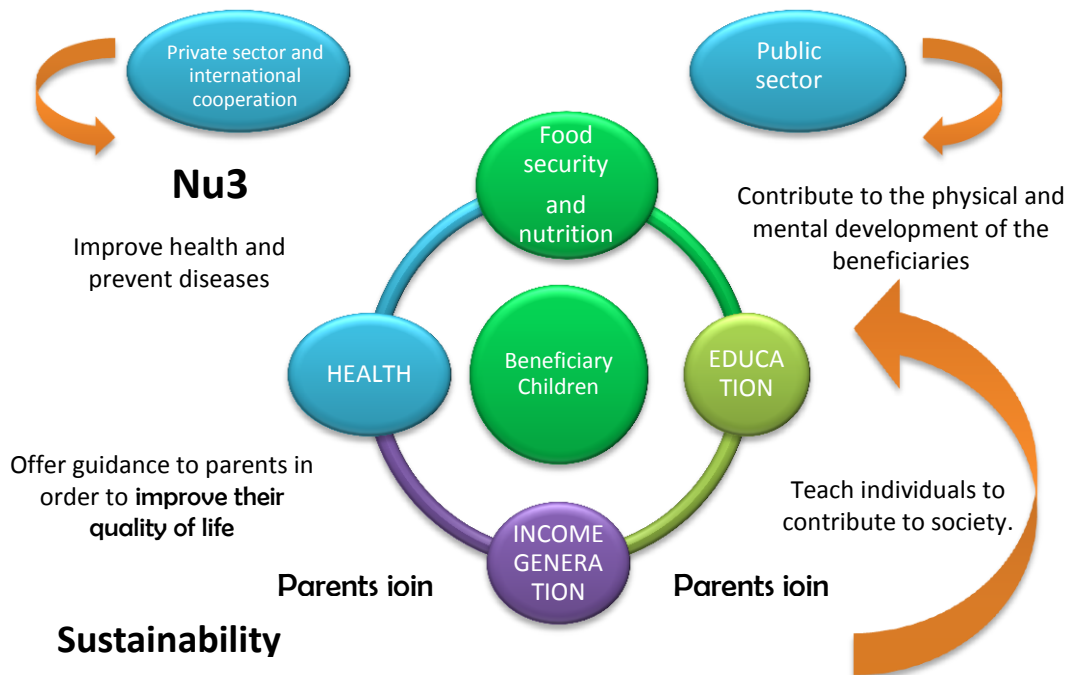
- **Nutrition:** Contribute to improve the nutritional condition of children and pregnant and nursing mothers through the establishment of healthy life habits from the environment of food security. Nutritional attention involves to deliver food ration (breakfast, snack, and/or lunch) that coverts 25% and 80% of the total caloric value according to the type of care, which run from early childhood programs or within the community and/or school cafeterias. Parallel to the Supplemental Food Program we also developed the Nutritional



Recovery Program aimed at those children, pregnant and lactating mothers in a state of moderate or severe malnutrition.

- **Health:** specialized basic medical attention for the boy, girl, or pregnant and breastfeeding mother that requires it, such as: clinical history recompilation, medical treatment (or establishing connection with the respective medical facility), vaccination and deworming of children as ideal starting point for the initiation of nutritional care.
- **Education:** Educate and strengthen the knowledge of the children families in healthy eating habits and healthy housing through direct intervention and implementation of didactic and persuasive teaching methods.
- **Psycho-social:** Elaborate the psycho-social profile to be a key factor to promote the right use of food.
- **Income Generation and Enterprise:** Create, develop, strengthen entrepreneurs (goods and/or services), having as our beneficiaries a group of mothers head of households.

As a result of five years of learning, the nu3 Foundation has developed a working model that focuses on Food and nutritional security, education, health and income generation to have a more comprehensive service to our beneficiaries and to break the poverty cycle.



2. Project Description

General Objective

Contribute to the physical, social and nutritional status children in early childhood through the establishment food security and nutrition, and social programs that promote the development of families in these communities.

Specific Objectives

1. Perform processes of education and awareness regarding to the importance of adequate and healthy food.
2. Empowering the community benefited from the Fundación nu3 regarding the basics of personal hygiene and nutrition and its relationship to the health of the individual.
3. Assess the nutritional status of children enrolled in the nutritional programs.
4. Welcoming the beneficiary population and meet their needs for food, at least 35% of the recommended daily intake.
5. Perform regular sessions of social support and activities for the teaching of values and good practices to the beneficiaries of the programs
6. Develop values workshops as a key tool of coexistence.
7. Empowering parents in productive and crafty training to achieve their self-sustainability.

METHODOLOGY

How we do it

We identify population groups characterized by their social level (0, 1 and 2) located geographically within vulnerable communities as per their environmental, economic and social condition. In accordance with the reports of the population, we establish the priority of serving the population younger than 6 years old.

The reference standard used for the assessment of nutritional status of children and adolescents is ANTHRO and ANTHROPLUS from the World Health Organization-WHO.



Children eat their lunches in the Cafeteria of La Playa in Barranquilla

The nutritional assessments are carried out every four months for a total of 3 ratings per year.



Additionally if any child experiences unfavorable nutritional conditions such as DNT of the severe and moderate type, he is registered in an alternative program of our Foundation “Nutritional Recovery” through which the whole family is involved in the treatment and process required by the minor child to overcome his initial nutritional condition; through this program we make the mothers aware of the condition of the child and train them with regards to the treatment and process that must be carried out at home, supplying to them the goods and recipes for the food supplements that the child must consume at home.

Children in the recovery program are monitored monthly and at this time we supply them with goods and recipes to prepare at home. Through this program we can normally achieve a positive development of the child in a period of three to six months.

In general the children in our programs are nutritionally evaluated every six months; this allows us to observe the development process and the support to the children served. The impact generated by the levels surmounted, allows us to state that around 30% of the population served supersedes the index of severe malnutrition.

Activities

- Provide a daily supply of lunch, covering 35% of the total caloric value.
- Make monthly workshops directed to parents or guardians about information and practice of healthy life habits
- Workshops on productive shores for the families of the children.
- The children receive monthly workshops on nutritional education regarding healthy life habits.
- The children and their families will have home visits in cases where necessary.



Children pose for the cameras while having lunch at the Cafeteria in the neighborhood of Santa María in Barranquilla.



Budget

START DATE		JUNE 2013			
DURATION		6 MONTHS			
DIRECT BENEFICIARIES		120 children			
Components		Units	Total	GlobalGiving	Fundación nu3
1	Operative Costs				
1.1	Human Resources				
	Nutritionist	1	\$ 11.933,27	\$ 0,00	\$ 11.933,27
	Psychologist	1			
	Social Worker	1			
	Educator	1			
	Food Handler	1			
	Kitchen Assistant	1			
1.2.	Nutritional Component				
1.2.1.	Nutritional Attention				
	Daily lunch for children	14.400	\$ 11.200,00	\$ 11.200,00	
1.3.	Education Component				
	Stationary	1	\$ 160,00	\$ 0,00	\$ 160,00
	Workshops on Nutritional Attention	1			
1.3.	Logistics				
	Cleaning Implements	6	\$ 777,78	\$ 0,00	\$ 777,78
	Maintenance	6			
	Food Transportation	6			
	Uniforms	5			
2	Project Management		\$ 2.150,00	\$ 0,00	\$ 2.150,00
	TOTAL		\$ 26.221,05	\$ 11.200,00	\$ 15.021,05

