## **Contribute to AI-Manarah**

Donations to Al-Manarah can be made by direct deposit electronic transfer to: Bank Hapoalim, Branch #726, Account #298265; Nazareth, 16000 Israel Donations by cheque may be addressed to: Al-Manarah Association, P.O. Box 11053 Nazareth, 16000 Israel

United States tax-exempt contributions can be made via a donor-advised contribution to: The New Israel Fund P.O. Box 91588, Washington DC, 20090-1588 USA **Or** PEF Israel Endowment Funds 317 Madison Avenue Suite 607

317 Madison Avenue Suite 607, New York NY, 10017 USA





P.O. Box 11053 Nazareth, 16000 Israel Tel: (+972) 4 601-1574 Fax: (+972) 4 601-1579 Mobile: (+972) 52 577-1280 Email: info@almanarah.org Web: http://www.almanarah.org



# **Al-Manarah**

Association for the Advancement of Persons with Disabilities in the Arab Society in Israel

**C**Life

is either a daring adventure or nothing. To keep our faces toward change and behave like free spirits in the presence of fate is strength undefeatable. - Helen Keller

### **About Al-Manarah**

More than 200,000 Arab persons with disabilities live in Israel. They face a lack of essential public resources and services, and suffer widespread social exclusion and discrimination.

Al-Manarah, which in Arabic means "Lighthouse," was initiated in 2005 by a group of grassroots activists led by Abbass Abbass, who is himself a person with a visual impairment. A licensed attorney and social entrepreneur, Mr. Abbass has transformed leadership, dignity and empowerment from simple ideas to ways of living. Al-Manarah aims at advancing the status of Arab persons with disabilities in Israel and is the first Arab organization of its kind. Each year, thousands of persons with disabilities and more than 5,000 non-disabled persons from Arab communities throughout Israel benefit from Al-Manarah's services, trainings, and activities.

#### Vision:

With encouragement, guidance and the requisite technical resources, disabled persons of Israel's Arab community can develop skills to participate within society not as a disenfranchised minority, but as confident citizens offering distinct and vital contributions. Al-Manarah works to enable Arab persons with disabilities to set an agenda for their own learning, realize their full potential, and contribute within a vibrant community of



capable and determined peers. This empowered cadre of Arab persons with disabilities thereby emerge as leaders within a strengthened and more diverse public sphere.

Al-Manarah works to empower persons with disabilities and helps them to become their own strongest advocates in order to change attitudes towards persons with disabilities in the Arab society. Our empowerment groups foster self-awareness and decision making among persons with disabilities while Al-Manarah's professional staff provide holistic support and rights consultation through our phone-assistance line. Al-Manarah's Library for the Print Disabled offers a broad range of Arabiclanguage audio, Braille, large-print and electronic resources to provide the print-disabled with essential tools of self-actualization, and lay foundations for a lifetime of personal and professional discovery. Through extensive workshops, seminars and the distribution of educational materials, Al-Manarah also works with families and a wider community of non-disabled stakeholders - including students, teachers, professionals, businesses, and the media - to open Arab society to the world of persons with disabilities. Furthermore, Al-Manarah works to ensure accessibility and compliance with human rights law through strategic legal advocacy and litigation on behalf of Arab persons with disabilities.

## **Our Multi-Use Center**

In October 2008, AI-Manarah established its Multi-Use Center for Arab persons with disabilities in Nazareth, providing a dynamic space for life-skills trainings, educational seminars, and group empowerment activities. The Multi-Use Center features an accessible computer room, with two Braille printers, as well as ten computers adapted with screen readers and two Braille displays. In addition, the Multi-Use Center includes a recording studio for the production of professional-quality audio books.

## Al-Manarah's Programs and Projects

- Empowerment and Skills Development Project
- Phone Assistance and Personal Consultancy Service
- Library for Persons with Print Disabilities
- Fostering Social Awareness
- Legal Advocacy

