

Some regions and countries also offer programmes that may not be featured here – please contact your local Prince's Trust office or visit the website for up-to-date information.

Please note that most programmes operate in the majority of areas, although there are some variations.

# Together we can help more young people

# -ocus

 educational underachievers (including those with low basic skills, Our priority is young people who are:

 offenders and ex-offenders (including serving prisoners) who truant and have been excluded from school)

- unemployed, particularly those out of work for six months or more
- in or leaving care

young people. This year The Trust aims to help 50,000 more.

Since 1976 The Prince's Trust has helped over 650,000 disadvantaged

are under-represented in our four target groups and we are keen to

- We are aware that young people:

work with partners who specialise in these areas.

- + from ethnic minorities
- Avith disabilities

Results

- Avho are single parents
- Mho are refugees/asylum seekers
- committed we deliver to high standards and keep our promises

:90 01

network of support.

participant Leanne, Enterprise Programme is positive. Approaching them is the others. Everything about The Trust chance that is not offered by many "The Prince's Trust gives you a

ensitient ensities on finding solutions

A inspiring – we lead by example

Approachable – we are open minded and value diversity

Apassionate – we believe in young people and their potential

When working with young people and partner organisations we strive

well as more than 800 strategic partners, The Trust has an unparalleled

The Prince's Trust can only continue its success by working in effective

Young Ambassadors

This programme empowers young people to actively participate in

the work of The Prince's Trust, engage with public decision making

and inspire other young people, while helping to develop leadership and communication skills. Young Ambassadors participate in the

programme as volunteers for up to a year and can also apply to join

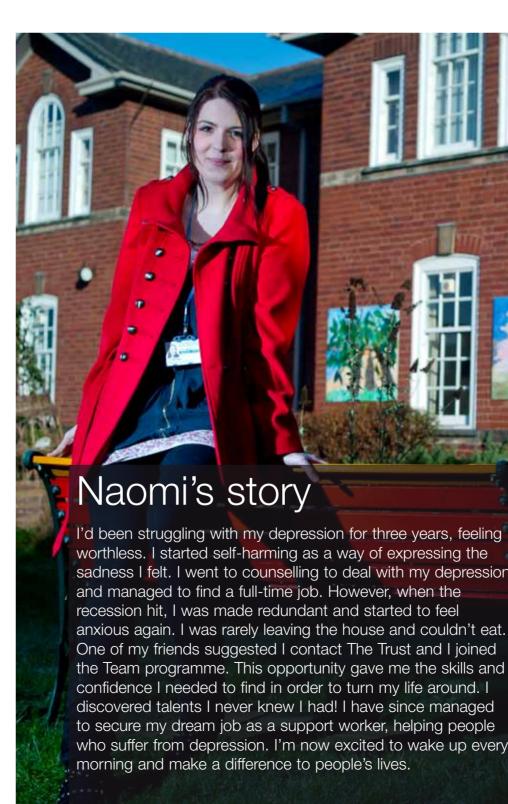
The Prince's Trust National Youth Advisory Group which works on a

partnerships. With around 930 employees and 5,000 volunteers, as

more young people

Together we can help





# Prince's Trust

- → individual assessment to determine skills and interests → a wide range of roles and opportunities to participate in the work of The Prince's Trust
  - $\rightarrow$  regular reviews and a final celebration event

#### What does it offer young people?

Participants can:

→ high quality training

We offer:

About the programme

→ develop leadership and communication skills

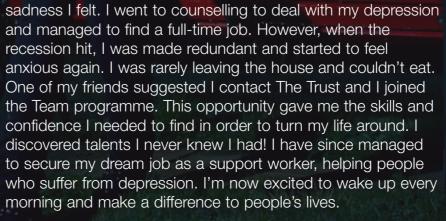
wide range of strategic projects and activities.

→ regular contact and support from a member of staff

- → develop confidence and self-esteem
- → get involved in the work of The Prince's Trust
- → make a real contribution to their community and inspire other young people
- → network with leaders and decision makers in the public and private sector
- → influence local and national policy affecting young people
- → meet other young people in the Young Ambassador network

#### Who is eligible?

Young people aged 16 – 30 who have previously completed a Prince's Trust programme





# look beyond the label



A quick guide to how we help young people

The Prince's Trust

The Prince's Trust helps young people to:

- engagement programmes individually tailored personal development programmes and short through a structured 12-week personal development course, develop confidence, skills and prepare for work
- through our network of xl clubs improve motivation and attendance at school
- volunteering or work own businesses or achieve other goals in education, training, by supporting them to test their ideas, write plans and start their work out whether self-employment is right for them
- through financial awards for community-based projects give back to the community
- those leaving care/prison with cash awards of between £50 and £500 and mentor support for overcome barriers and get their lives working
- through residential schemes, group activities and tailored one-to-one → develop personal and social skills

# in common We have something

#### You want young people to have a chance in life. So do we.

.120m services that deliver the best possible outcomes to those who need it people and the communities in which they live. We provide quality opportunities that bring tangible and lasting benefits to both our young and employment. Our programmes offer personal development develop their confidence and skills, and to get into education, training people to change their lives. We help young people aged 13 to 30 to The Prince's Trust is the UK's leading youth charity, supporting young

#### like you. But we can only do this by working in partnership with people

- homelessness, mental health or a history of substance abuse welcome partners who help young people tackle issues such as get young people into employment, education and training. We also We work with a wide range of agencies who support our work to
- match young people with a programme that suits their needs services, sports clubs, industry and employers. This enables us to Our network of delivery partners includes colleges, uniformed
- Prince's Trust, please call 020 7543 1234 If you want to find out more about working in partnership with The
- 9am 5pm on 0800 842 842 particular programme, please call our dedicated hotline open from If you are contacting us on behalf of a young person about a

# Community Cash Awards

#### About the Cash awards of up to £3,000\* for young people to design and programme run a project to benefit the community.

#### We offer:

- → practical guidance on how to plan, run and manage
- a project
- → project assessment and action planning
- → financial support
- → on-going support and monitoring
- → an 'end of project' review

#### How does it help Participants can:

- young people? → learn to work together to plan, manage and run the project
  - → improve a range of skills including budgeting, financial
  - management, negotiation and communication
  - → gain increased confidence and self-esteem  $\rightarrow$  make a real contribution to their community

  - → gain greater citizenship and community awareness

#### Who is eligible? UK residents

- → aged 14-16, in education, and at risk of achieving fewer than five GCSEs grades A-C, or
- → aged 16-25 and not in education, training or work (or working less than 16 hours a week)
- \* Awards averages will vary according to funding

## Development Awards

About the Cash awards of up to £500\* to help young people access programme education, training and employment. Young people also receive help with action planning and ongoing support and monitoring.

#### We can help to fund:

- → tools, equipment or transport for a job
- → course fees
- → professional licence fees
- → interview clothes
- → childcare costs

#### How does it help Participants can:

- **young people?**  $\rightarrow$  receive a cash award to help them undertake education or
  - training or enhance their ability to gain employment → overcome significant barriers within a short space of time
  - → learn new skills and acquire new knowledge

#### Who is eligible? UK residents:

- → aged 14-16, in education, and at risk of achieving fewer than five GCSEs grades A-C, or
- → aged 16-25 and not in education, training or work (or working less than 16 hours a week)

\* Awards averages will vary according to funding

# Get into

#### About the Short courses that develop young people's skills in a specific programme sector and support them into jobs.

Get into programmes are developed and run with employers. The programme aims to give young people, who are work ready but do not have vocational skills, a mixture of practical training and handson experience, that will enable them to get a job.

#### How does it help Participants can:

- young people? → attend a taster day to see if the programme is right for them → learn new skills and gain practical experience in a specific area of work
  - → gain relevant accreditation for the sector
  - → improve their employability skills such as communication, team work and reliability
  - $\rightarrow$  organise a final celebration and gain recognition for what they
  - have achieved
  - → meet potential employers and get six months' follow
  - up support

#### Who is eligible? Young people aged between 16-25 who:

- → are unemployed, especially those from Prince's Trust
- target groups
- → want to work and are able to work

### Get Started

# About the Short courses that engage and develop young people through

→ enjoy a fun week of activities, inspiring them to move on with their

#### programme sport or the arts and support them into further education, training or employment. Each Get Started course is designed according to a specific theme and is delivered with expert partners. Courses are based on practical activities and usually include accreditation. How does it help Participants can: young people? → attend a taster day to see if the programme is right for them lives → develop confidence and motivation → get new skills and accreditation → organise a final celebration and gain recognition for what they have achieved → undertake a group challenge → get three months' follow up support Who is eligible? Young people aged between 16-25 who: are unemployed, especially those from Prince's Trust target groups

# Enterprise Programme

#### About the Support and funding to help young people explore and programme test their ideas, write plans and start their own businesses or achieve other goals in education, training, work or volunteering.

#### We offer support in four stages:

- → Information session a short session to explain about the programme so young people can decide whether they want to take part
- → Explore Enterprise course four days to learn about topics relevant to planning and running a business to help young people decide whether self-employment is right for them
- → Next Steps one-to-one sessions to support young people to think through, choose and plan their next step. Grants are available to help young people test their ideas
- → Mentoring and financial support to help young people achieve their chosen outcome; progression mentoring to help young people improve their employability skills and access training, employment and volunteering opportunities; or business start-up support

#### How does it help Participants can:

- young people? → work out whether self-employment is right for them
  - → explore and test their business ideas
  - → meet other young people considering self-employment
  - develop their skills
  - work with a mentor
  - → start their own business or achieve alternative goals in education,

### training, work or volunteering

- Who is eligible? Young people aged 18-30 who: → are unemployed or working fewer than 16 hours a week.
  - especially those from other Prince's Trust target groups
  - → are interested in self-employment and have a business idea they want help to explore

In Scotland the programme is delivered in partnership with Prince's Scottish Youth Business Trust, a sister charity of The Trust.

# Fairbridge

н

	Individually tailored personal development programme combining one-to-one support and group activities, delivered by Fairbridge staff through our 15 centres.	
	The programme begins with a short Access course (5-10 days) delivered using fun, challenging activities and a residential element to engage those who may have previously struggled with structured delivery. With support, young people then choose from follow-on sessions which develop skills in four areas:	
	→ Employability	→ Independent living
	→ Learning	→ Community and recreation
	In addition to local sessions, young people can also build their confidence, team work and independent living skills aboard our tall ship, Spirit of Fairbridge. The one-to-one support provided by our staff continues for as long as needed. Once ready, our staff assist young people in moving on to a positive next step.	
low does it help young people?	Participants can:	
	→ tailor the programme to suit their needs	
	→ develop personal and social skills allowing them to take responsibility for, and learn from, their own actions and behaviour	
	→ access intensive one-to-one support	
	→ gain nationally recognised qualifications	
	ightarrow find support to work on their self-confidence and motivation	
	→ access a wider network of opportunities and improve their choices in life	
Who is eligible?	Under 16 programme:	
	→ Young people aged 13-16 at risk of, or excluded from education and facing multiple barriers which prevent them engaging	
	16 plus programme:	
		vho are disengaged from society preventing them entering education,

employment or training

### Team

#### About the A 12-week programme of personal development training.

programme The programme re-engages young people, helping them to think about their futures. In many cases it changes their lives. Team is run in over 300 locations by organisations working in partnership with The Trust. Young people join a Team which has up to 15 participants and they:

- → learn the importance of team work
- → spend a week at a residential activity centre
- → undertake a project based in the local community
- (for example, redecorating a community centre)
- → complete a work placement
- → take part in a Team challenge involving caring for others (for example, taking a group of children with learning difficulties away on a short trip)
- → stage a Team presentation, during which they recount their experiences

#### How does it help Participants can:

- young people? → gain nationally recognised qualifications
  - → uncover hidden talents
  - → improve their motivation and self-confidence
  - → assume some responsibility and leadership

  - → develop team-working and communication skills
  - → raise their awareness of their local community and how they can contribute to it
  - → focus on their future choices and develops their job application skills

#### Who is eligible? Young people aged 16-25 who:

→ are unemployed, especially those from Prince's Trust target groups

Teams include one or two employed people sponsored by their employer

### xl clubs

