# <u>YOUTH ORGANIZATION FOR INTERNATIONAL VOLUNTEERS</u> <u>ORGANIZATION PROFILE AND PROGRAMS DESCRIPTION</u>



Email: <u>volunteerskenya2011@gmail.com</u> or <u>info@volunteerskenya.org</u> Website: <u>http://volunteerskenya.org</u>

### **INTRODUCTION**

Youths Organization is a non governmental, non partisan and non profit making organization it was founded in the year 2007 as a community based organization and later registered as International Non profit organization in 2010.As a true grass root organization ,its goal is to offer services to the Kenyan community in Nakuru County, through volunteering, that target and address the most serious issues affecting our community: HIV/AIDS, healthcare and nutrition, environmental conservation, child rights (including the rights of orphans, street children and other vulnerable children), gender based violence, sustainable agriculture, home based care, teaching and training amongst others. Youths Organization is a true grassroots organization. We Have been working on the ground across Kenya since 2007 to alleviate human crisis - in slums, IDP (internally displaced persons) camps, churches, schools, orphanages, community centre's, medical camps , hospitals, rehabilitation centre's and the homes of HIV/AIDS patients through various projects.

## **VISION**

Our Vision is to provide a stable, supporting environment for vulnerable through the provision of facilities, education and activities, which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals

#### MISSION.

To deliver, and facilitate the delivery of, quality social services to the community in a focused, efficient and effective manner through a participatory and collaborative approach.

#### **OUR CORE VALUES**

- a). Transparency and accountability to the community we are serving.
- b). Quality service to the community.
- c). Team work
- d). Partnership.
- e). Honesty.
- f). Integrity.
- g). Self-sufficiency.

#### MAIN OBJECTIVE

Networking and partnering with well-wishers, donors, volunteers and other non profit organizations all around the world in order to deliver social services to the

society. The delivery of these services will contribute to the social and economic development of the needy and vulnerable members in our society

## SPECIFIC OBJECTIVES

a). Upholding the dignity of Orphans ,Vulnerable and children.

b).To be the advocates of human rights in Kenyan society, especially the rights of the vulnerable members of society e.g. orphans and children.

c).To organize medical camps with local and International Doctors in order to improve better health care.

d).To eliminate stigma and discrimination of people living with HIV/AIDS.

e). Providing Sanitary Towels to school girls who are unable to afford them.

f). Rescuing abused children, women and the vulnerable.

g).To seek funding, sponsorship and other assistance from national and international governmental bodies and authorities, public bodies and corporations, in order to support and promote the objectives of the organization.

h).Fight against Female Genital Mutilations in our society.

i). To identify, train and equip community health workers, peer counselors and home based caregivers in the prevention and management of HIV/AIDS and other issues affecting the community.

j).To advocates sound environmental practices in order to prevent high incidences of malaria and cholera.

# **ACTIVITIES AND DAIRLY OPERATIONS**

- Visiting primary schools, children's homes, high schools, youth organizations and colleges for sensitization and addressing the issues that affect them.
- Door-to-door outreaches and organizing Medical health Camps to the community for treatment.
- Conducting workshops and seminars in the community centers, social halls, schools and colleges.
- Creation, production and distribution of I.E.C materials
- Networking and partnership with stakeholders in implementing the programs and projects in the community.
- Community counseling and awareness against Female Genital Mutilation.
- Provision of nutrition supplements and medicines to HIV/AIDS patients every week in addition to advocating for HIV/AIDS awareness with the objective of the mitigation of the new infections.
- Provision of Sanitary Towels to Schools girls in marginalized areas.

## **HOW WE HAVE BEEN ABLE TO FURTHER OUR MISSION:** a). <u>Advocating for Child Rights and Child Protection</u>

Following the wide spread of reported cases at our rescue desk relating to children's rights being violated, it was necessary to have a component specifically addressing this issue. Advocacy to the community through holistic trainings on Early Childhood Growth Development in relation to community participation has been widely practiced to cub this incidences of child neglect, child labor, child prostitution and every form of child abuse.

## b). Community awareness programme.

This programme has been sensitizing the community on the activities and the issues that we address e.g. Rape, Sodomy, HIV/AIDS, and Defilement, Child abuse, Domestic violence, Child Rights and Child protection.

#### c). Training and Workshops programme

The programme conducts training on gender based violence, HIV/AIDS, Voluntary Counseling and Testing(VCT), Adherence, Child Rights and Protection, NGO and CBO Management, Capacity Building, Drugs and Substance Abuse among others.

#### d). Gender violence and Female Genital Mutilation Rescue programme

The team is involved in finding victims of Gender Based Violence and Female Genital Mutilation and rescuing them addressing the most urgent to the list urgent in the identified incident.

#### e). Gender club programme

This programme is in charge of creation and overseeing the running of the gender clubs in institutions, Schools, Colleges University and the community.

#### f). <u>Nutrition programme</u>

Youth Organization manages a nutrition centre in Nakuru Town where it has managed to plant vegetables like (kales), Tomatoes, Spinach, Fruits and Cabbages. This programme is currently feeding over 500 HIV/AIDs patients and this has greatly changed their lives.

#### g). Education to primary schools and orphanages programme

The objective of this program is to reducing illiteracy to children and orphans and life skills empowerment to youths in the area. This is through teaching conversational English, basic grammar, and some lessons on Life skills to youth's projects in Nakuru area. Classes and seminars are open to the entire community, allowing students with a wide range of pre-existing English skills to participate.

#### h) Child Rights and orphanage care programme

The objective of this programme is to protect child rights specifically through the rehabilitation of street children and other vulnerable children with behavioral issues and care for the Orphans. Youth organization for international Volunteers has been working to accomplish the long term problems of the children in the community and to achieve the goal, we have been providing nutrition supplements, food and also giving counseling to the abused street children and orphans, this have been done through assistance from volunteers both local and International, financial assistance both in kind and cash from well-wishers and also from donations.

#### i) Medical, Nursing and Community Health programme

The objective of this programme is to improve better health care and treatment among the population of the region faced with challenges of shortage of Health providers and medicine, through monthly efforts in the outlying communities, as well as working alongside doctors in the health sector, in additional, we organize medical camps with local and international doctors and Nurses who come to treat people with illness and health problems.

#### j) HIV/AIDS care and Women support group programme

The objective of this programme is to reduce mortality rates, stigma and discrimination of people living with HIV/AIDS, and to provide quality care and support to people living with HIV/AIDS. This plan addresses all aspects of prevention, care and support in a cohesive and accurate manner. It also seeks to mitigate the social and economic impact of HIV/AIDS in the community. This project also support and empower widows infected with HIV/AIDS by providing them with nutrition support and skills in order to reduce stigma and discrimination among them and encourage them to become self sustaining.

#### **VOLUNTEERING PROGRAMMES: Project 1**

#### Child Rights and orphanage Care.



**Description**: Youth Organization supports Juvenile Children and Rehabilitation center The Centre has 2 branches (one for orphans and the other for street children and other vulnerable children with behavioral issues). This centre is home to orphans, street children and other vulnerable children with behavioral issues. The goal of this programme is to protect child rights specifically through the rehabilitation of street children and other vulnerable children with behavioral issues and Orphanage care.

As education is a basic need of the community, one of the most important aspects of volunteer placement in an orphanage is teaching children. In doing so, we helping to reduce illiteracy in the area (many pupils in Nakuru do not have access to proper education due to a shortage of teachers). Because many of the children are also street children who have not grown up with positive role models, you may also be involved in teaching general life skills to the children. Our Volunteers assist in improving the children's competence and awareness in social areas, such as understanding and following the rules of society, adjusting their behavior to the situation, problem solving and understanding others. Helping the children in these areas is vital in order to give them the best chance of living independently in the future.

#### Project 2

#### HIV/AIDS Care and Women Support group

Youth Organization For International Volunteers supports the People of Grace Women's Group which consist of 24 HIV positive women from Nakuru .They Group, meets at Nakuru Social Hall in each morning to support and encourage each other through the unique trials and hardships encountered by HIV positive people in Africa. Group members are also responsible for providing food, shelter and medicine to at least another 70 family members. This includes at least 5 family members who are also HIV positive.

The Group also benefits from some limited assistance provided by Youth Organization. For example, Youth Organization delivers a small amount of Kale's and fruits to Group members each week. While any outside assistance is greatly appreciated, the Group is focused on finding its own self sustaining solutions for their problems. For example, at the weekly Group meetings, business activities are discussed and encouraged. Group members currently make baskets and jewelry for sale in the markets around Nakuru. They also use a merry go round concept each week to distribute funds to one particular Group member that week.

#### The Group has the following goals:

(a) To act as an example to other HIV positive support groups and to provide advice on how those individuals can continue to act as functioning and contributing members of society notwithstanding their HIV status. (b)Bead work project in making African traditional neck-less, weaving of mats, decoration of baskets and Maasai, Shukas and materials

(c) Baskets and jewelry for sale in the markets.

The objectives of this programme are to reduce mortality rates, stigma and discrimination of people living with HIV/AIDS, and to provide quality care and support to people living with HIV/AIDS. As a volunteer, you will work with community health workers, caregivers, other volunteers and social workers.

## c). Medical and Community Health Care

Youths Organization co-operates and partners with the Ministry of Public Health and Sanitation to provide placements within local hospitals, clinics, dispensaries and health care centre's and also organize medical Camps with international doctors to provide medical support to the community.



Volunteers who wish to take part in this programme must be licensed medical practitioners such as registered nurses, doctors, physicians' assistants and LPNs (licensed nurse practitioners) etc. You will need to provide suitable documentation as proof of your qualification upon arrival. Volunteers must also be prepared to

display a fair amount of initiative in their day to day activities given that volunteers may sometimes have more formal and up-to-date training than local staff. As the volunteer works with local health care practitioners, they will learn about Kenyan health care issues including medical care treatments that are specific to the Kenyan population

#### d). HIV/AIDS AWARENESS, CARE AND SUPPORT PROGRAMME



Youths Organization is working to accomplish the Kenyan Government's National HIV/AIDS Strategic Plan. This plan addresses all aspects of prevention, care and support in a cohesive and accurate manner. It also seeks to mitigate the social and economic impact of HIV/AIDS in the community.

The objectives of this programme are to reduce mortality rates, stigma and discrimination of people living with HIV/AIDS, and to provide quality care and support to people living with HIV/AIDS. As a volunteer, you will work with community health workers, caregivers, other volunteers and social workers. Your duties will vary but may include:

- 1. Intervention advocacy;
- 2. Home-based care;
- 3. Nutritional assistance;
- 4. Carrying out HIV testing, prevention training

## e).Teaching in Public Schools in Kenya

We partner with Public Schools in Nakuru District, Kenya, giving volunteers the opportunity to volunteer with Schools,

As education is a basic need of the community, one of the most important aspects of your volunteer placement is teaching children. In doing so, you will be helping to reduce illiteracy in the area (many pupils in Nakuru do not have access to proper education due to a shortage of teachers). Because many of the children are also street children who have not grown up with positive role models, Volunteers are involved in teaching general life skills to the Children.

#### f).Nutrition & Agriculture Programme



Youths Organization manages a garden in Nakuru district that acts as a food distribution base to HIV/AIDS patients under the HIV/AIDS Programme. The garden is situated in the fertile and green Kiamunyi countryside and currently produces vegetables like kale, tomatoes, spinach, maize and local Kenyan vegetables. This programme also employs a full time gardener.

Like many of the other programmes, volunteers must also be prepared to display a fair amount of initiative in their day to day activities. Local staff will appreciate any input and knowledge that volunteers have to offer. However, prior experience in commercial gardening is not necessary.

#### g). Environmental Conservation



There are a range of environmental projects that volunteers can take part in when volunteering in this programme. This work is usually undertaken in partnership with the Director of the Environment (Nakuru district) - Kenyan Government's environmental conservation branch to promote environmental awareness in the local community. You will also be involved in assessing existing environmental risks around Nakuru and implementing solutions to address those risks and issues. Generally, the first 2 weeks of each month of this programme are spent working on the tree planting project. Tree planting is carried out in arid and semi-arid areas around the Rift Valley and has been designed to encourage water retainment around Lake Nakuru. As a result, we also hope to rehabilitate the local flamingo population.

The last 2 weeks of each month of this programme are spent working on a number of activities designed to promote environmental conservation in the local community.

#### h). Sexual & Domestic Violence

Youths Organization partners with the crisis desk at Nakuru district. The crisis desk was established by the District Commissioner of Nakuru in 2008 to provide post domestic violence and rape counseling to women and children, with the goal of reducing the physical and emotional devastation caused by such crimes.

Sexual and domestic violence is increasingly prevalent in Kenya. Police statistics show that more than 2800 cases of rape were reported in 2004, an increase of 500 cases from the previous year. Furthermore, a demographic health survey carried out by the Kenyan Ministry of Planning in 2003 revealed that at least half of all Kenyan women over the age of 15 have experienced either sexual or domestic violence (close family members are frequently among the perpetrators).

# WE WELCOME WELL-WISHERS, DONORS, VOLUNTEERS AND ORGANIZATIONS TO BE PART OF OUR PROJECT S IN A BID TO ASSIST THE LESS FORTUNATE PEOPLE IN OUR SOCIETY.

Thank you for taking your time to read our profile!