

## Our hospices

Our hospices, Rachel House and Robin House, offer a place where families can stay for a short break to relax and re-charge their batteries while their child receives expert medical and nursing care.

As well as providing families with an opportunity to share their concerns and worries, staff and volunteers at the hospices help them live life to the full during their stay. Experiences such as music therapy, fun activities, or special trips out create happy memories for families to treasure.

“...I believe, when you have a child with a life-limiting condition, all you can do is live for today, and tomorrow will take care of itself.”



## Our home care service

The CHAS at Home Team travel hundreds of miles around Scotland to care for children and young people in their own homes. They can provide support to families experiencing additional stress and help provide end of life care at home. They also offer support to those living in isolated areas. The home care team provides nursing care, as well as practical and emotional support, and is a lifeline for families needing extra help.



## Our challenge

CHAS needs to raise over £7 million every year to continue to provide these specialist services through the hospices and the home care service. CHAS relies on the generosity of supporters to raise funds so that families can continue to turn to us in times of uncertainty and crisis.

There are lots of ways to support CHAS, from fundraising and volunteering, to leaving a gift in your will. Just visit [www.chas.org.uk](http://www.chas.org.uk) or contact your local fundraising office below.

### CHAS Glasgow

tel: 0141 779 6180

email: [glasgow@chas.org.uk](mailto:glasgow@chas.org.uk)

### CHAS Kinross

tel: 01577 865222

email: [kinross@chas.org.uk](mailto:kinross@chas.org.uk)

### CHAS Edinburgh

tel: 0131 444 1515

email: [edinburgh@chas.org.uk](mailto:edinburgh@chas.org.uk)

### CHAS Aberdeen

tel: 01224 645000

email: [aberdeen@chas.org.uk](mailto:aberdeen@chas.org.uk)

### Head Office

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42 Craiglockhart Avenue

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tel: 0131 444 1900

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[www.chas.org.uk](http://www.chas.org.uk)



Children's Hospice Association Scotland

Sharing the Caring

# About CHAS



“CHAS has had a huge impact on our lives. It's just so fantastic to know they are there.”

# About CHAS

Children's Hospice Association Scotland (CHAS) is a charity that provides the only hospice services in Scotland for children and young people with life-shortening conditions.

CHAS offers care in two children's hospices, Rachel House in Kinross and Robin House in Balloch. The hospices support the whole family by offering short planned breaks, emergency support, end of life care and a range of bereavement services.

CHAS also provides a home care service, called CHAS at Home, staffed from both hospices and with dedicated teams in the North of Scotland. The service offers care to families in their own homes when they need it most.

CHAS supports over 250 families, as well as a significant number of families who receive bereavement support. The services are funded mainly through the generosity of the many supporters who help raise over £7 million needed each year to provide these vital hospice services.



“CHAS makes us realise that we are not alone, we can share our experiences and fears with others who care and understand.”



# The need

We all expect children to grow up healthy and strong. Sadly though there are hundreds of Scottish families who are living with the knowledge that their child's life will be short.

Caring for a seriously ill child or young person puts extreme demands on a family, physically and emotionally, so CHAS tries to lighten the burden.

“We suddenly realised that there were other people going through the same problems and having the same pain and we didn't feel as isolated.”



CHAS provides individual care and support for children and young people with life-shortening conditions and their families by offering a wide range of hospice services, through Rachel House, Robin House and CHAS at Home. The services include:

- Short planned breaks in the hospices for the child and the whole family.
- Emergency care in the hospice or the family's home.
- Symptom management to help relieve symptoms caused by the child's condition.
- Care as the end of the child's life approaches either in the hospice, at home or working alongside staff in hospital.
- Outreach support in local communities and some children's hospitals.
- Emotional support.
- Bereavement support after the death of a child.

“Rachel House and the CHAS at Home Team has made such a difference to our lives; I can no longer imagine life without them.”

“Robin House is our second home where we can relax and be a family – no appointments or stress.”