

What Does NCADV Do?

Works to Eliminate Domestic

Violence

NCADV is devoted to the elimination of domestic violence in our lives. NCADV identifies and works to eradicate the social conditions that perpetuate or condone domestic violence like sexism, ageism, and easy access to guns.

Empowers Victims of Domestic

Violence

NCADV protects and empowers victims of domestic violence through vigilance and sponsorship of public policy initiatives and legislation like the Violence Against Women Act. We provide free resources to victims and service providers including *Hope and Power for Your Personal Finances: A Rebuilding Guide Following Domestic Violence* produced by The National Endowment for Financial Education.

Promotes and Unifies Direct Services

NCADV serves as the membership organization, the coalition builder and the technical advisor for the organizations nationwide that provide services for victims of domestic violence, including the 2000 domestic violence shelters across the US.

Alerts and Educates the Public

NCADV alerts the public to the facts of domestic violence including how to recognize domestic violence and what to do about it, the signs of teen dating violence, and the impact of family violence on children.

Promotes Partnerships

NCADV partners with family & women's organizations, the medical community, corporations and foundations to design and fund innovative programming to eliminate domestic violence and to foster the development of safe alternatives, self reliance and recovery of victims.



The National Coalition Against Domestic Violence is committed to organizing for collective power by advancing transformative work, thinking and leadership of communities and individuals working to end the violence in our lives.

Since 1978, NCADV has worked with advocates, legislators, the media and the general public, among others, to end the violence in our lives by providing innovative programs, services and leadership that address the essential needs of victims of domestic violence. NCADV was formed to represent the unified voices of those working at a grassroots level to combat domestic violence and remains true to its origins today.

**Domestic Violence.
Don't Make Excuses.
Make it Stop!**

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Domestic Violence**
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**What is Domestic
Violence?**

What you can do.

What NCADV does.

Learn more, Get Involved!

What is Domestic Violence?

Domestic Violence is a pattern of behavior or abuse used to establish power and control over another person with whom an intimate relationship is or has been shared. Elder, familial and child abuse are also prevalent in violent homes. Victims of abuse may experience:

- Intimidation
- Isolation from family & friends
- Control of finances
- Fear
- Shame
- Criticism
- Forced sexual contact
- Manipulation
- Possessiveness
- Harassment
- Name calling
- Yelling
- Shoving
- Punching
- Broken bones
- Silent treatment
- Abandonment
- Ridicule
- Violence to pets
- Public humiliation
- Loss of self esteem
- Threats of harm to others
- Stalking
- Unwanted touching

What You Can Do.

If you are in immediate danger, are in an abusive relationship, or know someone who is, call the **National Domestic Violence Hotline** at 1-800-799-SAFE (7233) or visit www.ndvh.org.

If you are in an abusive relationship:

- Identify possible escape routes and practice using them.
- Think of safe places you can go - family, friend, coworker, shelter.
- Choose a code word to use with family & friends when you need the police.
- Use your judgment & trust your instincts about how dangerous a situation can be.

If you know someone in an abusive relationship:

- Listen to your friend or loved one with patience and compassion.
- Let your friend or loved one know that the abuse is not their fault.
- Share referral information - your friend or loved one will decide when & how to best use the information.
- Tell them that you support them in whatever decision they make - to stay or leave. *Leaving may be the most dangerous time in the abuse cycle.*

If you know someone who is abusive remember that an abusive person may believe that:

- They are not doing anything wrong.
- If they are doing something wrong, they won't get caught.
- Any possible consequences will be too light to make them change their behavior.

The abusive person is the only one who can make a decision to change and is solely responsible for choosing to use violence.

Learn More, Get Involved!

I want to learn more and get involved

- ☐ Send me NCADV Membership Information
- ☐ Add me to NCADV's mailing list
- ☐ Add me to NCADV's email list
- ☐ Please accept the enclosed donation (please see below for mailing info)

Name _____

Address _____

City _____

State _____

Zip _____

Phone _____

Email _____

Method of Payment

- ☐ Check Enclosed
- ☐ Money Order
- ☐ VISA
- ☐ MasterCard
- ☐ Discover
- ☐ American Express

Credit Card # _____

Exp. date _____

Signature _____

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