

Person to Person Assistance

Elder and Disabled Care

Many adults are disabled as a result of traumatic injuries or long-term physical problems. Others in this area suffer from “Kashin-Beck Syndrome,” often known as “Big Bone Disease.” Many elderly individuals are without family and are not able to support themselves. They must rely on “the village” for food, shelter, and housing. They are blind, have difficulty walking, or need special assistance in other ways. This culture honors its elders and is committed to their care; however, everyone is impoverished. THP enables village leaders to provide food and shelter for its elders and for those who care for them.



Orphaned Children

Though children are loved and valued in Tibetan society, many have lost their parents and families, and depend on the THP Collaborative for all needs. THP supports their schooling, health care and caretakers.

Poverty Alleviation

Poverty is rampant and few opportunities exist for residents in this region to create income. THP supports projects that revive traditional crafts as well as those that educate and create new prospects for income generating businesses.

Environmental

Tree Project

Tibet sits at the headwaters of five major rivers that supply water for Asia. Preserving its ecological health is an imperative for the health of the rest of Asia. This valley, which has a great river running through it, has experienced erosion and mudslides. A variety of trees, including fruit trees, have grown here in the past. A well thought out plan to restore the natural balance of this eco-system includes planting soil-enriching species, indigenous plants, and trees to halt erosion, as well as planting herbal and medicinal plants at the groundcover level. The herbs and trees can provide medicine and fruit for consumption and income.

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“May all beings be free from suffering
and the causes of suffering.”

Tibet Humanitarian Project

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Tibet Humanitarian Project (THP)

Tibet Humanitarian Project supports projects to improve education, health and the environment in Kham, Tibet. THP works in partnership with communities to create infrastructure for sustainable development. We rely on grants and private financial assistance to sustain and develop its objectives. Your support is greatly appreciated. THP has worked with a Tibetan/ Chinese Collaborative of villages and a monastery in Kham, eastern Tibet.

THP



Education



Community Health Projects



Environment



Person to Person Assistance

Community Health Projects

Clinic Health Projects

In 2004, we started a small clinic staffed by Tibetan and Chinese traditional medicine doctors. Currently, they see about 70 patients a day. Pressing current needs include an ongoing training program, medicines, and essential laboratory and radiology equipment. Currently, both tuberculosis and leprosy are endemic in the population; many people go undiagnosed and untreated.

The nearest hospital is two full days journey, providing the roads are passable. With the unsafe journey, many wait until illnesses are quite severe before going to the hospital. A local hospital is desperately needed.

Midwifery Program

Malnutrition and lack of hygiene contribute significantly to the extremely high infant mortality and maternal mortality rates - among the highest in the world. Setting up a midwifery program is a high priority.

Traditional Tibetan Medicine

The area is rich in the medicinal herbs used in preparation of traditional Tibetan medicines. THP supports ongoing education, both of the proper identification as well as use of these herbs. THP raises funds for equipment as well as supports the creation of a sustainable development herb business.

Hygiene Education Outreach

A hygiene campaign using outreach workers teaches basic hand-washing and bathing to students and workers in local tsampa factories (tsampa is kneaded barley flour, a traditional food). Teaching proper hygiene can prevent half the diarrheal and respiratory illnesses endemic to the community.



Primary Education

Traditionally, poverty obliges families to keep children home to work. However, in this village children go to primary school, and special emphasis is placed on education for girls. In the three years since the school project began, the literacy rate has risen to 10%.

Tibet Humanitarian Project

YES! I will help!

I support the vision, mission, and purpose of the Tibet Humanitarian Project.

☐ I am enclosing \$_____ in a CHECK or MONEY ORDER in US funds.

(Please make check payable to Tibet Humanitarian Project)

☐ Please charge my credit or debit card:

ONCE: for \$_____ or

MONTHLY: for \$_____ per month (\$10 min)

☐ Visa ☐ MasterCard ☐ Bank debit Card

Card # _____ - _____ - _____ - _____

Exp. Date _____ - _____

Signature _____

☐ I will be contributing \$_____ monthly (\$10 min)

through AUTOMATIC BANK TRANSFER

(send cancelled check to initiate automatic bank transfers.)

☐ Please keep me informed of services needed and provided. I wish to be on your mailing list.

Name _____

Address _____

City _____ State _____

Country _____ Zip/Postal Code _____

E-mail _____

Please send to:

Tibet Humanitarian Project

186 The Alameda, San Anselmo, Ca, 94960

thproj@yahoo.com

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