



GlobeMed at CU Boulder

2015 – 2016 ANNUAL REPORT



GlobeMed Network

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Pastoral de La Salud | *San Salvador, El Salvador*
ICOD Action Network | *Lyantonde, Uganda*
Rural Economic Development Association | *Svay Rieng, Cambodia*
Chinmaya Organization for Rural Development | *Tamil Nadu, India*
Ungano Tena | *Nairobi, Kenya*
CCC-UNSCH | *Ayacucha, Peru*
Western Organization of People Living with HIV/AIDS | *Western Kenya*
Gulu Women's Economic Development and Globalization | *Gulu, Uganda*
AMMID | *San Marcos, Guatemala*
Himalayan Health Care | *Jawalakhel, Nepal*
Kachin Women's Association Thailand | *Chiang Mai, Thailand*
SHED Foundation | *Shirati, Tanzania*
Migrant Assistance Program Foundation | *Chiang Mai, Thailand*
Escuela de La Calle | *Quetzaltenango, Guatemala*
Set Her Free | *Kampala, Uganda*
Primeros Pasos | *Quetzaltenango, Guatemala*

Trailblazer Foundation | *Siem Reap, Cambodia*
Health Development Initiative | *Kigali, Rwanda*
Jambi Huasi | *Otavalo, Ecuador*
Hope Through Health | *Kara, Togo*
Gardens for Health International | *Gasabo, Rwanda*
Light for Children | *Kumasi, Ghana*
Knowledge for Children | *Kumbo, Cameroon*
Young 1ove | *Gabarone, Botswana*
Kitovu Mobile AIDS Organization | *Masaka, Uganda*
Adonai Child Development Center | *Namugoga, Uganda*
Feed the World | *Piura, Peru*
COVE Alliance | *Kapeeka, Uganda*
A Ministry of Sharing Health and Hope | *Managua, Nicaragua*
ChangeALife Uganda | *Migyera, Uganda*
Light for Children | *Kumasi, Ghana*
Burmese Women's Union | *Mae Sot, Thailand*
Maison de Naissance | *Torbeck, Haiti*
PHASE Nepal | *Kathmandu, Nepal*
Asociación de Personas Afectadas por Tuberculosis del Perú | *Lima, Peru*
Social Action for Women | *Mae Sot, Thailand*
Mpoma Community HIV/AIDS Initiative | *Mukono, Uganda*
Buddhism for Social Development Action | *Kampong Cham, Cambodia*
Perkin Educational Opportunities Foundation (PEOF) | *Morazán, El Salvador*
Kyetume Community Based Health Care (KCBHCP) | *Mukono, Uganda*
Raising the Village | *Kampala, Uganda*
Population Education Development Association | *Vientiane, Laos*
Lwala Community Alliance | *Lwala, Kenya*
Social Organization for Voluntary Action | *Odisha, India*
Alternative for Rural Movement | *Odisha, India*
SparkMicrogrants | *Mbale, Uganda*
Wuqu' Kawoq | *Tecpan, Guatemala*
Sacred Valley Health | *Cusco, Peru*
Build Your Future Today Center | *Siem Reap, Cambodia*
MINDS Foundation | *Vadodara, India*
Children of Peace | *Lira, Uganda*
Uganda Development and Health Associates | *Iganga, Uganda*
Kigezi Healthcare Foundation | *Kabale, Uganda*
Burma Humanitarian Mission (BHM) | *Eastern Burma*
Logan Square Neighborhood Association | *Chicago, IL, USA*

About GlobeMed

Mission

GlobeMed aims to strengthen the movement for global health equity by empowering students and communities to work together to improve the health of people living in poverty around the world.

Vision

We envision a world in which health – the ability to not only survive but thrive – is possible for all people, regardless of where they call home.



We believe every human life has equal worth and every person deserves the chance to thrive. This belief has drawn together our network of students, communities, and supporters from all walks of life and from every corner of the world. Health for all is within our grasp, but we can only achieve it by working together.

Message from The Co-Presidents

Dear Friends, Family, Staff Members, and Invaluable Supporters,

It is with great humility that we share what we've accomplished this 2015-2016 academic year. We have raised a total of \$12,000 that will be used to support our partner, Himalayan Health Care (HHC), in three Nepali villages: Tipling, Sherthung, and Lapa. The money raised will be used to build a new school in the area. This year, we were also graciously able to send two students on our GROW trip. The GROW trip allowed our students to personally see the work done in these villages and helped our chapter build a deeper relationship with our partner.

This year, we hosted another great benefit dinner and our third annual Colorado Global Health Conference on the University of Colorado Boulder campus. These accomplishments do not include our other ghU, community building events, and staff meetings that were meticulously organized every week. The outstanding members of our organization are truly unique in their ability to combine empathy, discernment, and effective leadership and turn ideas into action. Each event took coordination, time, and effort from every staff member and would not have been possible without them.

Since our founding, we have formed a substantial presence on the Boulder campus. We have formed partnerships with other mentors, CU-affiliated organizations, and off-campus organizations and businesses. In this upcoming year we look forward to continue building these relationships and strengthening our relationship with HHC. In addition, we want to continue critically analyzing and re-evaluating our beliefs, especially in terms of global health.

All of these accomplishments would not have been possible without your helping hand. We can't thank our donors, advisors, and partners enough for the endless encouragement and support. Together, we will continue to push the status quo in global health and make a positive impact.

With endless gratitude,

Garima Bhandari and Ramya Palaniappan
2015-2016 Co-Presidents
GlobeMed at CU Boulder



The 2015-2016 school year also marked the introduction of our chapter's mascot, Giri the GlobeMed Goat!

About our Chapter GlobeMed at CU Boulder

In 2009, a group of four highly motivated students, Mark Arnoldy, Emily King, Ashley Armstrong, and William Narraci, founded GlobeMed at CU-Boulder. It has been seven years since the conception of this organization, and since then we have sustained approximately 50 chapter members each year and have built an alumni network of nearly 115 inspiring people. We have fundraised over \$130,000 for our partner Himalayan Health-Care in Nepal.

The money directly funded numerous hygiene, education, and income generation projects in rural Nepal. However, our success cannot merely be measured by our monetary contributions. Since 2009, we have sent 26 students on GROW to not only see how these funds have been used, but to also build relationships with our partner community. Additionally, we were named CU's Student Organization of the Year in 2012 for exemplary leadership and service. GlobeMed at CU-Boulder has grown immensely since our founding year, and that wouldn't have been possible without the constant support of our donors, friends, advisors, and fellow global health enthusiasts!

we have now
finished our
seventh year of
partnership with
HHC

since our
founding in **2009**,
our chapter has
raised **\$134,000**



Before HHC's achievement in providing primary health care projects in northern Dhading, people were plagued by acute illnesses like diarrhea, pneumonia, TB and other easily treatable diseases that caused premature death -- HHC Annual Field Report 2015

Left to right: Parsuram Tamang, Man Tamang, Phe Dorje Tamang, Melinda Cain, Anil Parajuli, Soni Parajuli, Tyler Fair, and Kerri Rosenblatt

Our Partnership

Himalayan HealthCare (HHC)



Founded in 1992

The mission of Himalayan HealthCare is to create sustainable development programs in the remote areas of Nepal that will improve the quality of life for its people. Himalayan HealthCare achieves its mission by providing primary healthcare, community education, and income generation programs that enable people to be self-supporting in the long-term

JeevanKala

JeevanKala--which means art for life in Nepali--is a social enterprise committed to the economic development and empowerment of Nepali artisans. All of their products are crafted by hand using locally sourced and recycled raw materials. A proud member of the Fair Trade Federation, JeevanKala has trained and employed more than 1,000 artisans in Nepal. The sale of their products supports the livelihoods of the artisans who make them as well as the humanitarian programs of the non-profit Himalayan HealthCare.

Post-Earthquake

On April 25th, 2015, Nepal was devastated by 7.8 magnitude earthquake that killed more than 8,000 people. Immediately after the quake, HHC partnered with several international organizations such as AmeriCares, United Nations World Food Programme, NYC Medics, Brother's Brother Foundation, and Global Medics to provide an immense amount of support to the people in Northern Dahding. Some of their projects include food relief, trail and road reconstruction, livestock distribution, medical clinics, as well as reconstruction of health posts and schools.

For more information on HHC and their many projects, please visit their website at <http://www.himalayanhealthcare.org/about>

Our Project

For the 2015-2016 school year, our funds went to paying for the construction of a school.

What the money directly funded: HHC had the goal of rebuilding as many as 30 schools in the Dhading district; CU will be supporting the construction of one

This is Sarmila B.K. She is a recipient of one of the education stipends provided by HHC. Stipends are one of the projects historically supported by GlobeMed. Sarmila will be going into grade 10 next year. She told the GROW team that she hopes to someday be a nurse.

GlobeMed, in partnership with Himalayan HealthCare, hopes to build a six-room primary school in Tipling, one of the villages located in Dhading district of Nepal. This initiative falls under Himalayan HealthCare's effort to rebuild after the April 25th, 2015 earthquake.

During our seven years of partnership so far, GlobeMed has had the opportunity to fund and see a diverse array of projects--interesting initiatives ranging from raising rabbits and goats to educational courses for women and children in the community. It has been an absolute pleasure to grow with HHC as we support them to meet the needs of the villages in Northern Dhading. At the end of the 2014-2015 school year, GlobeMed expected to continue as usual--funding projects such as the latrines and efficient cookstoves HHC had been building for some time as well as the educational components of development that GlobeMed feels strongly about. Then April 25th of 2015 happened and everything changed.

The earthquake forced the priorities of HHC and GlobeMed to undergo some drastic shifts. The project focuses went from long-term development work to immediate relief efforts and then slowly transitioned to rebuilding parts of the community that had been lost. As a result, when Anil came to GlobeMed with his request that we make our full donation for the upcoming year towards rebuilding schools destroyed during the quake, the CU Boulder team was more than excited to take on that challenge.

Campaigns

Campaigns are on-campus events and initiatives that raise funds for GlobeMed partner organizations' grassroots projects abroad.

<i>Event Title</i>	<i>Event Description</i>	<i>Revenue</i>
Global Giving	Donations are given from around the world to support our mission via the Global Giving Website	\$1,511.50
Illegal Pete's and Left Right Tim	Globemed partnered with the improv team Left Right Tim and restaurant Illegal Pete's to fundraise.	\$762.76
Benefit Dinner	Over 40 people attended the Globemed hosted benefit dinner to support the mission.	\$1,723.63
Acappalooza	Globemed was the lead sponsor for a concert all acapella groups in Boulder put together	\$200.00
Individual Giving	Members reached out to family and friends.	\$1,010.00
Kaplan Courses	GlobeMedders sold Kaplan courses to students.	\$6,916.00
Other Events	These events include other eat-to-feed events and smaller fundraisers such as Pizza Rev and Razoo	\$327.98

*Total funds raised for [partner]
in 2015-2016:*

\$12,451.87

Since 2010, GlobeMed at CU Boulder has raised over **\$134,435.00** to help Himalayan Health Care empower individuals and communities in poverty.



Campaign Highlights

BENEFIT DINNER

This year we were honored to host Dr. Jennifer Fluri at our benefit dinner. She shared her research on geopolitics, gender politics, and the geo-economics of development in South Asia.



ACAPPALOOZA

GlobeMed partnered with all the a cappella groups on campus to put on a huge benefit concert. This year GlobeMed received all proceeds from this year's event. Huge shout out to CU's a cappella community!

Community Building

Through service and team-building events, community and camaraderie is fostered around global health and social justice within GlobeMed chapters, the GlobeMed network and surrounding communities.



GlobeMed Presents

2015 Colorado Global Health Conference

“WHO RUN THE WORLD? GIRLS.”

Challenging narratives of women's empowerment
and global health



Total number of chapter members in 2015 – 2016: 45

We hosted our third annual Colorado Global Health Conference, which is a summit between the CU, Colorado College, and Denver University chapters. The conference combined a key note speaker and panel discussion with GlobeMed community building. This year the theme was “Who Run the World? Girls: Challenging the narratives of women’s empowerment and global health.” We opened the event to the CU public for the first time and also increased attendance three fold compared to last year.

Staff retreats and Eboard retreats have been especially successful this year. We emphasized self-reflection, vulnerability, and mindfulness activities. This type of community building helped us improve the Eboard teamwork in addition to the staff dynamic, which was a goal for this year. Our most well-loved community building event is progressive dinner, which involves the chapter visiting different Eboarders’ houses for appetizers, entree, and desserts.

globalhealthU

globalhealthU is GlobeMed's signature year-long global health curriculum. This student-designed and driven program equips students with the critical thinking skills that will inform a life of leadership for global health.

Each globalhealthU mini lesson was a great opportunity to probe to the core of global health, and stimulated interesting questions and great discussion among our chapter members. We delved into systems of power, questioning our own roles in global development, trade, and the distribution of resources.

We also tried to engage more deeply with the political process, keeping ourselves aware of policy (on the state, national, and international stage) and even writing to our representatives about topics related to our project. Representative Jared Polis sent a member of his office to one of our meetings in response to a letter campaign about the fuel crisis in Nepal.

Some of our favorite ghU topics were:

- A Brief History of Nepal
- An Introduction to Race and Racism (featuring: Henry Louis Gates)
- The Great Trans Pacific Partnership Debate!
- Religion and Health Care
- Food Systems
- Taboo: LGBT, Mental Health, and Abortion
- Malaria
- A History of Human Rights (featuring: The Alma Ata)

We learned so much about different public health topics, but more importantly we learned to think critically about systems and power, and how to discuss thorny topics respectfully and effectively among ourselves and with CU's greater on-campus community.

KEY QUESTIONS WE ASKED THIS YEAR

What is the history of human rights?

Is health a human right?

Who usually gets to exercise their rights?

How do systems of government play into human rights violations and protections?

How do we take action on human rights?

What do human rights have to do with global health?

globalhealthU

highlights from the year



Article 25

Article 25 is also known as the Universal Declaration of Human Rights as adopted by the United Nations. This declaration supports the human right to education, work, standard of living, etc. Our goal was to raise awareness on campus by writing what each person would #BeBoulder for in Boulder.

WORLD DAY OF SOCIAL JUSTICE

Powerfully stated by UN Secretary-General Ban Ki-moon, "Social justice is more than an ethical imperative; it is a foundation for national stability and global prosperity." Our CU GlobeMed members wrote social justice facts and statistics on coffee sleeves that were handed out at coffee shops across campus to raise awareness about today's global social justice inequities.



After the Earthquake-Politics and Development in Nepal

An evening of discussion about Nepal's current political situation and rebuilding efforts. Ph.D. candidate Galen Murton spoke about his research and personal experience in Nepal during the earthquake and his efforts to connect NGOs in Nepal and abroad.

2016 Summit

GlobeMed's 10th Summit: A Celebration of Community

The annual GlobeMed Global Health Summit brings together university students from across the nation for three days of intensive lectures and workshops with representatives from grassroots global health organizations and a range of experts.

The important personality traits of a good leader as shared by Dr. Sharron Rudy, director of Global Health Fellows Program:

- 1) Awake inner observer (self aware, not self-hatred)
- 2) Motivating mission (goal larger than one's self)
- 3) Learner's heart
- 4) Sense of being connected

List of 2016 Summit delegates (pictured below):

Tyler Fair,
Ben Sugg, Chris Klene,
Jimmy Ferrara,
Ramya Palaniappan,
Garima Bhandari, and
Samantha Webster





of GROW Interns:

2

Length of Stay:

70 days

DATES OF TRAVEL:

5/18-7/18

Women from Shertung who were hired by HHC as labor for the construction of HHC's office in their community. From left to right: Rupmaya B.K., Buddimaya B.K., Bipana B.K., Fulmaya B.K., Ramaya B.K., Srijana B.K., Sarmila B.K., Sukmaya B.K., Sirmaya B.K., Sarimaya B.K., Kamari B.K.

GROW Internship

Grassroots Onsite Work

Through Grassroots On-site Work (GROW) internships, students build capacity of their partner organization, engage in mutual learning, and ensure long-term stability of their partnership.

Immediately after the 2015 quake, the 2014-2015 GROW team had to regretfully cancel their GROW trip. This really motivated the most recent team to make the most out of their opportunity. Beyond the relationship and partnership building that was able to take place during the summer of 2016, the team got to witness and play a small part in some absolutely amazing projects including the reconstruction of HHC offices and health posts in multiple villages. Another exciting opportunity the team had was to be there for the institution of the first healthcare laboratory in the villages which will allow the people of Sherthung, specifically, to get their blood, urine, stool, etc tested during their trips to the health post. This is a development that will, without a doubt, improve the overall health of the community.

"What I love about this trip is that it taught me that this work is hard. It is messy. It is challenging and full of conflict and sweat and tears. It is full of failures. That said, at the end of the day I can still honestly say that it made me proud to be part of GlobeMed and it made me more excited about the work we are trying to do!"

-Tyler Fair, 2015-2016 GROW Coordinator

Finances

In 2015-2016, GlobeMed at CU Boulder raised \$12,000 for Himalayan Health Care to support projects in Dhading, Nepal.

Revenue	
<i>Events (Campaigns)</i>	\$12,451.87
<i>Individuals</i>	\$480.00
<i>University</i>	\$1,710.89
<i>Corporations</i>	0
<i>Foundations</i>	0
<i>Internal Chapter Revenue</i>	\$5,152.07
TOTAL REVENUE	\$19,794.83
Expenses	
<i>Campaigns</i>	\$125.80
<i>Operations</i>	\$1710.89
TOTAL EXPENSES	\$1,836.69
Sent to Partner	
<i>Total sent to partner that was fundraised in the 2015-2016 academic year</i>	\$5000.00
<i>Total sent to partner that was fundraised prior to the 2015-2016 academic year</i>	\$7000.00
TOTAL SENT TO PARTNER IN 2015-2016	\$12,000
<i>Current Cash Position</i>	\$5958.14

GlobeMed at CU Boulder

Our Future



Dear Friends,

Steve Jobs once said that “creativity is just connecting things.” We here at CU Boulder believe that he is absolutely right, and that is why our word of the year is “**integrate**”. We want each part of our GlobeMed chapter, Community Building, ghU, Campaigns and GROW, to be intricately connected with each other in a way we’ve never seen before. Furthermore, we hope to create partnerships based on shared values on our campus, our community, the GlobeMed network, and on the other side of the globe.

We believe that by embracing the beauty in our story, by cultivating a culture of vulnerability, and drawing the connections where so many others see disparate ideas, we will create some incredible change together.

This is why for the upcoming year, GlobeMed at CU Boulder has some pretty lofty goals.

In addition to continuing to try to involve our local community through creative campaigns and educational opportunities on our campus, we plan on collaborating with the other Colorado Globemed chapters to organize the fourth annual Colorado Global Health Conference.

Additionally, in Nepal we hope to continue supporting our incredible partner, Himalayan HealthCare. Through this partnership, we will strive to learn from each other and grow. We also hope to use the wonderful experiences of our returning GROW interns to make the GROW experience come alive for our chapter--to give the whole community a true sense of connection to the movement and the community we support.

We are looking forward to a new year, a new Eboard, and new members. We can not express how incredibly excited we are and we hope you will take the jump with us--to expand your comfort zone, to learn something new, to challenge the way you see the world. Please join us as we take on these goals together.

Sincerely,
Salome Philip and Tyler Fair
2016-2017 Co-Presidents
GlobeMed at CU Boulder

Find our chapter on Globe Giving and make a donation to support our partner and project today:
<https://www.globalgiving.org/donate/11021/globemed-at-cu-boulder/>

GlobeMed introduced me to the notion becoming a global citizen, taught me the importance of coloring outside the box, and most of all, built a purpose in my life bigger than myself and my dreams. I thrive off of creativity, and GlobeMed has taught me that it is possible to intertwine such an abstract quality with medicine and science. For that reformative experience, I am appreciative beyond words
--Garima Bhandari 2016

Executive Board

GlobeMed at University of Colorado Boulder

<i>External Co-President</i>	Garima Bhandari	garima.bhandari@colorado.edu
<i>Internal Co-President</i>	Ramya Palaniappan	ramya.palaniappan@colorado.edu
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<i>globalhealthU Coordinator</i>	Salome Philip	salome.philip@colorado.edu
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<i>Director of Community Building</i>	Cindy Zou	cindy.zou@colorado.edu
<i>Director of Finances</i>	Kianna Nguyen	kianna.nguyen@colorado.edu

Supporters

A sincere thanks to the following advocates, mentors, donors, and colleagues for making our 2015 – 2016 year a great success:

INDIVIDUALS

Theresa Burns-Fair
Dr. Melinda Cain
Dr. Gay Lynn Olson
Dr. Matt McQueen

ORGANIZATIONS

Mosaic
Real World Solutions
CU Boulder
CU Boulder

Stay Connected

GlobeMed at CU Boulder



Read more about our partner and project, and the GlobeMed network:
globemedcu.org



"Like" us on Facebook to find out about upcoming events:
<https://www.facebook.com/globemedcuboulder>



Find our chapter on Globe Giving and make a donation to support our partner and project today: <https://www.globalgiving.org/donate/11021/globemed-at-cu-boulder/>



Email us at ucboulder@globemed.org to find out how you can get involved!



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