

# OREGON INTERCEPT

*Intensive In-Home Services for Families*

**Youth VILLAGES**®

CHRISTIECARE OF OREGON

The force for families

## HELPING FAMILIES STAY TOGETHER

The Youth Villages Oregon Intercept program is an intensive in-home services program that specializes in:

- Providing treatment to troubled children who have emotional and behavioral problems and their families in their own homes at times convenient for the families.
- Diverting youth from out-of-home placements by helping their families safely maintain youth in the home and community environment. Diversion services generally last four to six months.
- Reuniting youth who are in a residential treatment facility, foster home, psychiatric residential treatment facility, hospital or group home successfully with their families in the community. Intercept family intervention specialists are skilled at reuniting families even when the child has been out of the home for an extended period. Reunification services generally last six to nine months.

## ABOUT THE INTERCEPT PROGRAM

For 17 years, Youth Villages has provided intensive in-home services; we've helped more than 8,000 children and families in the last three years alone in our Intercept program. We have demonstrated that more than 85 percent of the children who receive at least 60 days of service are successful even two years after discharge. The program is a proven alternative treatment for children and youth who otherwise would be placed in foster care, residential treatment, detention centers, hospitals or other juvenile facilities.

We offer our Intercept in-home program to children and families in Alabama, Florida, Georgia, Massachusetts, New Hampshire, North Carolina, Oregon and Tennessee.



## YOUTH VILLAGES HAS BEEN:

- recognized by The White House as a promising, results-oriented nonprofit.
- the subject of a prestigious Harvard Business School case study.
- cited as a model organization by The American Youth Policy Forum and the Federal Advisory Committee on Juvenile Justice.
- highlighted as a major contributor to the safe decrease of children in the Tennessee foster care system by Casey Family Programs.

## FOR MORE INFORMATION

[www.YouthVillages.org](http://www.YouthVillages.org)

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## TO MAKE A REFERRAL

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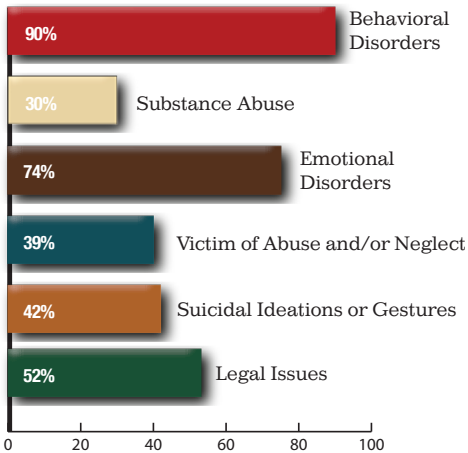


## YOUTH VILLAGES INTERCEPT: SUCCESS IN NUMBERS

Includes youth served through the Intercept program in Alabama, Florida, Georgia, Massachusetts, Mississippi, New Hampshire, Tennessee and Virginia

### PRESENTING ISSUES

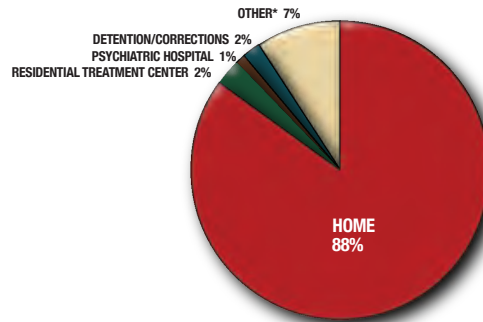
Youth served July 2006 through December 2010 N = 8,662



More than 85% of youth have multiple presenting issues.

### DISCHARGE LOCATION

Youth served July 2006 through December 2010 N = 5,879



\*INCLUDES PLACEMENTS SUCH AS GROUP HOMES, FOSTER CARE AND REHAB CENTERS, AS WELL AS RUNAWAYS

Includes only youth who received at least 60 days of service; 14.7% (1,228 out of 7,107) of admissions ended prior to 60 days

### SUCCESS AT FOLLOW-UP

Follow-ups conducted through December 2010

More than **83%** of youth are at home or living independently.

**94%** are in school, have graduated, or are getting a GED.

**84%** have had no involvement with the law.

Response Rate:

12-Month Follow-up 55.4% (2,341 out of 4,229)

Includes only youth who received at least 60 days of service.

## YOUTH VILLAGES' FAMILY INTERVENTION SPECIALISTS OFFER VITAL SERVICES THAT INCLUDE:

- Helping the entire family, rather than just the identified child or youth.
- Meeting with families and youth at least three times each week and being on call 24/7 to help the family in case of emergency.
- Working with small case loads — four to six families — focusing on helping the child and family at home, in school and in the community. Youth Villages Intercept supervisors are responsible for four to five Intercept specialists.
- Providing a comprehensive treatment approach that includes family treatment, parenting skills education, educational interventions, development of positive peer groups and extensive help for families and children in accessing community resources and long-term, ongoing support.
- Identifying specific goals and assigning measurable tasks to the child and family. Family intervention specialists also develop targeted interventions until the family reaches the goals established in the treatment plan.
- Engaging families in their role of supervising and supporting their children—including consistency, discipline and communication.
- Implementing strategies to address aggression, problem sexual behaviors and other specialized issues.
- Collaborating with providers, case workers and courts to formulate a collaborative treatment direction to resolve family and child problems.
- Providing crisis prevention and intervention.
- Conducting extensive family searches.
- Providing psychiatric treatment, Trauma-Focused Cognitive-Behavioral Therapy and Adolescent Community Reinforcement Approach, an alcohol and drug intervention program for youth (on an as-needed basis for those who qualify).



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*Founded in 1859, ChristieCare has helped thousands of Oregon's most vulnerable children and families. The organization merged in 2011 with Youth Villages, a nonprofit with a national reputation for offering the most effective programs and services to help emotionally troubled children and their families. Youth Villages provides a fully integrated continuum of services, including residential and intensive residential treatment, intensive in-home services, treatment foster care and adoption, mentoring, transitional living services and crisis services.*



Youth Villages is accredited by the Joint Commission on Accreditation of Healthcare Organizations.

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