



ANNUAL REPORT OF U&I PROJECT

GOVERNMENT HOME FOR MENTALLY CHALLENGED BOYS

ABOUT U&I

'U&I' is a charitable trust based in Bangalore, India. Our focus is to educate and empower underprivileged communities and equip them with the skills and confidence to pursue their dreams. We partner with different non-profits and undertake projects that benefit the underprivileged. For the past year, we've worked with orphanages, slum dwelling communities, abandoned children, destitute women, and mentally challenged children.

At present, we run 8 education based projects that increase the employability of youth from lesser



privileged backgrounds. These projects are run through the week for over 400 children across the city with the help of around 100 volunteers. Along with these education projects, we also assist with the care and rehabilitation of over 70 mentally challenged boys at the Government Home for Mentally Challenged Boys.

We also conduct youth focused social awareness campaigns among colleges across the city. We have successfully conducted campaigns at Mount Carmel College, IIM-B, St. Josephs Arts and

Commerce College, Jyothi Nivas College and Christ University over the past few months. To reach a wider audience, we also make short films & documentaries on socially relevant topics. Our last project was a documentary on human trafficking and begging rings called 'A Handful of Dreams' for the Department of Women & Child Development.

We currently have 8 projects running across the city in partnership with various NGO's like Oasis, Karunalaya, Sneha Nilaya Rescue Trust, Shishu Mandir and other organisations. Over the past 2 years, volunteers have given more 7000 hours of their time, reaching more than 400 people in need across our city.





GOVERNMENT HOME FOR MENTALLY CHALLENGED BOYS:

The Government Home for Mentally Challenged Boys (GHMCB) is a state-run residential facility for mentally challenged boys near Dairy Circle. A majority of the boys here have been abandoned by their families and will live in this Home for the rest of their life. With 70+ boys under the age of 18 residing there, the facility is overpopulated and understaffed.

KEY HIGHLIGHTS OF U&I'S WORK AT THE HOME:

1. STAFF & PERSONNEL IMPROVEMENTS

a. **5 Full Time Nurses** - As there is only one state appointed nurse to take care of 72 boys, U&I hired 5 nurses to take care of the daily hygiene, wound care and physiotherapy for the boys. The nurses work from 8am-4pm, 6 days a week and engage with the children the entire day. Their schedule is as follows:

- i. 8:00-9:00am - Brushing of boys teeth
- ii. 9:00-10:00am - Breakfast - Feeding the boys
- iii. 10:00-11:00am - Bathing the boys
- iv. 11:00am-12:30pm - Wound Care and Physiotherapy
- v. 12:30pm-1:30pm - Lunch - Feeding the Boys
- vi. 1:30-2:30pm - Lunch Break
- vii. 2:30-3:30pm - Activities and Physiotherapy
- viii. 3:30-4:00pm - Reporting & Recording

The nurses have brought about a huge change in the boys who are now cleaner, healthier and fitter thanks to their continued efforts. U&I provides the nurses salary and pays for the medical equipment & medicines that they require to treat the boys.



b. **International Trainers** - Experts in the field of medical care and special needs children from Holland and USA have trained the nurses and helped improved the standard of service that they provide to the boys.



c. **Physiotherapist (ProVision Asia)** - We have tied up with a local NGO (ProVision Asia) who come every week to engage the boys in physical activities and assist with physiotherapy of the boys.

d. **RV Dental College** - We tied up with RV Dental College to provide free dental care for the boys. They have already run one dental camp and are going to take some of the more serious cases for treatment soon.



e. **Dermatologist** - Dr. Elizabeth a renowned dermatologist from St Johns Hospital spent a day diagnosing the boys and prescribing the relevant treatment for their skin conditions.

f. **General Health Check up** - Doctors from a local clinic conducted a full general health check up for the boys at the Home.

g. **Training for the Staff** - U&I also conducted a one day training for the staff of the Home. We covered an overview of mental retardation and also how to discipline mentally challenged children. This training was conducted by Florence Koederink from Orphanage Projects, Holland.

2. INFRASTRUCTURE IMPROVEMENTS

a. **Painting the Home** - In October 2010, we painted a 40-foot long wall at the home with cartoon characters. We also painted all the playground equipment, cleaned the entire home and gave all the boys a bath.





b. Covering the Water Tank - We found boys drinking water from the water tank which was extremely unhygienic. So we covered the entire tank with a metal sheet to prevent the boys from drinking the water.



c. Washing Machines - The employees of Price Water House Coopers raised Rs. 30,000/- to purchase three brand new washing machines for the boys, so that they will have clean clothes to wear on a daily basis.



d. Mesh on Dorm windows - We installed metal mesh on 20 windows in both the dormitories to prevent mosquitoes and other bugs from spreading sicknesses in the boys.

e. Showers - We installed four showers in the bathroom along with a health faucet so that the boys could have a shower everyday.



f. Water Purifier (Aqua Guard) - We installed a water purifier in the kitchen to ensure that the boys had access to clean drinking water.

g. Water Dispenser - As the water purifier was installed in the kitchen, the boys did not have constant access to clean water.

We installed a water dispenser in the corridor so that boys could drink purified water from the dispenser instead of unpurified water from the tap.

h. TV/Fan - We installed a new TV for the boys and a wall mounted fan in the Medical Treatment Room.

i. Educational Aides & Toys - We have purchased educational aides and toys for the boys on many occasions over the last two years.

j. Slippers - We have bought over 200 pairs of slippers for the boys.

k. Clothes - We have partnered with a UK based company, 'Sea Salt Clothing' who have committed to give clothes for all the boys twice a year.



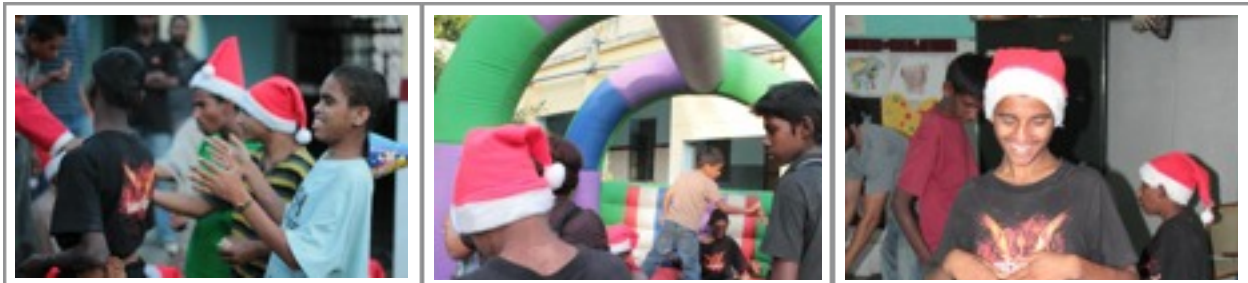


3. EVENTS FOR THE BOYS

a. Weekly Visits - A team of dedicated volunteers has visited the kids every week since May 2009. Each week has a different theme - music, movies, motor & sensory activities, which helps the boys improve in various ways.



b. Big Birthday Bash - Every year, on the third Saturday of July, we celebrate all the boys birthday on one day with a big party. With merry go rounds, clowns, giant wheels, bouncing castles, it is their favourite day of the year.



c. Christmas Party - Every year, we celebrate Christmas with the boys - fireworks, Santa, carols & yum snacks make it a day to remember.

d. Olympics/Sports Day - A team of physiotherapists and fitness experts spent two months training the boys for a mini-Olympics at the Home.





e. Picnics & Trips - Once a quarter, we try and take some of the boys out to different places, so that they can enjoy themselves and experience life outside the home. So far we have made four trips that the boys have enjoyed.

- i. Bannerghatta Zoo - We took 40 boys from the Home for a day at the zoo. The safari and getting to be close to an elephant were some of the highlights of a fun filled day for the boys.
- ii. Breakthrough is an adventure campsite that hosted the boys for a day program where they played games and used the Ropes Course which was the highlight of their day.
- iii. Decathlon is a sports store and centre where the kids played football, basketball and other sports for half a day. We visited this sports centre twice in 2011.



SUMMARY

For the last two years, U&I has endeavoured to partner with the staff at the Home to improve the level of care, hygiene and rehabilitation of the Home. Over the next few years, we would like to continue this partnership and see the Home grow into a world class rehabilitation facility. We appreciate the Superintendent of the Home, Mr Lakshmi Narasimaiah for his continued support and co-operation.

In the coming months, we will be submitting a proposal to the Department of Women and Child Development to enter into a Private - Public Partnership with U&I to take the work at the Home to a new level and work towards making it a truly world class facility where children receive the best care.



Below is a statement of expenses, borne over the past two years for the home by U&I, our volunteers and friends:

TOTAL EXPENSES:

ITEM	COST PER UNIT/VISIT	#	TOTAL COST
HIRING NURSES*	Rs 10,000.00	32	Rs 3,20,000.00
WASHING MACHINES	Rs 10,000.00	3	Rs 30,000.00
PAINTING THE HOME	Rs 20,000.00	1	Rs 20,000.00
COVERING THE TANK	Rs 4,000.00	1	Rs 4,000.00
MESH ON DORM WINDOWS	Rs 15,000.00	1	Rs 15,000.00
SHOWERS	Rs 10,000.00	1	Rs 10,000.00
WATER FILTER	Rs 7,000.00	1	Rs 7,000.00
WATER DISPENSER	Rs 2,000.00	1	Rs 2,000.00
TV/FAN	Rs 7,000.00	1	Rs 7,000.00
EDUCATIONAL AIDES/TOYS	Rs 10,000.00	1	Rs 10,000.00
MEDICAL EQUIPMENT FOR THE NURSES	Rs 15,000.00	8	Rs 1,20,000.00
TRAINING FOR NURSES	Rs 45,000.00	1	Rs 45,000.00
WINTER CLOTHING	Rs 22,500.00	1	Rs 22,500.00
SLIPPERS	Rs 100.00	150	Rs 15,000.00
WEEKLY VISITS/ACTIVITIES/SNACKS	Rs 500.00	52	Rs 26,000.00
BIG BIRTHDAY BASH	Rs 30,000.00	2	Rs 60,000.00
CHRISTMAS PARTY	Rs 15,000.00	1	Rs 15,000.00
ZOO TRIP	Rs 10,000.00	1	Rs 10,000.00
OTHER OUTINGS	Rs 10,000.00	1	Rs 10,000.00
TOTAL			Rs 7,48,500.00

* Nurses Salary is an average of Rs. 10,000/- per month. Five nurses have worked since August 2011 (eight months), hence the calculation is average salary multiplied by 32 (4 nurses x 8 months)