



24th February 2009



February saw the 1st year anniversary of Harvest of hope and what a year it's been for all of us! We have learnt such a lot about many aspects of our work. Most importantly we've learnt about you, your likes and dislikes, needs and desires and we like to think the box is beginning to fit your requirements. Obviously we can't please all the people all of the time but we are trying. Your feedback during the last year has been vital for shaping future boxes (No more kohlrabi!!!), so keep the communication going, we love to hear from you.

I'm struggling to come up with something profound to sum up a year of Harvest of Hope and what it has meant to staff, farmers and volunteers. I have a quotation from one of the farmers that to me expresses the enthusiasm and frustration we all experience working with and being elderly farmers (many farmers are between 60 and 80 years old)

“Thank you Harvest of Hope, I just wish it had all started 20 years ago” Regina Shiceka (pictured centre below) from Masincedane at Fezeka, Gugulethu. Otherwise I think pictures do the talking, so below are a summery of some moments from the last year.



Having received numerous requests we have decided to introduce a second smaller box to suit singles, couples, people with kids who don't do greens and anyone who is interested. The box will cost R 65.00 and contain 6 – 7 items per week depending on prices & season. There will be carrots, potatoes, onions, and a salad pack every week or every 2nd week and 2 – 3 other variable items e.g. red peppers, cherry tomatoes and brinjals for example.

Small boxes are available from the beginning of March (next week) let me know if you are interested at harvestofhope@abalimi.org.za.

If you are considering cancelling please, please would you try to give a months notice. Harvest of Hope involves a lot of planning and organization and when immediate cancellations come in we struggle to replace the orders immediately.

I've had several requests for the newsletter to contain more information on the different types of vegetables and would like to hear any other ideas you may have or contributions.

Jenny Smuts our marketing volunteer is putting together a cookery book and is asking for recipes from you (you will get a mention in the book). We would also like recipes from you to use in the boxes as our personal tried and tested recipes have long run out.

Contact us with news, ideas, suggestions, views etc at harvestofhope@abalimi.org.za or 021 3711653. Check out the website www.harvestofhope.co.za

As always, thank you for your support
Bridget
Harvest of Hope