



HOPE THROUGH HEALTH

PROGRESS REPORT
JULY - SEPTEMBER 2014



Dear Friends,

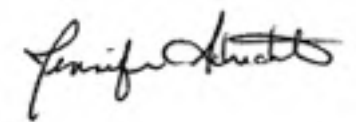
Hope Through Health and our local partner organization, AED-Lidaw, have been hard at work the past few months. Our team has improved upon existing programs and is planning exciting new initiatives. Your generous support has allowed us to strengthen and expand the healthcare services we provide to underserved patients throughout northern Togo.

Highlights from the third quarter of 2014 include:

- HTH has begun preparations for an expansion of services in 2015. In partnership with the District Health Department, HTH has launched a baseline assessment to better understand the current maternal and child health needs and services available in the Kozah district of northern Togo.
- CommCare, the new mobile health program for Community Health Workers, is up and running! Thank you to our staff and GlobeMed at MIT student partners for their hard work on this project. To learn more please read: <http://hthglobal.org/challenges-mhealth/>
- A new roof has been built on the Kara Clinic! We would like to thank the Australian High Commission for their support. Please read more and check out the photos here: <http://hthglobal.org/kara-clinic-gets-new-roof/>

As with all of our efforts, we welcome your feedback. Please reach out to me or any member of our team with your questions and suggestions. We would love to hear from you and continue this dialogue about the transformative impact your support has on improving the health and lives of individuals and communities in Togo.

With gratitude,



Jennifer Schechter, Executive Director
e | jschechter@hthglobal.org
c | 631.721.5917

ABOUT US

MISSION

Hope Through Health delivers effective, efficient, community-driven healthcare in the neglected nation of Togo.

VISION

Hope Through Health envisions a world in which high quality healthcare is available to all individuals regardless of their ability to pay thereby promoting equity and human dignity.

VALUES

HOPE | HTH believes that better health outcomes are possible even when there is some evidence to the contrary.

HEALTH | HTH believes that health is more than the absence of disease or infection but includes the promotion of social, economic, educational and spiritual wellbeing.

EQUITY | HTH believes in working to address the root causes of social and economic injustice to ensure that all individuals have an equal right to live healthy and productive lives.

SOLIDARITY | HTH believes in working alongside and in collaboration with the people we serve to ensure responsiveness to their specific needs.

COMMITMENT | HTH believes in making long-term investments to address global health inequities and bring about greater justice.

OPERATING PRINCIPLES

PARTNERSHIP | Establishing long-term relationships with local governments and communities in which all parties have an equal voice.

HEALTH SYSTEMS STRENGTHENING | Strengthening the capacity of the public sector to effectively scale up quality healthcare services.

COMMUNITY CAPACITY BUILDING | Supporting local groups engaged in improving the health of their own communities through medical, psychological and/or educational activities.

ACCESS TO HEALTHCARE | Eliminating barriers in order to improve access to quality healthcare for all.

GENDER-BASED PROGRAMMING | Prioritizing services for women and children as the most effective means to strengthening entire communities.

EVIDENCE-BASED PRACTICE | Implementing medical and public health interventions through decision-making based on the best available evidence and information.

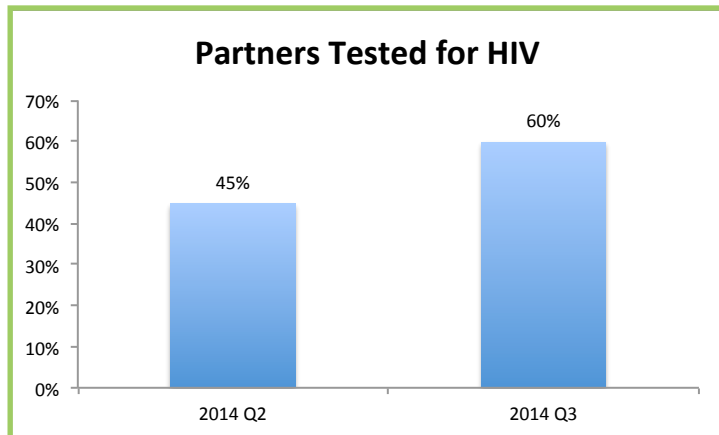
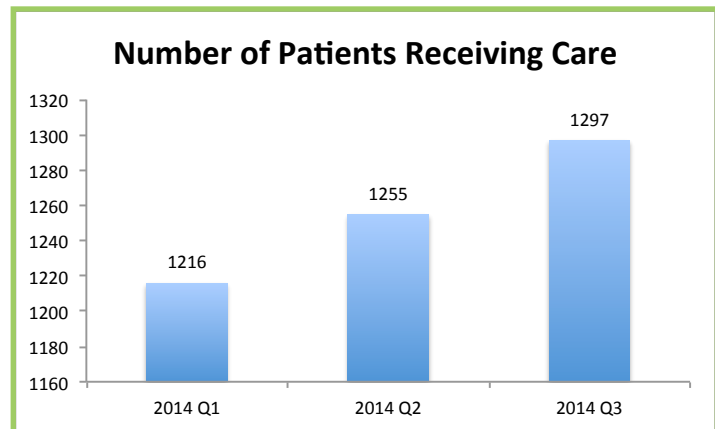
MOVEMENT BUILDING | Fostering engagement and building connections across the globe in order to combine efforts into a larger movement for social justice.

SELECTED INDICATORS

Hope Through Health employs a dynamic Monitoring, Evaluation and Quality Improvement dashboard, designed to enable our team to easily analyze data and make program improvements in real time. Here are a selection of indicators from this quarter's dashboard.

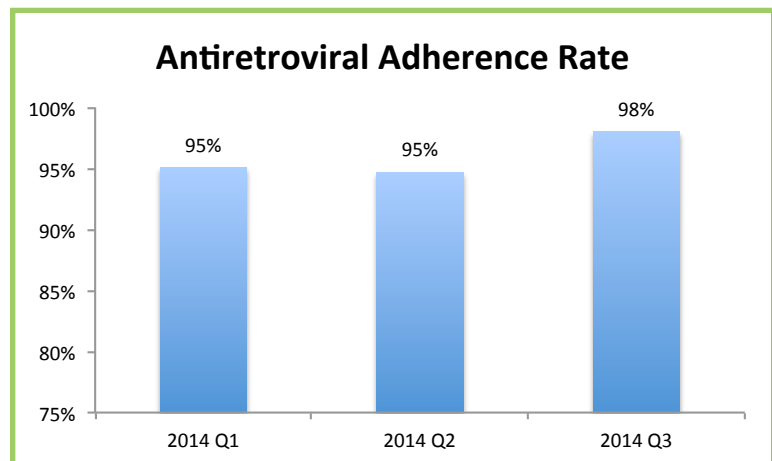
Spotlight on HTH's Kara Clinic:

- Nearly 70% of the patients served by Hope Through Health receive care at our Kara Clinic. This clinic serves as our Center of Innovation.



- Embracing a family-centered approach is a key strategy of our Prevention of Mother to Child Transmission Program. This quarter nearly 60% of the partners of women enrolled in this program learned their own HIV status, up from 45% last quarter.

- Patients receiving lifesaving Antiretroviral Therapy (ART) at Hope Through Health's Kara Clinic have maintained an extremely high adherence rate throughout 2014 thanks to the support of Community Health Workers who deploy a proactive strategy to prevent patients from missing treatment refill appointments.



PROGRAM HIGHLIGHT: LIFE SKILLS FOR ADOLESCENTS

In Togo, 86% of men and merely 68.8% of women have completed primary school. Further, 42% of men and 33% of woman aged 15-25 have a comprehensive knowledge of HIV—how it is transmitted, and how to protect themselves. Hope Through Health acknowledges that the lack of education and gender inequality revealed by these statistics poses a significant barrier to health and overall wellbeing for Togolese youth. In September, our Orphans and Vulnerable Children (OVC) Program addressed these issues at our monthly Club Hope.

Club Hope’s mission is to create a consistent and safe space for children infected and affected by HIV/AIDS to grow, learn, and connect with each other. Past club themes have included self-expression through art, hygiene, and leadership skills. The September Club Hope was specifically for adolescents, and included lessons on safe sex and gender roles.



Children participate in the Gender Roles Relay Race.

We started the morning with a “boys versus girls” relay race for the younger adolescents. The boys ran to one end of the yard and back again carrying a soccer ball, pen, and a notebook, and then passed their school and sport materials to their next teammate in line. The girls ran the same distance but instead they carried a baby on their back (a large water bottle served this purpose), a broom, and a bucket of water on their head. The girls huffed and puffed and the boys slapped five as they lapped their female counterparts.

But all jaws dropped when group facilitators announced that for the next round, the girls would be racing with the school supplies and soccer ball, and the boys would be carrying the “work” materials. The girls had never looked so smug. As they skipped and waved the notebook in the air, the boys sheepishly accepted help attaching the “baby” to their back—a task most of them had never tried before.



Teams switched roles with girls carrying school supplies and soccer ball, and boys carrying water, a broom, and a baby on their back.

In the final round the tasks were mixed, both teams carrying some of the work equipment and some of the school supplies. The game finished in record time, demonstrating the fact that if everyone helps with chores at home—regardless of their sex—the chores will be completed quickly leaving time for everyone to attend school and play sports. The message was simplistic, but sparked a lively and intelligent discussion about gender expectations, roles within the family, and the right to education for all.

The older adolescents participated in a safe sex quiz, and HIV/AIDS True or False worksheet. As they corrected the quizzes together, the OVC director debunked common rumors about HIV (“Can you always tell if a person has HIV based on their appearance?” “No.”), and verified safe sex practices (“When is the safe time of the month for a girl to have unprotected sex and not get pregnant?” “There is no safe time of the month.”). In addition, the OVC director performed a comprehensive demonstration of how to use both female and male condoms, after which each teenager had the chance to practice. Participant evaluations revealed that the forty OVCs present learned something new, and also had further questions about their sexual health and navigating adolescence more generally. Hope Through Health is excited to continue discussing these themes with our OVCs in future clubs.

According to the World Bank Group, “progress toward gender equality is a prerequisite to achieving the World Bank Group’s twin corporate goals: ending extreme poverty by 2030 and boosting shared prosperity”. Hope Through Health acknowledges the complex socioeconomic determinants of health, and the inextricability of health, education, and gender equality. The OVC program, through interventions such as Club Espoir, is committed to supporting our children through this important stage in their life.



Club Hope facilitators demonstrate proper condom usage with the older OVCs.

DEVELOPMENT METRICS

Year to Date Raised	Annual Budget	% Raised
\$285,670	\$365,000	78%

January - September 2014

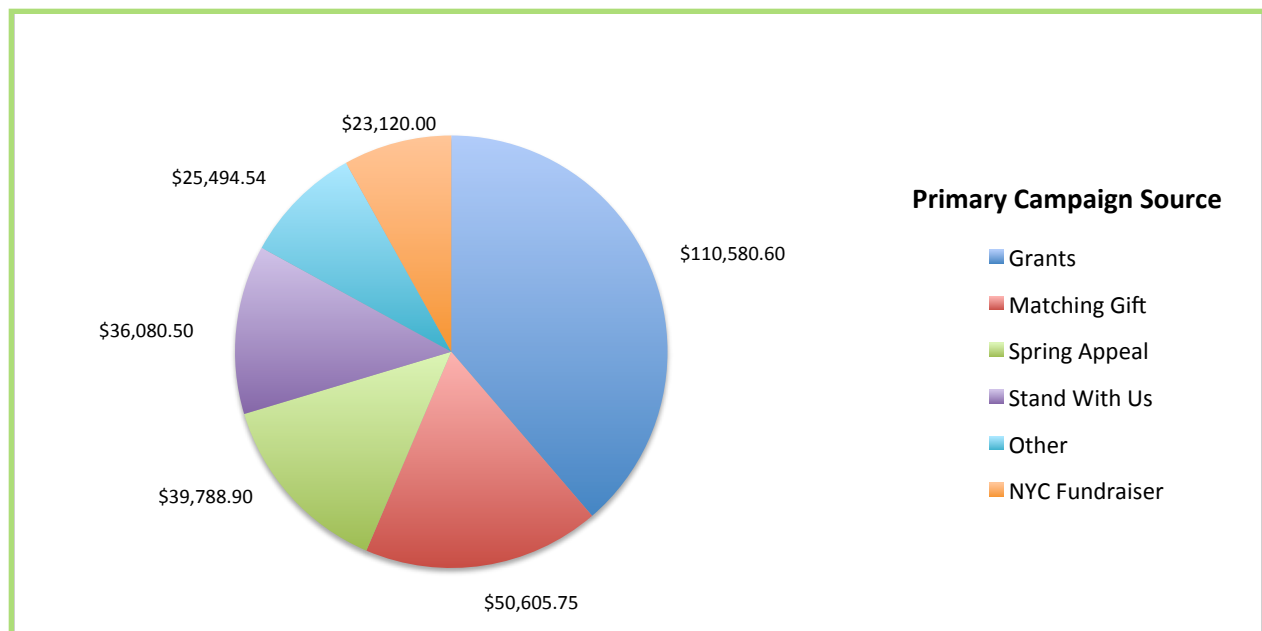
Donation Amount	Total Monies Raised	Number of Donors
<100	\$2,534	65
100-499	\$27,587	140
500-999	\$14,060	21
1000-2499	\$17,195	11
2500-9999	\$38,794	7
10,000+	\$185,500	5
TOTAL	\$285,670	249

January - September 2013

Donation Amount	Total Monies Raised	Number of Donors
<100	\$2,297	56
100-499	\$29,021	154
500-999	\$14,592	23
1000-2499	\$14,780	12
2500-9999	\$36,823	9
10,000+	\$97,951	4
TOTAL	\$195,464	258

Revenue by Campaign

(January - September 2014)



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A Special Thank You to Our Stand With Us Campaign Members!

Stand With Us Campaign members support Hope Through Health through recurring, monthly donations. For just \$20 a month, you can ensure the health of one patient living with HIV in Togo for an entire year. If you are interested in joining the **Stand With Us Campaign**, please visit our [website](#) and sign up for a monthly recurring donation of \$20 or more. Thank you for your support!

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