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**Project Title:**

**Provide Economic Sustainability to Aids widows and Orphans in the Fako District of Cameroon.**



### **Project Summary:**

This project will create a farming co-operative of AIDS widows and orphans or child headed families from three regions of the Fako district; (about 1600 people) to provide them with economic sustainability by giving them life skills, capital assistance, a start-up fund and technical assistance for self-reliance in agriculture and sewing to help them and their families. With your help, the widows will be able to buy a land, farming equipment, start training programs and opened a sewing business.

### **Project Needs and Beneficiaries**

HIV prevalence is at its height in the Fako district and Southwest region of Cameroon because of common traditional practices such as wife inheritance and polygamy, all of which encourage multiple partners and therefore the spread of HIV/AIDS. As a result, the area has many AIDS orphans and widows. Agriculture is a major source of income in the region and women are responsible for of the agricultural production, like growing crops, rearing animals etc... In a population of just under 3million, nearly one million children have lost one or both parents to HIV/AIDS and thus, countless homes left without the traditional breadwinners- the fathers. Widows remain helpless and hopeless with no means to sustain their children. This project will help provide skills training and education to widows and orphans and impoverished Aids widows and their families will become self-supportive and create a better life for them and their children including Aids Orphans.



- **Goal of project:**
- To train about 1600 mothers and Aids widows and orphans to become financially self-supportive during 2011.
- **HOW:**
- -Train groups of 20 women every 4 months in microfinance, farming techniques and tailoring, equip and create support groups for them.
- **BENEFITS:**
- Impoverished Aids widows and their families will become self-supportive and create a better life for them and their children including Aids Orphans.

### **Project Activities**

In addition to creating a co-op, Widows will receive skills training and counseling as well as capacity building to improve their health status to empower them and strengthen hiv/aids prevention activities in the district and encourage widows to embark on income generating activities.

### **Donation Options**

- \$10- 50 Aids widows will get medical check-up
- \$35 can provide 3 nutritious meals to 50 orphans
- \$60 buys a pig to begin a piggery business
- \$90 Tailoring lessons for two widows
- \$200 will provide quality seeds or farming to about 50 households
- \$250 will provide education and care to about 50 Orphans
- \$1000 buy 5000 acres of land for farming

### **Potential Long-term impacts**

More than 5000 Aids widows and orphan will partake in an educational skills program so that the participants can make or develop their efforts for a livelihood and it will also help them move from subsistence farming to income-generating activities that will help them and their families. The project will affect the larger community by improved nutrition, better health, HIV/AIDS education, sustainable agriculture and greater employment. The project will also provide training, equipment materials in order to provide for themselves and their family.

### **Web Resources**

<http://www.nidodisperanza.org>

<http://therestorationofhopechildrenshome.blogspot.com>

<http://arch-mutengene.blogspot.com>

<http://twitter.com/NestofHope>



## Project Message

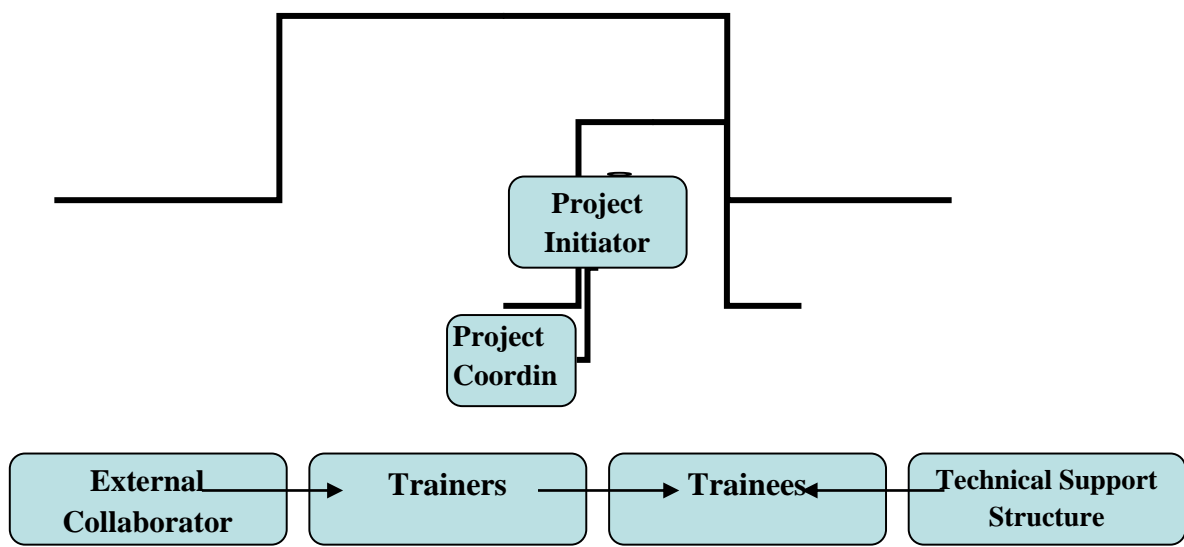
"I am proud to note that Nido di Speranza which was formed by women who are concerned with the plight of Aids widows and orphans has now become a very big organization. It is assisting these groups with money and materials as well as training to make them self-reliant";



## Achievements

- Orphans supported to attend school
- About 1600 Aids widows and Orphans will become self-Reliant through the creation of farming cooperatives
- The widows and Orphans will acquire skill training, (embroidery, creative designs and sewing)
- Increased education and awareness surrounding HIV/AIDS through peer education, curriculum teaching and posters and videos
- Community-based voluntary counseling and testing services set up in the region with community members trained to counsel on the importance of testing for HIV. Increased number of clients testing for HIV/AIDS
- Referrals to larger health facilities made for patients to receive treatment for HIV/AIDS and other opportunistic infections
- Free condoms distributed and health education given by respected community role models
- Widows groups empowered and provided with loans to start small businesses

### Organisational chart of the training programme



#### ***Project initiator:***

He is the promoter of the project. He ensures proper and judicious use of funds and property and its maintenance. He links the project to the funders. He verifies the income and expenditure records of the project.

***Project Coordinator:*** He relays with the initiator. He follows up project activities and submitting periodic and annual reports of the activities. (Training daily, monthly and assign other tasks).

#### ***Technical support structure:***

Render technical and moral advice in the course of the project.

#### ***Trainers:***

They are permanent instructor in charge of the day to day training of the beneficiaries. They are answerable to the project initiator/coordinator and collaborate with the technical support structure.

***Trainees:***

They are the identified beneficiaries with characteristics of poor background, status of the needy and must be interested in undertaking the vocational training.

**Project Budget: Provide Economic Sustainability to Aids widows and Orphans in the Fako District of Cameroon.**

Description	Unit Cost	QTY	Total
Buying of 5000 acres of Land		5000 acres	15000
Buying of planting Equipment	-Cutlasses -Hoes -Wheel barrows -Fertilizers -Shovels etc...	-10 -10 -5 -10bags -10	10000
Buying of seeds	-Tomatoes seed -Vegetable seed -		
Administrative expenses			3000
Skill Training Programs	4	4 Trainers x 5months	
Scholarships- Tuition and Books	300	50	6000
Transportation of beneficiaries to attend training, feeding follow-up visits			4000
Purchase of pigs, chicken etc...			5000
Grand Total			\$43,000

We will appreciate your donations to this cause which will enable widows to attend training and a meal per day and provided Follow up visits are done to ensure success and self-sustainability.