**Organization**: Riruta United Women Empowerment Programme

**Contact Person**: Anne Baraza, Chief Executive Officer

**Project Topic**: Prevention with Positives (PwP) for advancing HIV/AIDS prevention, care and treatment in identified slums of Nairobi, Kenya.

**PROPOSAL SUMMARY**

1. **DESCRIPTION OF SITUATION NECESSITATING REQUEST:**

According to the World Health Organization’s 2007, AIDS Epidemic Update the HIV pandemic remains the most serious of infectious disease challenges to public health today with Sub-Saharan Africa being the most seriously affected region. However, KAIS report shows low levels of knowledge of HIV status among majority of Kenyans, with only 36% of the Kenya adults aged 15-64 years having ever tested for HIV and received their results . Research has shown that about 80% of the people living with HIV do not have correct knowledge of their HIV status hence missing the grand opportunities to commence care and treatment.

In Kenya 6% of all married/cohabiting couples, are HIV discordant and nearly 50% of all married/cohabiting HIV+ men and women have an HIV uninfected partner.

This group of people also continues to expose other uninfected people to HIV besides exposing themselves to more re -infections. Therefore, with a reported 45% discordance rate, it means that there is an urgent and timely need for partners to know their HIV status in order to prevent infection to the ones who are not infected.

Access to treatment and care is very essential for Prevention with Positives (PwP) in our communities.

Access to treatment and care is very essential for Prevention with Positives (PwP) among them: Lesbian, Gay and Bisexual (LGB) persons in our communities. Stigma, discrimination and homophobia against LGB living with HIV drive them further away from HIV prevention, treatment, care and support services.

Therefore with a high number of lesbian and gay HIV infected persons not knowing there HIV status, it becomes difficult for outreach and calls for the need to use different initiatives and strategies of outreach. It is a fact that stigma, homophobia and transphobia must be addressed and tackled both at the individual and community levels to ensure increased access to HIV prevention messages as well as treatment and care among the Lesbian, Gay and Bisexual persons living in our respective communities.

According to the needs assessment survey carried out by RUWEPO, it was noted that the most vulnerable and marginalized persons in the community are lesbians and gay, and it is worse when they are persons living with AIDS. The organization through this proposal, intends to scale up its HIV prevention messages to PwP among them the gay and lesbian living positively as an approach of strengthening reduction of homophobia/transphobia and HIV/AIDS prevention, care and treatment of Lesbian, Gay, Bisexual persons living positively with HIV towards the total war against AIDS in Kenya.

1. **PROJECT GOAL:**

Riruta United Women Empowerment Programme NGO proposes to use the grant funding to strengthen the Nairobi community in supporting PwP in implementing the HIV prevention initiatives while supporting those in need of treatment within the community.

The main aim of undertaking this proposed project is to empower the community around Nairobi slums using PwP to support and appreciate the persons and reduce stigma and fear in effective HIV/AIDS prevention and management.

1. **PROJECT DETAILS:**

**Recipients or Beneficiaries**

Riruta United Women Empowerment Programme proposes to use the project grant funding to strengthen the Prevention with the Positives (PwP) in the slums of Ngando, Lenana, Mitego, Karinde and Kawangware of Nairobi community in supporting Prevention with Positives in implementing the HIV prevention initiatives while supporting those in need of treatment within the community.

**Expected Outputs**

1. Empowered communities of about 8000 persons to effectively address holistically HIV related stigma and discrimination HIV infected and affected persons.

2. Increased access to HIV prevention messages, care and treatment by 500 persons and their partners/families.

3. Increased participation by 800 persons living positively with AIDS in community based HIV prevention, care and treatment activities.

4. Strengthened PwP networks for advancing effective public health approach in our community of about 500 people

**Management:**

Mrs. Anne Baraza who is the CEO will be in-charge of the overall project implementation, monitoring, evaluation and reporting. She is a holder of a bachelor’s degree in education, Master of Arts degree in English and a Postgraduate diploma in Counseling with a wide experience in community development and gender issues. She was crowned in 2008 by Linda Bales of General Board of Church and Society for her sacrifice and dedication to the suffering and marginalized humanity in Africa. Anne and her husband, Rev. John Makokha was awarded the finalist’s certificate of the Voice in the Wilderness by Reconciling Ministries Network.

**Staffing:**

Anne Baraza, CEO- Overall management, coordination and supervision of the project- Full time

Mary Musagali, HIV/AIDS Coordinator

Jane Nabangi, Programs Manager

Florence Aloo, Children’s Coordinator

Pamela Amoit, Treasurer

Peter Wanyama, Accountant

Youth volunteers working as community field officers: Jacinta Murunga , Dennis Ogutu and Vincent Nyabengi

**Partnerships**

We have the following partnering organizations; Other Sheep Afrika- Kenya, Movement of Men Against AIDS in Kenya, Women Fighting AIDS in Kenya, Kenya AIDS NGOs Consortium, National AIDS Control Council, Riruta Hope Community Church, Women Fighting AIDS in Kenya, Riruta United Methodist Women CBO, Liverpool VCT,

**Sustainability:**

The persons trained will be able to exercise their learned skills and train others in their respective communities. This will create replication of these skills in the format of trainer of trainers.

1. **OBJECTIVES and SUPPORTING ACTIVITIES:**

**Specific objectives**

* + 1. To encourage couple, partners, and family testing and disclosure of HIV status.
    2. To support provision of and adherence to Antiretroviral by persons living with AIDS Condom distribution
    3. To reduce the risk of transmitting HIV to others and re-exposure to HIV, other infections.
    4. To support prevention of sexually transmitted diseases and strengthening service delivery to People living with HIV.

**5. ORGANIZATION NARRATIVE**

The organization was established as a local non-profit Non- Governmental organization (NGO) with specific focus on socially & economically, marginalized and disadvantaged families in Kenya.

The main purpose of the organization is to restore hope, purpose, and eradicate poverty and ignorance among the disadvantaged and marginalized families in Kenya without discrimination based on gender, sexual orientation and religion.

Riruta United Women Empowerment Programme NGO has the following activities/Achievements;

1. Providing psychosocial care and support to families who are infected and affected by HIV/AIDS through testing and disclosure of their HIV status in Nairobi slums.

2. Improvement of the social and economic status of vulnerable and marginalized infected and affected persons through capacity building programs in Nairobi.

3. Providing education, training and information on HIV/AIDS prevention, care and treatment to the infected persons

5. Promotion of sexual health education, reduce gender based sexual violence and substance and drug abuse in amongst women, youth and children.

6. Counseling of HIV/AIDS infected and affected families.

7. HIV/AIDS prevention, care and support capacity building seminars for slum families in Nairobi.

8. Supporting Children of Africa Hope Mission to cater for 150 orphans and vulnerable children in Ngando slum in Nairobi. They are provided with nutrition, education and clothing.

9. Counseling of sexual minorities and HIV/AIDS infected and affected families.

Riruta United Women Empowerment NGO serves the following population; Orphans and vulnerable children, Widows and widowers, physically challenged persons, refugees, Internally displaced persons, commercial sex workers, poor and disadvantaged slum and rural women, gay and lesbian persons, old men and women, people affected and infected with HIV/AIDS and people hooked on substance and drug abuse.

**EXPECTED RESULTS**

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| **Project Activities**  *What will the project do?* | **Output Indicators**  *What will these activities produce?*  *i.e. # of services provided, # of staff trained, etc.* | **Outcomes Indicators**  *What will be the result or consequence of these activities?* | **Tools used to Monitor**  *How will these activities and indicators be monitored or evaluated?* |
| Organize ongoing education and counselling for 200 people living with Hiv/Aids with a view to supporting them in disclosing their HIV status to their spouses/partners. This will include home visitations with HIV/Counsellors to provide counselling and testing to the partners and families of the People living with Hiv/Aids | Education and counseling services provided for 200People living with Hiv/Aids and persons testing for HIV to know their status | Increased knowledge on HIV/AIDS care and treatment.  Reduction of HIV/AIDS spread in the community and infected families to live positively on antiretroviral drugs and proper nutrition  Increased visits to voluntary testing and counseling without fear/ stigma for testing for people to know their status and prevent further infections and re-infections. | There will be constant monitoring of the number of attendants of the workshops/seminars organized for persons living positively in the region and a follow up by our field officers for reporting/feedback on monthly basis. |
| Distribution of condoms through working with the people living positively friendly home based care workers and the specified PwP friendly medical facilities. | Training of people on effective use of condoms for HIV transmission.  Distribution of condoms to persons living with AIDS to prevent re-infections  Promote accessibility of HIV/AIDS friendly health centers/hospitals.  Train and distigmatize Home Based Care workers to be friendly and caring to People living with Hiv/Aids | Increased knowledge on proper condom use by 200 people in the slums, hence leading to reduced HIV re-infections and new infections | There will be monthly monitoring of statistics of persons visiting voluntary counseling and testing and local health centers for HIV related treatment, and antiretroviral drugs |
| Promote friendly use of volunteering counselling and testing to provide immediate testing for HIV with adequate counselling. | Train 200 volunteering and testing counselors and workers on stigma and compassion | Increased number of volunteering and counseling friendly counselors and workers to people going for testing | Attitude and motivation of trainees towards skills training will be evaluated against the project objectives. |
| Train 200 Prevention with Positives members of the Riruta United Women Empowerment Programme on appropriate and effective HIV messages on HIV/AIDS prevention, care and treatment to reduce fear, and stigma. This will be done in 20 outlets in Nairobi. | Train Prevention with Positives persons in the slums on effective communication on HIV/AIDS, care and treatment | Increased number of trainers who are Prevention with Positives who are skilled in reaching out to the larger community with effective messages on HIV/AIDS prevention and living positively. This will reduce fear, stigma and rejection. | A survey through a questionnaire will be conducted for the final evaluation to measure the impact of the project on the community concerned. |
| Hold seminars for community leaders and Community Health workers to sensitize them towards increasing access to HIV prevention messages, care and treatment among the People living with Hiv/Aids their partners and families | Educate community leaders and Health Care workers on HIV/AIDS and living positively | Trained 150 community leaders and health Care workers will help in propagating di-stigmatization and care and support for infected families in the slums through formal sessions. This information will reach out to 500,000 people. | There will be random sampling and conducting interviews with them on the impact of the project on the community. |

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| **categories** | **Cost per item** | **6 seminars** | **tOTAL AMOUNT REQUESTED** |
| 1. ***Seminar/Workshop Materials for 40 participants***   **1. Workshop Material**  a) Photocopying  b) Hiring of seminar hall  b) Purchase of condoms  2.a) Teas  b) Lunches  3. Transport reimbursement for 40 participants@ 10 USD each | 80  100  120  115  685  400 | 80x 6  100x6  120x6  115x6  685x6  400x6 | 480  600  720  690  4110  2400 |
| 1. ***Administration Expenses***   Administration: phone calls, emails, snail mail/postage | 200 | 200x6 | 1200 |
| ***Technical Assistance and Training***  1. Honoraria for 4 Facilitators @ USD 200 each | 800 | 800x6 | 4800 |
| **Total Project Grant Request** | **@2500** |  | **15,000 USD** |

**bUDGET NOTES**

**The exchange rate was Kshs. 70 @ dollar.**

The above budget is for a single seminar @ 2500 USD and therefore for six seminars will require 15,000 USD.