

## RDOET ( HAO India )

Project	:	Education For 100 Girls In An Urban Slum In India (#5003)
Report on	:	Energize girl children & improve their potential.
Summary	:	This project will enable girl children for provision of Games material to improve mental and physical growth.

***"Sports do not build character. They reveal it." -- Casey Stengel***

### Significance of Sports and games:

Sports and games are very important for us. It helps in character building. They give us energy and strength. Sports and games are means of mental and physical growth. During sports we come to learn many things. We learn how to maintain mental balance in the midst of hopes and despair makes us learn how to tackle the difficult situation and improves our capability.

They shape our body and make it strong and active and give us energy and strength. They improve blood circulation. Sports and games improve our efficiency. Sports are integral part of education. Education without sports is incomplete.

### Objective:

- ***Provision of Playing Balls to girl children.***

To develop potential to the girl children, to encourage and strengthen their capabilities; provided with playing balls to the girl children.

Studies have shown that girls who participate in physical activity such as sports are more likely to have more positive feelings of self-worth/self-esteem, than girls who are not very physically active.



Physical activity in many cases goes along with academic performance. Various studies have shown that children and youth who participate in regular physical activity have greater academic performances than children and youth who are not physically active and become more confident, more expressive, and more independent.

### **RDOET IN ACTION:**

RDOET (HAO India) provided with Games material to the girl children to improve their capability.

- Playing Balls

Our Team alongwith one of our Board Member actively involved in providing playing balls to the girl children.

Children were very excited to receive the Games material and started playing with great enthusiasm and one could see their hidden talents impending out. Parents extend their thankfulness to all our valued Donors of Global giving for their valuable support.

Children have been provided with biscuits as a cordial greeting to meet them and make them feel that we are there to provide some needs atleast.

On behalf of these children, I extend my deep gratitude to the donors for their valuable support, without which these children would have not availed all these opportunities.

With all good wishes and seasons greetings!

**Dr.(Mrs). P. Usha Abraham**  
**CEO, RDOET (HAO India).**

